## SATAU

#### **BRAND PORTFOLIO**

ONTARIO – GREATER TORONTO AREA • NON PERISHABLE PRODUCTS

SINCE Satau is proud to supply independent health food and grocery stores. Our brand 1981 portfolio allows you to discover our thousands of products, all carefully selected so you

may fill your shelves with the best products there is.

### **SATAU** Quality Organic & Natural Products

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### **SATAU** Quality Organic & Natural Products







### **AgroFusion**

#### Whole Grains & Seeds • Beans • Quinoa • Rice

Since 2003, AgroFusion makes a point of putting on the market products that are healthy, unprocessed and available to all in reaction to the growing processing of food in North America. A family business based in Montreal, AgroFusion stands out from the competition thanks to its rigorous quality standards as well as its ethical and responsible practices.

SATAU





### Aliments Massawippi

#### Damari Sauces

Our team here at Satau is proud to offer you the Aliments Massawippi brand, which was formerly distributed by the Coop Alentour. In the health food industry since 1981, we do our best to only list products of the highest quality which, above all, are made in an eco-friendly way. We are therefore very proud to be the new trusted business partner of this great brand!





SATAU



### **Allergy Smart**

#### **Allergen-Free Cookies**

With recipes over 10 years in the making, Allergy Smart is excited to offer you an assortment of delicious snacks that everyone can enjoy! Baked in our dedicated, top 10 allergen-free facility and individually wrapped to prevent cross-contamination, our cookies are made only with natural, plant-based ingredients. Plus, as we refuse to compromise on quality, our products are also free from fillers, preservatives, artificial ingredients, and GMOs.



#### GROCERY

SATAU



### Alter Eco

#### **Chocolate Bars**

Alter Eco is based on the premise that food is fundamental to life – and whole, healthy, delicious food can make life better for people all over the world. By working directly with the small-scale farmers who grow our quinoa, rice, sugar and cacao, helping them institute Fair Trade and Organic practices and assisting them in improving both quality of food and quality of life, we're creating a system that benefits everyone involved.





#### GROCERY

SATAU



### Amano



GROCERY

#### Asian Sauces & Pastes • Soy Sauces & Tamaris

Since 1939, the Amano family name has stood for quality in naturally brewed, locally produced Japanese foods products. Drawing on three generations of Japanese brewing traditions, Amano Food's products are carefully barrel aged up to a year, resulting in a superior traditional finish.





### Anita's



GROCERY

#### Breakfast Cereals • Flours • Oatmeal • Baking Mixes

A Canadian company based in British Columbia, Anita's work with local framers to obtain the cleanest, freshest organic whole grains possible. Milled in small batches, every day, using a slow and traditional process, the grains remain packed with nutrients, just as nature intended. This care and attention to detail is for a purpose. Not only does our grains, flours, and mixes taste better for it, but they perform better in your kitchen.







### **ApothicAri**

#### Apple Cider Vinegar • Salt & Spices (Jar)

A young Quebec company based in Charlevoix, ApothicAri offers delicious, healthy products that easily enhance any dish. Because the environment is at the heart of all our decisions, our quality ingredients, which comes mainly from our gardens or local partner farms, are cultivated with the outmost care according to sustainable organic and regenerative farming practices.











### Arema

#### Citrus Juice • Canned Tomatoes • Savoury Snacks

The Arema brand is proud to offer you simple and healthy foods, made with care by trusted partners, and offered at prices that are as competitive as possible. Expected to grow and diversify, the Arema product offering currently includes delicious sesame seed sticks, organic maple syrup from Quebec and all-natural and organic ketchup.







# ARIEL

### Ariel

#### Non-alcoholic wine

Since the first commercial production in 1985, ARIEL has gained recognition from the world's leading wine critics and connoisseurs. Moreover, the company's heart-felt commitment to nurture and protect the environment is also reflected in each bottle of ARIEL non-alcoholic wine which is produced according to sustainable practices such as using solar power, implementing water conservation programs, composting and reducing chemical use.



#### GROCERY

SATAU



### **Artisan Tradition**

#### **Products Packaged in Quebec**

Our team here at Satau is proud to offer you the Artisan Tradition brand, which was formerly distributed by the Coop Alentour. In the health food industry since 1981, we do our best to only list products of the highest quality which, above all, are made in an eco-friendly way. We are therefore very proud to be the new trusted business partner of this great brand!









### Barbara's

#### Cereals • Cheese Puffs



#### GROCERY

A pioneer in the natural foods movement, Barbara's was founded in 1971 by a 17-year-old girl who was passionate about creating great-tasting food from simple, wholesome ingredients. Since then, our product offerings have grown to include cereals, cookies and cheese puffs, but we continue to fulfil Barbara's commitment to provide optimal nutrition and taste by choosing delicious, honest, high-quality ingredients.







### Belov

#### Healthy Baby Food

Une entreprise québécoise fondée par deux femmes, Belov souhaite vous aider à faire grandir A Quebec company founded by two women, Belov wants to help you ensure the growth of a healthy generation by promoting a varied and healthyful diet allowing for the optimal development of the nervous system, the immune system, and the metabolism of babies. Their healthy and delicious products are prepared locally using organic and whole ingredients.















ORGANIC, VEGAN BIOLOGIQUE, VÉGÉTALIEN ORGANIC, VEGAN BIOLOGIQUE, VÉGÉTALIEN

### Benjamissimo

#### **Chocolate Bars**

At Benjamissimo, our mission is to create the most wholesome and delicious chocolatesuperfood. Our artisan chocolates are made with the finest Fairtrade cocoa beans sourced from family farms in Nicaragua. Our chocolate bars are vegan, organic and contain various superfoods to add some healthy nutrients to your diet and to delight your taste buds with unique, exciting flavours.



NO REFINED SUGAR SANS SUCRE RAFFINE ORGANIC, VEGAN BIOLOGIQUE, VEGETALIEN

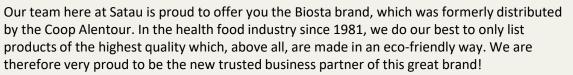
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SATAU



### **Biosta**

#### **Germination Supplies**

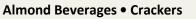








### **Blue Diamond**



**T-THINS** 

The people at Blue Diamond has spent 100 years getting to know almonds and we take great pride in bringing you the pick of the crop. The almonds that go into our beverages and crackers come straight from our cooperative of more than 3,000 diligent almond growers who share a dedication to maintaining the highest standards of responsible growing and production.









### **Bombay Dine**

#### **Canned Beans**

Our team here at Satau is proud to offer you the Bombay Dine brand, which was formerly distributed by the Coop Alentour. In the health food industry since 1981, we do our best to only list products of the highest quality which, above all, are made in an eco-friendly way. We are therefore very proud to be the new trusted business partner of this great brand!





## Bonterra

### Bonterra

#### **Household Paper Products**

Bonterra household paper products are made from responsibly sourced paper and wrapped in recyclable, plastic-free packaging. What's more, Bonterra has partnered with two great organizations to remove thousands of pounds of plastic from the ocean and plant thousands of new trees each year. So, what seems like a trivial purchase can actually have a huge impact on the protection of the environment!







### Bragg

#### Apple Cider Vinegar • Seasonings • Soy Sauces

Our team here at Satau is proud to offer you the Bragg brand, which was formerly distributed by the Coop Alentour. In the health food industry since 1981, we do our best to only list products of the highest quality which, above all, are made in an eco-friendly way. We are therefore very proud to be the new trusted business partner of this great brand!







### **Bull's Head**

#### **All-Natural Sodas**



GROCERY

Our team here at Satau is proud to offer you the Bull's Head brand, which was formerly distributed by the Coop Alentour. In the health food industry since 1981, we do our best to only list products of the highest quality which, above all, are made in an eco-friendly way. We are therefore very proud to be the new trusted business partner of this great brand!







#### Coffee Substitute



GROCERY

Throughout history, chicory has been celebrated for its digestive virtues. From the Ancient Greeks to the Egyptians, it was used to improve health and treat many illnesses. The secret is in the fiber in chicory: it has prebiotic characteristics which stimulate the good bacteria in your intestinal flora! Caf-Lib is proud to bring you a chicory-based coffee alternative that is both natural and healthy.





### Camino

#### Whole Coffee • Ground Coffee • Hot Cocoa • Chocolate Bars

Established in 1999, La Siembra Co-operative, owner of the Camino brand, became the first registered importers of Fairtrade Certified cocoa and sugar in North America and today works directly with 18 producer co-ops, supporting more than 36,000 family farmers in 9 countries. Since their humble beginnings, the Camino line has grown to include a full line of various organic products such as chocolate bars, hot chocolate, and coffee.

**M** (SG)





#### GROCERY

SATAU



### **Camino Cuisine**

#### Cocoa & Chocolate • Coconut • Sugar



GROCERY

Cuisine Camino is a family of great tasting, high quality fair-trade and organic baking ingredients for everything from home baking to gourmet delights. Their exceptional and natural flavours will transform all your recipes, both sweet and savoury, into taste sensations.







### **Canada Sauce**



#### **CANADA SAUCE**



#### Condiments made in Quebec

At Canada Sauce, we love what is simple! This is why we create delicious condiments from natural, healthy and local ingredients. Just like our bottles, it is in our values to be completely transparent and to provide you with authentic and unpretentious products. No colouring or flavouring agents are added to our condiments which are proudly made in Saguenay, Québec.







### **Cape Herb & Spice**

#### Seasonings • Pepper • Salt

Founded in 1994, the Cape Herb & Spice Company is based in Cape Town, a cosmopolitan city situated at the South-Western tip of Africa. Regarded as a global leader in the herb and spice industry, the Cape Herb & Spice Company is a non-discriminatory employer with enlightened human resources policies, striving to deliver the best herb and spice product ranges in the world.



#### SATAU GROCERY



### **Celestial Seasonings**

#### Tea & Herbal Tea • Wellness Herbal Tea

In 1969, a group of young entrepreneurs founded Celestial Seasonings upon the belief that their flavorful, all-natural herbal teas could help people live healthier lives. From handpicking fresh herbs from the Rocky Mountains to becoming one of the largest specialty tea manufacturers in North America, Celestial Seasonings continues to being committed to providing the highest quality, most environmentally responsible products possible.

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HERBAL TEA . TIS

### SATAU







### **Cha's Organics**

#### Canned Fruits • Chai Tea • Coconut Milk • Spices • Pepper • Rice

At Cha's Organics, we believe in better business practices that support organic agriculture and fair-trade principles, so our spices and coconuts are all grown on biodiverse, small-scale family-owned organic farms. In addition to being Fair Trade from day one, Cha's Organics is also committed to protecting elephants through a partnership with the award-winning Sri Lanka Wildlife Conservation Society (SLWCS), donating 1% of all coconut milk sales.



#### GROCERY

SATAU



### Chimes

#### Candies



#### GROCERY

Chimes is a family affair—from our grandparents in Indonesia who crafted the candy by hand, to the farmers and processors who have been with us for over 20 years. True to our roots, we still create our good-for-you candies with the same timeless recipe and the utmost care, combining natural ingredients for a reward with benefits you can taste and feel.







### **ChocXO**

#### Sweet Snacks



#### GROCERY

Great snacking starts with simple ingredients. No substitutions, no additives, no need to trick your tastebuds. At ChocXO, we use fine flavour cocoa beans that are naturally nutty, fruity, and less bitter than traditional beans. Less bitterness means less need for additional sugar which allows us to make great dark chocolate and offer you healthier, natural, organic products that are both simple and artisanal in nature.







#### Avocado Oil • Sesame Oil • Mayonnaise

At Chosen Foods, we believe nutritious food is essential for a healthy life. At a time when food is often fast and convenient, we encourage people to slow down and put real food back on the table. Our line of products includes healthy fats, plant-based products and ancient superfoods, so everyone may prepare simple, nourishing meals. Plus, as an active supporter of the non-GMO movement, we never use genetically modified ingredients.

355 mL







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CHOCOLAT

### Clif

#### Nut Bars • Energy Bars • Nutrition Bars • Kid Bars • Protein Bars

In the early '90s, energy bars were generally unappetizing, sticky and hard-to-digest. Thinking he could make a better bar, Gary Erickson, founder of CLIF Bar, managed to do just that after months of mixing and baking. Today, CLIF Bar brings you delicious, nutritious bars while following an innovative business model guided by Five Aspirations— Sustaining our Business, Brands, People, Community and the Planet.





-110-CALORIES



BUILDERS (1)



BUILDERS

(11)

SATAU



### **Coop Agrobio**

#### Flours • Oats • Sunflower Oil

Our team here at Satau is proud to offer you the Coop AgroBio brand, which was formerly distributed by the Coop Alentour. In the health food industry since 1981, we do our best to only list products of the highest quality which, above all, are made in an eco-friendly way. We are therefore very proud to be the new trusted business partner of this great brand!



### SATAU GROCERY



### **Création Delicia**

#### Hot Chocolate • Spices • Gluten-Free Pasta • Coffee Substitute



GROCERY

At Création Delicia, we firmly believe that eating healthy products, mostly raw, without chemical preservatives and made with ingredients derived from nature is the cornerstone of a health-conscious lifestyle. This is why our young family business offers natural gourmet products inspired by the Mediterranean. Reinvent your meals, snacks and coffee breaks with the delicious alternatives from Création Delicia, which are made right here in Quebec.

BOISSON CHOCOLAT CHAUD À LA DATTE

DATE HOT CHOCOLATE DRINK

chocodatte

Un classique incontournable réinventé A go-to classic, reinvented

5g sucke\* sucka\*

> VÉGANE VEGAN

300 g -marten









### Crosby

#### Molasses



#### GROCERY

In 1879, Lorenzo George Crosby opened a grocery business in the port town of Yarmouth, Nova Scotia. An enterprising youth, L.G. quickly established himself in the import/export trade industry, transporting fish and lumber to the West Indies and returning with that "liquid gold" known as fancy molasses. Today, 137 years later, the Crosby Molasses Company continues to flourish as an independently-owned family business.









# Cuisine l'Angélique 🛛 🔊 🕄 🖓 🕬 🔊 SATAU

#### Flours & Starches • Baking Mixes

Our team here at Satau is proud to offer you the Cuisine l'Angélique brand, which was formerly distributed by the Coop Alentour. In the health food industry since 1981, we do our best to only list products of the highest quality which, above all, are made in an eco-friendly way. We are therefore very proud to be the new trusted business partner of this great brand!







## **Cuisine Soleil**

#### Flours • Starches • Baking Mixes

Cuisine Soleil is devoted to offer a wide range of quality gluten-free and allergen-free foods possessing the highest nutrition value. All our products are guaranteed gluten-free with less than 5 ppm, and our organic ingredients regularly undergo testing by an independent laboratory. Moreover, our products need few resources to grow, and are minimally processed.





#### GROCERY

**SG ♥ III V** SATAU



# Cyrches

#### **Powder Broths & Sauces**

Our team here at Satau is proud to offer you the Cyrches brand, which was formerly distributed by the Coop Alentour. In the health food industry since 1981, we do our best to only list products of the highest quality which, above all, are made in an eco-friendly way. We are therefore very proud to be the new trusted business partner of this great brand!











## **Dandies** DANDIES

#### **Vegan Marshmallows**

Our team here at Satau is proud to offer you the Dandies brand, which was formerly distributed by the Coop Alentour. In the health food industry since 1981, we do our best to only list products of the highest quality which, above all, are made in an eco-friendly way. We are therefore very proud to be the new trusted business partner of this great brand!









## **Due Vittorie**

#### Balsamic Vinegar • Apple Cider Vinegar

Situated in the heart of the province of Modena, Due Vittorie is a fine example of the genuine quality agricultural industry of the Emilia area. Our production methods emphasize the authenticity and quality of raw materials and gives a naturally dense product. Today, the Due Vittorie Balsamic Vinegar of Modena is recognized as a special dressing, used by top chefs from all over the world.



#### GROCERY

SATAU



## Dumet

#### Olives (Pouch)

Cultivated in typical regions around the Mediterranean Sea, Dumet olives are carefully selected, hand-picked and packed in pouches that are not only convenient but also environmentally friendly and sustainable. In fact, thanks to the lightweight pouches, Dumet is able to reduce  $CO_2$  emissions by up to 30% during production and transportation while giving consumers the opportunity to enjoy delicious olives on-the-go.

SATAU







## Earth's Choice

#### Citrus Juice • Coconut • Canned Products

Based in Vancouver, British Columbia, Earth's Choice works directly with organic farmers, producers and suppliers to make sure your food is sustainable and meets the highest quality standards with the lowest environmental impact. Our wide range of affordable, natural, organic and sustainable foods includes citrus juice, coconut milk as well as canned beans and seafood.

SATAU





# eco/max

### **Eco-Max**

#### Housekeeping • Laundry • Dishwashing

Since 1999, Prism Care Corporation, a Canadian owned and family operated company, has worked hard to develop the best performing natural, non-toxic cleaning products on the market, using plant-based, sustainable materials. Important organizations throughout the country were, and still are, having their buildings cleaned with our products and with the release of Eco-Max consumer products in 2007, you can now also safely clean your home.

**SATAU** 







# **Eden Foods**

#### Seaweed • Butters & Sauces • Soy Beverages • Beans • Pasta • etc.

Our team here at Satau is proud to offer you the Eden Foods brand, which was formerly distributed by the Coop Alentour. In the health food industry since 1981, we do our best to only list products of the highest quality which, above all, are made in an eco-friendly way. We are therefore very proud to be the new trusted business partner of this great brand!



#### GROCERY

SATAU



## **Edward & Sons**

UNSALTED PLAIN, NATURE NON SALÉ 100g

#### Crackers • Canned Fruits • Coconut Milk • Miso • Sauces

Edward & Sons supplies innovative natural and organic vegetarian foods that are free of artificial ingredients. Guided by our motto "Convenience without Compromise", we travel the world to taste and evaluate regional foods, to source the finest ingredients, and to partner with the most reliable farmers, packers and food artisans to create our unique range of natural and organic specialties.

BLACK SESAME

SATAU







#### **Coffee Filters**

Our team here at Satau is proud to offer you the Emma brand. As a distributor of quality organic and natural foods, we do our best to only list products of the highest quality which, above all, are made in an eco-friendly way. Each brand is carefully selected, so that you can fill your shelves with the best products there is.

SATAU





# **Enjoy Life**

#### **Allergen Free Cacao Products**



GROCERY

Our team here at Satau is proud to offer you the Enjoy Life brand, which was formerly distributed by the Coop Alentour. In the health food industry since 1981, we do our best to only list products of the highest quality which, above all, are made in an eco-friendly way. We are therefore very proud to be the new trusted business partner of this great brand!







# Felicetti

#### Italian Pasta

Made exclusively in Fiemme Valley, in Italy, since 1908, Felicetti's pasta is an exceptional product that is anything but ordinary; it is bronze cut and made with pure water from the Italian Alps. Our environmentally friendly manufacturing processes and our 100% paper packaging also allow us to offer you high-quality pasta while remaining true to our founding values.

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# Ferme Delapointe

#### **Organic Maple Syrup**

Our team here at Satau is proud to offer you the Ferme Delapointe brand, which was formerly distributed by the Coop Alentour. In the health food industry since 1981, we do our best to only list products of the highest quality which, above all, are made in an eco-friendly way. We are therefore very proud to be the new trusted business partner of this great brand!











# Filsinger's

#### Butters & Sauces • Apple Cider Vinegar

Located in Ayton, Ontario, Filsinger's orchard has been an organic orchard since 1953. Our soils and trees are balanced with seaweed extracts, trace minerals and compost while our apples are grown without the use of chemical herbicides and pesticides. We also take special care to make our cider, vinegar and other apple products the old-fashioned way.







## FreeYumm

#### Bars • Cookies • Crackers

Our team here at Satau is proud to offer you the FreeYumm brand, which was formerly distributed by the Coop Alentour. In the health food industry since 1981, we do our best to only list products of the highest quality which, above all, are made in an eco-friendly way. We are therefore very proud to be the new trusted business partner of this great brand!





GROCERY



# French Cancan

#### **Popped Corn**

At French Cancan, we love to celebrate, dance, laugh, just go crazy and of course, we love popcorn! So we decided to add our own personal twist and create our own original, fabulous and delicious recipes. Always fresh and crunchy — with no trans fat or cholesterol — our popcorn is a source of fibre... and pleasure! what are you waiting for? munch on some fun!



### **V** SATAU



## **G.H.** Cretors

#### Popcorn

Since 1885, G.H. Cretors has been creating handcrafted, gourmet popcorn one mouth-watering batch at a time. We strive to provide the most authentic popped corn we can by using only the highest- quality, real ingredients. Popcorn is naturally gluten-free, and we are committed to keeping it that way. We do not process gluten in our facility, and all of our products are certified gluten-free.









**SATAU** 



INGRÉDIENTS DE QUALITÉ, CHOCOLAT IRRÉSISTIBLE

Galerie au Chocolat

#### **Chocolate Bars • Sweet Snacks**

Our team here at Satau is proud to offer you the Galerie au Chocolat brand, which was formerly distributed by the Coop Alentour. In the health food industry since 1981, we do our best to only list products of the highest quality which, above all, are made in an eco-friendly way. We are therefore very proud to be the new trusted business partner of this great brand!















## GimMe

#### Seaweed Snacks

Offering the broadest range of minerals of any food on the planet, seaweed contains 10-20 times the mineral concentration of land plants in addition to being high in protein and fiber. That being said, organic seaweed can be hard to find. Thanks to the protected nature of the water where we grow our seaweed and the fact that no chemicals or pesticides are used, GimMe roasted seaweed snacks are certified organic.













# **Ginger People**

#### Ginger Products

For 30 years, The Ginger People have dedicated themselves to promoting the virtues of ginger. We take great pride in sourcing from the premier growing regions of the world and crafting the most innovative ginger products. Family owned and operated, The Ginger People is the world's most award-winning ginger brand and America's leading supplier of all natural and organic ginger products.

SATAU







## **GluteNull**

#### Bars • Cookies • Snacks • Granola

Our team here at Satau is proud to offer you the GluteNull brand, which was formerly distributed by the Coop Alentour. In the health food industry since 1981, we do our best to only list products of the highest quality which, above all, are made in an eco-friendly way. We are therefore very proud to be the new trusted business partner of this great brand!













SATAU



## **Glutineries (Les)**

#### Broth Bases • Soup Bases • Sauce Mixes

Our team here at Satau is proud to offer you the Les Glutineries brand. As a distributor of quality organic and natural foods, we do our best to only list products of the highest quality which, above all, are made in an eco-friendly way. Each brand is carefully selected, so that you can fill your shelves with the best products there is.









# Gobio



#### Candies • Broth • Broth Powder • Cooking Products

At GoBIO, we take pride in offering you only the highest quality organic and mostly gluten-free products. We are constantly searching for new exciting organic products to add to our already extensive line of products which includes bouillon cubes, gelatine, desserts and much more.





# GOOD CO GO®

## **Goodto Go**

#### Snack Bars • Savoury Snacks

#### GROCERY

GOODTO GO knows sticking to a Keto diet requires discipline and meal planning. So, when an energy slump strikes in the middle of a hectic day, you want a Keto-friendly snack that takes zero effort. GOODTO GO uses real, organic ingredients like coconut, cinnamon, and raspberries to make the tastiest low net carbs bars. With a whopping 13 g of plant-based fat and just a hint of sugar, they'll bust any size craving.











## Happy Home

#### Lecithin • Sugar



GROCERY

Our team here at Satau is proud to offer you the Happy Home brand. As a distributor of quality organic and natural foods, we do our best to only list products of the highest quality which, above all, are made in an eco-friendly way. Each brand is carefully selected, so that you can fill your shelves with the best products there is.



# Hardbite

## Hardbite



GROCERY

#### **Vegetable Chips • Potato Chips**

The quest for the perfect chip started over 14 years ago with just a single fryer and an insatiable desire to make the very best chip out there. We're pretty picky about what goes into our chips and that's why we make our chips with ingredients that are free from GMOs, trans fat, gluten and cholesterol. To this day, we carefully cook our chips in small batches which gives Hardbite an unbeatable crunch.







# Harissa

#### Hot Sauces



Our team here at Satau is proud to offer you the Harissa brand. As a distributor of quality organic and natural foods, we do our best to only list products of the highest quality which, above all, are made in an eco-friendly way. Each brand is carefully selected, so that you can fill your shelves with the best products there is.





# Healtea

#### Iced Teas



#### GROCERY

Aside from water, finding a beverage that does not contain an excessive amount of sugar or calories can be challenging. Fortunately, Healtea is shaking things up with their delicious organic infusions that will quench your thirst while providing you with natural health benefits from plants which have been carefully selected and combined for their synergy. Depending on the season, enjoy them hot or cold!







# Hornby

#### **Energy Bars**

Our team here at Satau is proud to offer you the Hornby brand, which was formerly distributed by the Coop Alentour. In the health food industry since 1981, we do our best to only list products of the highest quality which, above all, are made in an eco-friendly way. We are therefore very proud to be the new trusted business partner of this great brand!







# **HPJuniper**

#### **Non-Alcoholic Coktails & Spirits**



GROCERY

Our team here at Satau is proud to offer you the HP Juniper brand, which was formerly distributed by the Coop Alentour. In the health food industry since 1981, we do our best to only list products of the highest quality which, above all, are made in an eco-friendly way. We are therefore very proud to be the new trusted business partner of this great brand!





## **Humble Potato Chips**

#### **Potato Chips**

At Humble Potato Chips, we have a daring mission: helping snack eaters give back and pay it forward, one delightful chip at a time. Our locally farmed, organic potatoes are cooked traditionally, but unlike any other chips, they are packaged into 100% compostable bags, so that when you are finished snacking, you can toss our bag into your green bin and give back to the earth.



#### GROCERY

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## If You Care

#### Accessories Coffee Filters

If You Care kitchen products are carefully and deliberately crafted to have the least environmental impact and the lightest carbon footprint possible while delivering to the consumer the highest quality and most effective results. Since launching its first product in 1990 and producing the very first aluminum foil made from 100% recycled aluminum in 2004, If You Care is proud to bring you a full-range of environmentally friendly kitchen products.





# SATAU



# Imagine

#### Broths • Miso • Soups

Imagine soups and broths are all organic, low-fat, and do not contain any preservatives or artificial ingredients. All Imagine creamy soups are made with non-dairy ingredients, like soy or rice, to deliver a smooth creamy taste without the fat of dairy cream. They are also flash cooked and aseptically packed for a fresh, homemade taste.





#### SATAU GROCERY



### Inka

#### Coffee Substitute

When a group of Polish scientists developed a recipe for an instant cereal-based coffee replacement in 1971, nobody imagined that it would become so popular. Inka, a delicate coffee substitute made with 100% natural ingredients, has won the hearts of generations of people around the world since then while the ingredients and the manufacturing process has remained exactly the same for nearly 45 years.

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**SATAU** 







#### Beans • Canned Beans • Indian Meals

JYOTI Natural Foods was founded in the USA in 1979 as a pioneering venture to produce high quality, nutritious Indian foods to all who were familiar with Indian cuisine. Today, we make a large variety of Indian foods packaged in shelf-stable cans and pouches. In an effort to preserve the environment, we also make sure not to waste water or energy during our manufacturing process and use cans that are made with more than 60% recycled steel.



#### SATAU GROCERY



### Kabrita

### **Toddler Nutrition**

With over 75 years of formula experience, Kabrita is proud to bring you a goat milk infant formula that is easy to digest, mild in taste, and rich in essential nutrients. Our goats are grass-fed and cared for by family-run farms without the use of antibiotics or growth hormones. What's more, our operations are powered by 94% renewable energy.



### GROCERY





### Granola Bars



GROCERY

Innovative nutrition is Kashi's approach to food. It means we value not just the foods we make, but also how we make them by being progressive and mindful of sustainable and ethical farming practices. It also means we start with simple, natural ingredients and minimally process them to keep their inherent nutrition intact.







## **Kettle Chips**

### **Potato Chips**

Kettle Foods made their first chips in 1982 and since then, we have only been using the freshest, all-natural ingredients to create intensely flavoured potato chips you can feel good about eating. We are also chipping in for the environment through a variety of sustainable business practices like fuelling our company vehicles with biodiesel made with waste vegetable oil as well as using solar and wind power to reduce CO<sub>2</sub> emissions.

SATAU







### Kiju

#### Fruit Juices • Lemonade • Iced Teas

In 2005, a few regular guys quit their day jobs to pursue their passion for making healthier beverage options available to consumers everywhere. Nothing has changed since that first day – simply stated, it's always been about simplicity. We use only pure organic ingredients, create great tasting products and keep the price fair so more people can enjoy the benefits.











### **Rice Noodles**

Our team here at Satau is proud to offer you the Kim brand. As a distributor of quality organic and natural foods, we do our best to only list products of the highest quality which, above all, are made in an eco-friendly way. Each brand is carefully selected, so that you can fill your shelves with the best products there is.











# **King Island**

#### Coconut Chips • Coconut Water • Coconut Syrup

King Island started over 50 years ago in humble beginnings when a husband and wife began trading Thai coconuts along the Chao Phraya River in Bangkok. Today, we are one of the only brands that pours water straight out of the coconut and into the tetra pack. And since our coconut water is always sourced from one single origin, Thailand, the result is consistent taste you will love and consistent quality you can trust.



GROCERY



### **Knudsen & Sons**

#### Citrus Juice • Fruit & Vegetable Juices • Sodas

In 1961, when Russel W. Knudsen began bottling fruit juices from his organic grape vineyard, he did so on one condition: his fresh pressed and blended juices would never have artificial flavors or preservatives. Little did the R.W. Knudsen Family know, he was starting a tradition of innovation. Today, our diverse offerings include natural, organic fruit and vegetable juices, non-alcoholic, sparkling beverages, and quality-crafted carbonated beverages.



### GROCERY



### Koukla

#### Cookies • Granola • Macaroons

Koukla delights are made with love, using only the best ingredients. They are packed with organic nutrients rich in antioxidants and sweetened only with organic maple syrup. Our products are never heated above 46 °C (115 °F) so all essential vitamins and enzymes are preserved, making them a raw, healthy and delicious snack.





### GROCERY



### **Krakus**

#### **Pickled Vegetables • Coffee Substitute**

Our team here at Satau is proud to offer you the Krakus brand. As a distributor of quality organic and natural foods, we do our best to only list products of the highest quality which, above all, are made in an eco-friendly way. Each brand is carefully selected, so that you can fill your shelves with the best products there is.



### SATAU GROCERY



### Krisda

#### Carob & Cocoa • Sweeteners

Krisda was created in 2004 by a small group of friends who felt strongly that it was time to make a real difference in the food industry. Simply put, it was time to give the world great tasting, all-natural sugar-free ingredients that can be used to make food taste sweeter and better naturally. Krisda products are non-GMO, minimally processed and contain natural ingredients like stevia, monk fruit, erythritol and xylitol.















### Le Pré Rieur

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Local know-how is celebrated at Le Pré Rieur family farm, which processes and markets organic and eco-friendly products. Discover their first cold-pressed high-oleic sunflower oil, which is highly concentrated in omega-9 and ideal for cooking, or their excellent yellow peas, a tasty legume that is nicknamed the "Quebec chickpea" and available in the form of whole peas or stone-ground flour.



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### Lemoncocco

#### **Coconut Beverages**

Lemoncocco is inspired by the distinctive lemon and coconut stands found along the cobblestoned streets of Rome. To create an authentic version of this classic Roman drink, we extracted the flavor of Sicilian lemons and added a splash of coconut cream. Naturally light and refreshing, Lemoncocco is the perfect afternoon or weekend premium, non-carbonated drink.



### GROCERY



# Let's Do...Organic

#### **Coconut • Flours**

🕑 SATAU

GROCERY

Home bakers have discovered the goodness and versatility of Let's Do...Organic products to enhance so many favorite foods. From coconut flakes to our new green banana flour, all our items contain no added sugar or preservatives. In addition to being organic, gluten-free and kosher, our products are also suitable for vegans.





### **Lotus Foods**

#### **Rice Noodles • Instant Soups**

Over the past 25 years, Lotus Foods has built strong partnerships around the world to bring you the highest quality heirloom, organic rice noodles and rice snacks. All while promoting organic agriculture, rice biodiversity and supporting producers. Thanks to innovative, sustainable practices Lotus Foods has had a significant positive impact enabling the company to help improve their farmers' income and protect the environment.





### GROCERY

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### LOVE CHILD organics<sup>TMMC</sup>

# **Love Child Organics**



### GROCERY

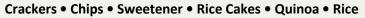
#### **Baby Food Products**

In a world of confusing ingredient labels, Love Child Organics was created on the promise of delivering truly healthy baby food products. That means you will never find unnecessary ingredients like refined sugars or additives in any of our products, but only organic foods that are packed with nutrients. And because we take to heart our responsibility to give back, one cent from every product sold goes directly to First Book Canada.





### Lundberg Family Farms



Since 1937, the Lundberg family has been growing healthy, great tasting rice while respecting and sustaining the earth. Today, the third and fourth generations carry on the family heritage by using eco-positive farming methods that produce wholesome, healthful rice, rice cakes, rice chips, quinoa and risottos while improving and protecting the environment for generations to come.

SATAU







# Madame Labriski

#### Dates • Baking Mixes

A Canadian company that wages war on refined sugar, Madame Labriski offers you delicious products that are proudly sweetened with dates, a dried fruit with a neutral taste that is incredibly nutritious. Very high in dietary fibre, dates are also rich in antioxidants and packed with vitamins and minerals that are beneficial for maintaining good health. At Madame Labriski, we believe eating better is key to feeling and living better!











# MADE GOD

### Made Good



#### Breakfast Cereal • Bars • Cookies • Granola • Sweet Snacks

GROCERY

At MadeGood, we strive to create products that provide exceptional nutrition and great taste to our customers and their families while respecting the environment. In addition to being glutenfree, vegan, kosher and made with whole grains, our granola products are organic and contain the nutrients found in one serving of vegetables. Free of the 8 common allergens they can safely be placed in your.









### **Thai Curry Pastes**

SATAU GROCERY

Our team here at Satau is proud to offer you the Mae Jin brand. As a distributor of quality organic and natural foods, we do our best to only list products of the highest quality which, above all, are made in an eco-friendly way. Each brand is carefully selected, so that you can fill your shelves with the best products there is.





# Manitoba Harvest

#### **Hemp Products**

At Manitoba Harvest, our passion for hemp foods is rooted in our co-founder Mike Fata's personal transformation. Weighing over 300 pounds, he was able get back in shape by overhauling his diet, focusing on protein, good fats, and fibre – all nutrients found in hemp foods! Today, we are proud to be the world's largest manufacturer to grow, make, and sell our own line of hemp food products.

**SATAU** 







# Mary's Org. Crackers 🔊 🕄 🕬 🔍 🕼 SATAU

### Crackers

### GROCERY

Mary's Organic Crackers is proud to offer authentic, real food with joy, generosity and love. Our passion for real, gluten free, organic and vegan makes it easy to eat healthy and guilt free. Our delicious crackers and cookies are made using the highest quality, organically grown ingredients.





# mate libre

### Mate Libre

### Iced Teas

Mate Libre is the go-to refreshment for a new generation looking for healthier and environmentally conscious beverages. Brewed with fair trade yerba mate leaves, Mate Libre is not too sweet nor too caffeinated, so you can enjoy a steady buzz throughout the day. Always organic and fair trade. Discover the best-tasting, all-natural beverage on the market.







### Milanaise

#### **Oat Flakes • Flours**

Established in 1982, Milanaise is a family business specializing in the transformation of organic flours, flakes and grains. Every Milanaise product is created with passion by a team of dedicated artisans and made with carefully selected grains. For 35 years, Milanaise has been contributing to the growth of Canada's organic sector by working closely with organic farmers while helping others transition from conventional to organic farming.









# Mrs. Crimble's

### Macaroons

At Mrs. Crimble's, our mission is to make delicious gluten-free products that taste every bit as good, if not better, than the best mainstream alternatives that are made with gluten. Launched in 1979 in London, the company has more recently become known for its range of sweet rice cakes and macaroons which are deliciously gluten free.







# NAKED. &Saucy

### Naked & Saucy

#### Soy Sauce Substitute • Asian Sauces & Pastes • Salad Dressings

At Naked Natural Foods, we are passionate about creating healthy foods made from ethicallysourced ingredients that are deliciously nutritious and soy free. Our gluten-free coconut aminos sauces let you experiment with a little flavourful fun with no fear of a negative reaction or impact on the environment. In short, we make food that is good for you and good for the planet too.



#### GROCERY



### **Nature Clean**

### **Cleaning Products**

In the early 1960's Mrs. Ross, the wife of our founder, suffered allergic reactions to harsh chemicals used in household products, leading her beloved husband to develop his own natural formulations. Since then, the Ross family has continued the tradition of creating healthier household alternatives. Nature Clean is about caring for your family's health and our products are proudly made in Canada.













#### **Biodegradable Sponges & Towels**

Our team here at Satau is proud to offer you the Naturea brand. As a distributor of quality organic and natural foods, we do our best to only list products of the highest quality which, above all, are made in an eco-friendly way. Each brand is carefully selected, so that you can fill your shelves with the best products there is.





### Nature's Bakery

### Fig Bars • Brownies

Nature's Bakery is a snacks and food brand that supports health-conscious living and active lifestyles. We take that extra step to create foods that are Non-GMO Project Verified, Vegan and Kosher Certified because we care. Proudly, we offer a delicious family of stone-ground whole-wheat fig bars that you can enjoy and benefit from.







### Nature's Path

FLAX PLUS Pacanes craquantes à l'érable

FLAX PLUS

SMARt BRAN

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GROCERY

#### Bars • Cereals • Flax Seeds • Granola • Oatmeal

At Nature's Path, we live for healthy, great-tasting organic foods. It's why we get up in the morning. But we are also a company that wants to do more than just sell breakfast foods. Arran Stephens, our founder, was taught by his father to "Always leave the soil better than you found it" and this is wisdom that has guided us here ever since we made our first tasty flakes in 1985.



Sunrise

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OPTIMUM POWER

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Sunrise CROQUANT à la Vanille

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### NATURONEY

### Naturoney

#### Apitherapy • Honey



GROCERY

Founded by skilled beekeepers, the Naturoney brand was born of a great passion for honey and its production. With a desire to offer unique and high-quality products, Naturoney travelled across Canada and the world to find the best beekeepers and finest honey. Today, 25 years later, the company's product line reflects the fruit of its research and expertise.







### naturSource



Founded in 1980, naturSource is a family-owned Canadian business on a mission to provide great tasting snacks that are healthy and nutritious. Using simple, clean ingredients produced by high quality growers, we create premium nut mixes, snacks and salad toppers. Because we believe that the best tastes come in the simplest packages, our recipes are never complicated whether they are light and refreshing or rich and decadent.









### Numi

### Tea & Herbal Tea



#### GROCERY

Numi inspires well-being of mind, body and spirit through the simple art of tea. Our company is rooted in the principle of creating a healthful product that nurtures people and honors the planet. Since we use real ingredients and high quality teas and herbs, there is no need to apply "natural" flavorings or fragrances to create flavor. This means you can pronounce the ingredients and know exactly what you're sipping.







### Océan de saveurs

#### Seaweed • Seasonings (Jar)

Our team here at Satau is proud to offer you the Océan de saveurs brand, which was formerly distributed by the Coop Alentour. In the health food industry since 1981, we do our best to only list products of the highest quality which, above all, are made in an eco-friendly way. We are therefore very proud to be the new trusted business partner of this great brand!









# Olé Cocktail Co.

#### **Non-Alcoholic Cocktails**

A young Canadian company, Olé Cocktail Co offers perfectly balanced, premium ready-to-drink craft mocktails made from real ingredients, including authentic organic agave nectar sourced from Mexico. Carefully crafted in Canada, these delicious, thirst-quenching non-alcoholic drinks are gluten-free, vegan, and free from artificial flavours or colours.













# Pacific

#### Plant-Based Beverages • Broths • Soups

When we opened our doors 28 years ago, Pacific set out to make healthier, better tasting foods without losing sight of the people we are making them for, or this planet we all call home. We have made it our mission to treat animals kindly and people respectfully. And we have seen that no one around us goes hungry. All the while lessening the footprint we leave behind.





### SATAU GROCERY



### Panda

### Licorice

The famous, wonderfully soft Panda licorice is prepared by a conventional cooking method, in which the raw materials are boiled onto dough and then compressed into their form in accordance with the licorice master Väinö Hilden's legacy recipe. We made our licorice sweets in 1927, in Finland, and today have reached the market leader position in licorice products.







### Partake

#### **Non-Alcoholic Beers**

At Partake, our mission is to craft a variety of award-winning, expertly brewed, non-alcoholic beers that people are proud to drink anywhere. Made with natural ingredients, our brews contain only 10-30 calories per can thanks to a unique, proprietary brewing method. As a certified B Corporation, Partake is also proud to be part of a global community meeting high social and environmental standards, with a commitment to creating better future.



#### GROCERY

SATAU

# **Patience**<sup>\*\*</sup> Patience Fruit & Co

#### **Candies • Dried Fruits • Fruit Juices**

Patience Fruit & Co is a family business that offers juices and snacks made from organic berries grown in Quebec with the utmost care. Our berries are gently dried using a unique drying process to retain as much of their flavour and nutrition as possible. Always trying to find new ways to use cranberries, our mission is to offer delicious, innovative products that are part of a healthy diet.









### Peacasa

#### Chickpea Chips



#### GROCERY

Inspired by the delicious, wood-fired chickpea crepes known as "Socca" in the South of France, Peacasa chips are crafted the Mediterranean way with simple, high-quality ingredients. Proudly made in Canada from protein-packed chickpeas and high-oleic sunflower oil which is rich in healthy fats, our light and crispy chips contain 8g of protein and 3g of fibre per serving to satisfy your cravings and keep you feeling full.





### Que Pasa

#### Corn Chips • Salsa

When it comes to quality, no kernel is left unturned. From our carefully sourced whole-grain corn to our skillfully smoked jalapenos, at Que Pasa only the best ingredients make the cut. Keeping it real as nature intended, our foods are organic and non-GMO. And just to make sure no one's left out of the fiesta, we've got plenty of gluten free and vegan options to choose from.





#### GROCERY

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# Québaie

#### Wild Blueberry Puree



Québaie is proud to offer you Wild Blueberry Puree made with wild blueberries from the Saguenay-Lac-Saint-Jean region. During the entire fruit is used without being filtered, which preserves its high content of antioxidants, fibres, vitamins and polyphenols. Packaged in a flexible, resealable pouch, Québaie puree is a convenient and ecofriendly way to consume local blueberries all year long!





### **Raincoast Trading**

#### Sustainably-Caught Fish

Our team here at Satau is proud to offer you the Raincoast Trading brand, which was formerly distributed by the Coop Alentour. In the health food industry since 1981, we do our best to only list products of the highest quality which, above all, are made in an eco-friendly way. We are therefore very proud to be the new trusted business partner of this great brand!

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#### Japonica Rice



GROCERY

Koshihikari is the most premium Japonica rice variety. It was brought into the Mekong delta by Japan in the late 90's. The rice is known for its soft and silky-smooth texture after cooking. It is the best companion to all Northern Chinese, Japanese, Korean, Taiwanese cuisines and ideal for sushi.







### Rebon

#### **Crackers & Tortilla Chips made from Upcycled Grains**

At ReBon, our mission is to upcycle food co-products to create tasty, healthy, natural, and eco-friendly products. By upcycling the malted grain used in the brewing process of beer and the corn that is used to make spirits, we create tortilla chips and crackers that are not only delicious, but that also help reduce food waste.







# **Remedy Drinks**

#### Carbonated Beverages • Shelf-Stable Kombucha

At Remedy Drinks, we are proud to offer you delicious beverages that contain no sugar, naturally. Our shelf-stable kombucha is made the old school way, in small batches. During our 30-day long aged brewing process, all of the raw organic sugar used to feed the all-important live cultures is converted into healthy organic acids, leaving no sugar (and we test each batch to make sure of it).







### **Riceworks**

#### Crackers



GROCERY

gourmet rice snacks collations de riz gourmandes

Our team here at Satau is proud to offer you the Riceworks brand, which was formerly distributed by the Coop Alentour. In the health food industry since 1981, we do our best to only list products of the highest quality which, above all, are made in an eco-friendly way. We are therefore very proud to be the new trusted business partner of this great brand!





# Rizopia

#### Quinoa Pasta • Rice Pasta

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#### GROCERY

Before Rizopia, tasty gluten-free pasta was simply a myth. Now, al dente rice pasta is a reality. This journey continues; from oven-ready lasagna to the highest quality quinoa rice pasta. We bring you delicious pasta for your whole family regardless of your dietary needs. We also in real food and good practices and this is why our current operation is one of the most environmentally friendly processes in the industry.



















# **ROAR Organic**

#### **Electrolyte Beverages**

ROAR Organic feature a new scientifically formulated blend of organic coconut water, reverseosmosis filtered water and B vitamins along with a unique, low-calorie sweetener blend which is comprised of evaporated pure cane sugar, erythritol and stevia. With delicious, exotic flavours and only 2 g of sugar and 25 calories per bottle, ROAR Organic provides the latest in all-natural, healthy hydration and refreshment.



#### GROCERY

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# **Rockwell's Whole Foods**



GROCERY

#### **Organic Coconut Oil**

Our team here at Satau is proud to offer you the Rockwell's Whole Foods brand, which was formerly distributed by the Coop Alentour. In the health food industry since 1981, we do our best to only list products of the highest quality which, above all, are made in an eco-friendly way. We are therefore very proud to be the new trusted business partner of this great brand!







3 Egg Whites - blancs d'oeuf

4 Cashews - noix de cajou

No B.S. Rien d'absurd

6 Almonds - amande

2 Dates - dattes

Strawberry

#### **Protein Bars**



GROCERY

Made with a few simple ingredients and recommended by registered dieticians, RXBARs are perfect for breakfast on the go, as protein-packed snack bars, or as a pre/post-workout fuel. Each delicious bar is packed with 12 g of protein and 5 g of fibre in just under 220 calories. RXBARs are also paleo-friendly and free of gluten, soy and dairy. Just real food that tastes good and is good for you.



3 Egg Whites • blancs d'oeufs

6 Almonds - amandes

2 Dates · dattes

Noix de coco et chocolat

†Per / par 52 g (1.83 oz) 🕕

4. Cashews • noix de cajou

No B.S. Rien d'absurde

3 Egg Whites - blancs d'oeufs

6 Almonds - amandes

2 Dates - dattes

Chocolate Chip

Pépites de chocolat

\*Per / par 52 g (1.83 oz) (1) meret

4. Cashews • noix de cajou

No B.S. Rien d'absurde

4

12 g DE PROTÉINES'

whites • blancs d

. Cashews • noix de caj

lo B.S. Rien d'ab

\*Per / par 52 g (1.83 oz) @ marx

Dates • datte

Vanilla Almond

Vanille et amandes



### Safe Catch

#### **Canned Fish**



#### GROCERY

At Safe Catch, we only can fish that come from sustainable tuna stocks and meet our strict purity standards which are 3 to 10 times stricter than the FDA mercury action limit. Because we hand pack pure, raw tuna steaks and slow cook them to perfection, all of the vital Omega 3s and flavor are retained in Safe Catch tuna. No need for draining after opening. Open the can into a bowl, chop up the steak with a fork, let it reabsorb its natural oils and voilà!







# Salt Spring Coffee

#### Whole Coffee

For two decades, sustainability and social responsibility have been an integral part of the Salt Spring Coffee story. It all started in 1996 when a family of entrepreneurs opened the doors to their first roasting café on Salt Spring Island in British Columbia. Today, the company brings you fair-trade organic beans that are on the leading edge of great taste so you can brew worldchanging cups of coffee.





# **SAPSUCKER**°

### Sapsucker

#### Maple Water



#### GROCERY

Sapsucker is a plant-based sparkling tree water. It's organic, lightly carbonated, naturally hydrating and alkaline, locally harvested, and sustainably tapped from Canadian trees. With only 3 ingredients, the water is packed with 46 naturally occurring minerals, antioxidants, and vitamins. Sapsucker offers a clear and refreshing taste with a natural hint of sweetness. Drink easy, drink Sapsucker.







#### **Chai Tea Concentrates**

At Say When, we believe great things can begin with a heartwarming cup of chai, so we work hard to brew one you can feel good about drinking. Each blend is handcrafted in small batches with whole spices, organic teas, natural sweeteners, and purified mountain water. Plus, our higher concentrated products mean less packaging, less post-consumer waste and fewer trucks on the road as we do our best to lessen our impact on the environment.





#### GROCERY

**SATAU** 



### Schär

#### **Gluten-Free Products**

At Schär, we believe in the power of food to bring people together, not set them apart. This is why we have been working to improve the lives of people with celiac disease or gluten intolerance since 1981, that is long before it became a trend. Our team of experts selects the best nutritious ingredients from farmers who grow their quality grains especially for us.

SATAU

GROCERY

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# **Sensible Portions**

#### Crackers • Vegetable Chips • Veggie Straws • Cheese Puffs



GROCERY

Sensible Portions brand is the next generation in healthy foods. We promise to deliver the highest quality ingredients without ever sacrificing taste and hunger satisfaction. The key to a healthy diet is moderation and eating healthier is a lifestyle change. Choosing our snacks instead of regular potato chips or other fatty snacks is one easy way to start eating better.





# sesame ® snaps

### Sesame Snaps

#### Sesame Snacks

The perfect pick-me-up, delicious Sesame Snaps have been part of childhoods since the 70s. Extra thin and crunchy, Sesame Snaps are an easy and convenient way to add the power of sesame seeds to your daily intake. A long forgotten super seed loaded with wholesome nutritional value, sesame seeds offer a great source of Omega-6, fibre, calcium and protein.



#### GROCERY

SATAU



# Signé Caméline

#### Camelina Oil • Camelina Seeds • Honey

Signé Caméline offers products made from camelina, an impressive northern plant with exceptional nutritional properties and that is sustainably grown in Quebec and increasingly popular with consumers. Discover camelina in the form of an oil rich in antioxidants and essential fatty acids or in the form of seeds, a superfood that will enhance the flavour, texture and colour of your plate.

SATAU





# **Simply Delish**

#### Jel Desserts • Puddings

At Simply Delish, our mission is to create delicious, healthy, desserts that can be enjoyed every day, everywhere by everyone. Our vegan, non-GMO, sugar-free jel desserts and instant puddings caters to a wide variety of individuals, from consumers on the Keto diet, fitness enthusiasts and diabetics. With no refrigeration necessary for setting, every box is easy to make and even more fun to share.





#### GROCERY



# **Simply Organic**

#### Flavours & Extracts • Spices • Seasonings Mixes

At Simply Organic, we are driven by the goodness of organics. From the field to your kitchen, we are committed to ensuring that our organic spices and seasonings are grown and processed in an ethical and sustainable manner. With Simply Organic you can feel good about the food on your table and its effect on the world we live in.













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# SimplyProtein SimplyProtein

#### **Protein Bars, Snacks & Beverages**

Wellness Foods is a small Canadian, female owned and managed company that was started in 2002 by Cathy Richards. Cathy created the SimplyProtein because she couldn't find a filling and nutritious snack that didn't upset her stomach. We grew from one bar to offering today a whole range of great tasting, low-sugar snacks that help you stay fuller longer.









### **Smartbite**

#### Corn Cakes • Crispbreads • Rice Cakes

Try a different kind of rice cake and crispbread! Smartbite's products are premium quality, organic and natural. They are made from whole-grain cereals with a light touch of sea salt and manufactured by a special process to produce a thin, crisp, delicious, wholesome snacks naturally low in calories. Enjoy these cereal cakes on their own or topped with some kind of cheese or your favourite spread as a great, light lunch or anytime snack!



#### GROCERY



### **SmartSweets**

#### Candies

A Canadian company, SmartSweets is tackling one of the largest and most concerning problems hidden in our everyday foods: sugar. So, we choose natural, high-quality ingredients with functional benefits that both your body and taste buds love. Made with stevia and plant-based soluble fibre, our candies are low in sugar (only 2 g per serving) and incredibly high in fibre (an amazing 24 g per serving, the equivalent of 6 servings of vegetables).









### Sonoma Creamery

#### **Savoury Snacks**

Sonoma Creamery was founded in 1931 in Sonoma, California. Since then, we have believed in a simple concept - use the best milk to produce our delicious cheese and snacks. We only use milk that is rBST-free (free of artificial hormones) as well as simple, high-quality ingredients, avoiding anything we can't pronounce. Enjoy our delicious snacks on their own, with spreads and dips, or as a crunchy, savoury topping.













### **Spectrum Naturals**

#### Mayonnaise • Oil • Vinegar

Spectrum brand started over twenty years ago with the purpose of making healthy oils available to the Canadian public. That commitment and vision hasn't dimmed one bit. Whether artisan olive oils and trans-fat free spreads, or supplements like Flax Oil and other essential lipids, we're committed to bringing you the best there is.



#### SATAU GROCERY



#### Sweetener • Tea & Herbal Tea



GROCERY

At Stash Tea, we pride ourselves on continuing the 5000-year-old tea tradition by creating top quality and delicious specialty teas with natural ingredients. We are passionate about tea and strive to continually delight our customers, so that each cup we produce will be your best.





### **Stoked Oats**

#### Oats • Granola

At Stoked Oats, we do our best to power your passion - and our planet - in the healthiest way possible. It is why our gluten-free, non-GMO oats are all-natural, preservative free, and never sprayed with pesticides or chemicals like glyphosate. It is also why we work with Canadian family farms that use sustainable, rain-only farming practices to cultivate their crops. Because this Earth is worth protecting, along with all the crazy fun things we do on it.







# Sublima

#### **Freeze-Dried Fruits**

A pioneering company in freeze-dried foods in Quebec, Sublima invites you to eat differently thanks to freeze-drying technology (first develop to feed astronauts) which considerably increases the shelf life of fruits and vegetables while naturally preserving 98% of their nutrients. What's more, Sublima helps eliminate food waste by reusing farm surpluses.





#### SATAU GROCERY



## Sunhed

#### Himalayan Salt

Our team here at Satau is proud to offer you the Sunhed brand, which was formerly distributed by the Coop Alentour. In the health food industry since 1981, we do our best to only list products of the highest quality which, above all, are made in an eco-friendly way. We are therefore very proud to be the new trusted business partner of this great brand!



### SATAU grocery



### Suzie's

#### **Organic Condiments**

Suzie's condiments are essential for your family's table. Made from recipes passed down through several generations, these back-to-basic delights are organic, gluten-free, and sourced completely in North America. Handcrafted in Oregon, Suzie's are not just other co-packed products hiding behind a brand. What's more, our plant uses renewable energy, wind power, for manufacturing!





SATAU

(SG)



### **Taste of Nature**

#### Snack Bars • Nut Bars • Granolas

Since 1994, Taste of Nature has provided a nutritious and tasty way to snack. Our bars are non-GMO project verified, organic, certified gluten free, and made only with real ingredients, like real nuts, organic fruit, and sweet agave syrup. That means when you choose a Taste of Nature snack bar, you are making a smart choice for your body and for your taste buds, too.







GROCERY



### **Terra Chips**

#### Vegetable Chips

Over twenty years ago, the TERRA brand revolutionized the natural snacks market with deliciously different exotic vegetable chips. Every bag of our real vegetable chips is a feast for your eyes and a delight for your taste buds, offering a sophisticated snacking experience unlike any other. You want a chip that tastes as good as it looks. So sit back, relax and get ready to embark on a culinary journey with TERRA Chips.



#### GROCERY

SATAU



# **Terre Di Sangiorgio**

#### **Tomato Products & Pasta Sauces**

Our team here at Satau is proud to offer you the Terre Di Sangiorgio brand, which was formerly distributed by the Coop Alentour. In the health food industry since 1981, we do our best to only list products of the highest quality which, above all, are made in an eco-friendly way. We are therefore very proud to be the new trusted business partner of this great brand!



#### GROCERY

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# The Bridge

#### **Plant-Based Cream**

Founded in 1994, The Bridge is a small family business that produces organic cooking creams made with carefully chosen and certified ingredients as well as spring water coming directly from the mountains that surrounds their tiny little village in the north of Italy. All their products are vegan, lactose- and cholesterol-free, while most of them are gluten-free.









SATAU

# The future

### The future is bamboo

#### **Bamboo Toothbrushed & Accessories**

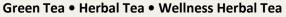
Our team here at Satau is proud to offer you the The future is bamboo brand, which was formerly distributed by the Coop Alentour. In the health food industry since 1981, we do our best to only list products of the highest quality which, above all, are made in an eco-friendly way. We are therefore very proud to be the new trusted business partner of this great brand!



SATAU GROCERY



# **Traditional Medicinals**



For nearly forty years, Traditional Medicinals has been passionate about connecting people with the power of plants. We do not just make formulas because they sound good. We are passionate about passing along the centuries-old wisdom of how to use plants for wellness. Every tea and herbal product that we make must have sufficient evidence of safety, quality and efficacy in support of our claim statements and formulation rationale.







SATAU



### **Two Bears**

#### Cold Brew Coffee • Iced Teas • Oat Beverages

Two Bears offers a sustainable coffee option that elevates your morning, meeting or hike. By making quality, direct trade coffee more accessible, we seek to brew nature back into the lives of coffee lovers. Two Bears beans are roasted in small batches creating a precision that brings out only the best flavor profiles and our method of flash cold brewing produces a naturally sweet, smooth tasting and less acidic coffee.



#### GROCERY

SATAU



## Ulivit

#### Plant-Based Bites & Crumbles

Founded by two sisters, ulivit brings you all-natural veggie bites and crumbles that are not only high in protein and easy to cook, but also shelf-stable for your convenience. Their magic ingredient - Canadian-grown peas, have distinct health and functional benefits that provide natural energy, boost your brain, and build your immunity in addition to having a very low carbon footprint. So, be sure to embark on the path to a healthier future with ulivit!





# VEGE ALL



#### **Plant-Based Beverages**



#### GROCERY

Vege All offers a wide range of delicious, plant-based beverages. Made with real ingredients, no added sugars and using a sustainable production process, these beverages will amaze you with their great taste and the creamy foam the Barista products allow you to achieve. What's more, their plastic-free packaging includes a cap made from cane sugar and FSC-certified cardboard made from responsible sources.





# Vigean

#### **High-Quality Vegetable Oils**

Vigean has produced three generations of French master oil makers since 1930, but more than ever the family business strives to give you complete satisfaction with its range of high-quality traditional oils. Dedicated to craftsmanship and terroir, Vigean uses only the most sophisticated selection and manufacturing processes to guarantee the quality and traceability of its oils.



#### SATAU GROCERY



### Voelkel

#### **Organic Vegetable Juices**

Our team here at Satau is proud to offer you the Voelkel brand, which was formerly distributed by the Coop Alentour. In the health food industry since 1981, we do our best to only list products of the highest quality which, above all, are made in an eco-friendly way. We are therefore very proud to be the new trusted business partner of this great brand!

SATAU





### Wholesome

#### Sweeteners & Sugar



#### GROCERY

At Wholesome, we are committed to organic farming and stay on the cutting edge of ecofriendly agriculture to ensure the smallest footprint possible. We are also dedicated to Fair Trade and partner with caring farming families across the globe. So when you choose Wholesome, rest assure that you have a delicious, high-quality product and that through your purchase you will help us to sweeten other people's lives around the world.







### Yogourmet

#### Yogurt Cultures

Yogourmet offers you a complete solution for homemade yogurts and fermented milks, such as kefir, that will meet all your needs and healthy food choices. Our products are quick and easy to use, so you can discover step-by-step how to make your own yogurt and kefir with your choice of milk.









