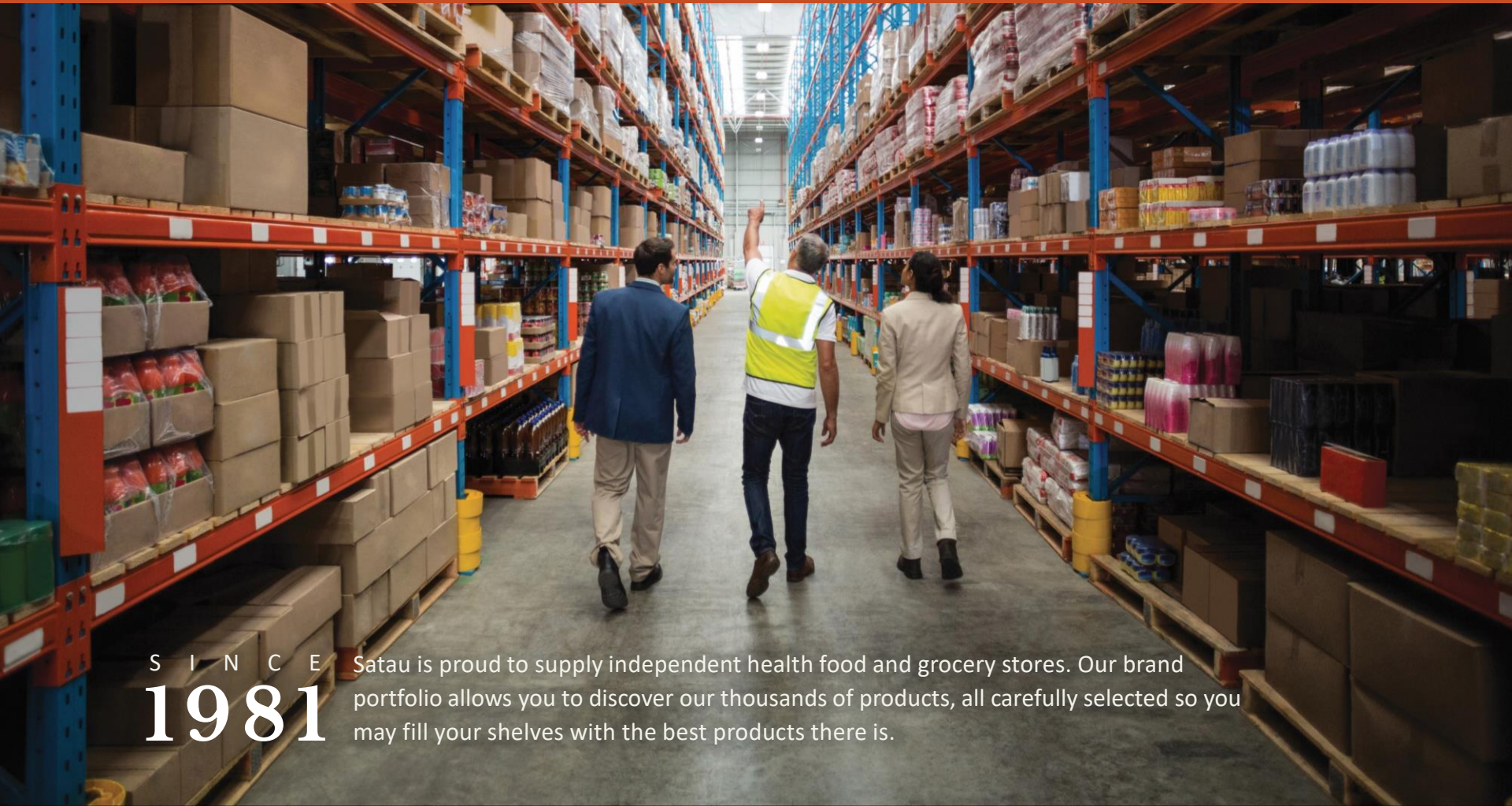


# SATAU

## BRAND PORTFOLIO

ONTARIO – GREATER TORONTO AREA • NON PERISHABLE PRODUCTS



S I N C E  
**1981**

Satau is proud to supply independent health food and grocery stores. Our brand portfolio allows you to discover our thousands of products, all carefully selected so you may fill your shelves with the best products there is.

# SATAU

# Quality Organic & Natural Products



# SATAU Quality Organic & Natural Products







# AgroFusion

## Organic Beans, Cereals, Seeds & Grains

Since 2003, AgroFusion makes a point of putting on the market products that are healthy, unprocessed and affordable in reaction to the growing processing of food in North America. A family business based in Montreal, AgroFusion stands out from the competition thanks to its rigorous quality standards as well as its ethical and responsible practices.



SATAU

GROCERY







# Alce Nero

## Organic Products imported from Italy

Alce Nero is an Italian company that has been cultivating and producing organic food since 1978. Today, Alce Nero is more than 1,000 organic farmers in Italy and 14,000 worldwide who are all actively involved in producing good food as a result of farming practices that respect the earth and its natural fertility. Our products provide the right nourishment and includes a list of clean ingredients for genuine quality and taste.



SATAU

GROCERY





## Damari Sauces

Our team here at Satau is proud to offer you the Aliments Massawippi brand, which was formerly distributed by the Coop Alentour. In the health food industry since 1981, we do our best to only list products of the highest quality which, above all, are made in an eco-friendly way. We are therefore very proud to be the new trusted business partner of this great brand!





# Allergy Smart

## Allergen-Free Cookies



SATAU

GROCERY

With recipes over 10 years in the making, Allergy Smart is excited to offer you an assortment of delicious snacks that everyone can enjoy! Baked in our dedicated, top 10 allergen-free facility and individually wrapped to prevent cross-contamination, our cookies are made only with natural, plant-based ingredients. Plus, as we refuse to compromise on quality, our products are also free from fillers, preservatives, artificial ingredients, and GMOs.







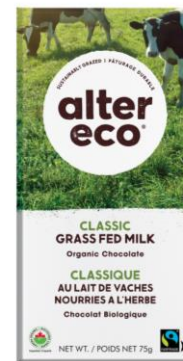
# Alter Eco



SATAU  
GROCERY

## Chocolate Bars • Sweet Snacks • Truffles

Alter Eco is based on the premise that food is fundamental to life – and whole, healthy, delicious food can make life better for people all over the world. By working directly with the small-scale farmers who grow our quinoa, rice, sugar and cacao, helping them institute Fair Trade and Organic practices and assisting them in improving both quality of food and quality of life, we're creating a system that benefits everyone involved.





# Amano



## SATAU

GROCERY

### Asian Sauces & Pastes • Soy Sauces & Tamaris

Since 1939, the Amano family name has stood for quality in naturally brewed, locally produced Japanese foods products. Drawing on three generations of Japanese brewing traditions, Amano Food's products are carefully barrel aged up to a year, resulting in a superior traditional finish.





# Anita's



## SATAU

GROCERY

### Breakfast Cereals • Flours • Oatmeal • Baking Mixes

A Canadian company based in British Columbia, Anita's work with local framers to obtain the cleanest, freshest organic whole grains possible. Milled in small batches, every day, using a slow and traditional process, the grains remain packed with nutrients, just as nature intended. This care and attention to detail is for a purpose. Not only does our grains, flours, and mixes taste better for it, but they perform better in your kitchen.







# Arema

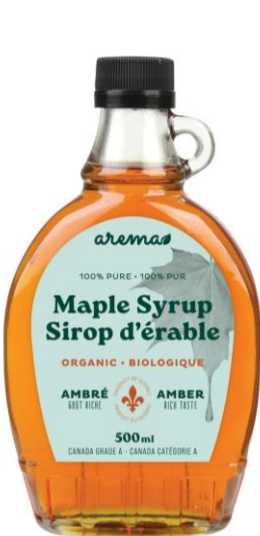


## SATAU

GROCERY

### Ketchup • Maple Syrup • Savoury Snacks

The Arema brand is proud to offer you simple and healthy foods, made with care by trusted partners, and offered at prices that are as competitive as possible. Expected to grow and diversify, the Arema product offering currently includes delicious sesame seed sticks, organic maple syrup from Quebec and all-natural and organic ketchup.



# ARIEL

## Ariel

### Non-Alcoholic Wine

Since the first commercial production in 1985, ARIEL has gained recognition from the world's leading wine critics and connoisseurs. Moreover, the company's heart-felt commitment to nurture and protect the environment is also reflected in each bottle of ARIEL non-alcoholic wine which is produced according to sustainable practices such as using solar power, implementing water conservation programs, composting and reducing chemical use.

## SATAU

GROCERY





# Artisan Tradition



## Products Packaged in Quebec

Our team here at Satau is proud to offer you the Artisan Tradition brand, which was formerly distributed by the Coop Alentour. In the health food industry since 1981, we do our best to only list products of the highest quality which, above all, are made in an eco-friendly way. We are therefore very proud to be the new trusted business partner of this great brand!







# Barbara's

## Cereals • Cheese Puffs

A pioneer in the natural foods movement, Barbara's was founded in 1971 by a 17-year-old girl who was passionate about creating great-tasting food from simple, wholesome ingredients. Since then, our product offerings have grown to include cereals, cookies and cheese puffs, but we continue to fulfil Barbara's commitment to provide optimal nutrition and taste by choosing delicious, honest, high-quality ingredients.



SATAU

GROCERY





# Beanfields



## SATAU

GROCERY

### Gluten-Free Bean Chips

Our team here at Satau is proud to offer you the Beanfields brand, which was formerly distributed by the Coop Alentour. In the health food industry since 1981, we do our best to only list products of the highest quality which, above all, are made in an eco-friendly way. We are therefore very proud to be the new trusted business partner of this great brand!





## Bee Kind

### Beeswax Food Wraps

Bee Kind is a Canadian, female-owned small business founded in 2017 with the goal of protecting the oceans from plastic pollution. We aim to bring you incredibly beautiful and useful zero-waste products that don't break the bank! Each beeswax wrap design is hand-painted and handmade, and staying true to our ethos, we are proud to give back a portion of our profits to a variety of marine conservation initiatives.



SATAU

GROCERY







# Benjamissimo



## SATAU

GROCERY

### Chocolate Bars

At Benjamissimo, our mission is to create the most wholesome and delicious chocolate-superfood. Our artisan chocolates are made with the finest Fairtrade cocoa beans sourced from family farms in Nicaragua. Our chocolate bars are vegan, organic and contain various superfoods to add some healthy nutrients to your diet and to delight your taste buds with unique, exciting flavours.





# Bev Lo-No

## Non-Alcoholic Beers, Spirits & Wines

Our team here at Satau is proud to offer you the non-alcoholic beverages from Bev Lo-no. As a distributor of quality organic and natural foods, we do our best to only list products of the highest quality which, above all, are made in an eco-friendly way. Each brand is carefully selected, so that you can fill your shelves with the best products there is.

SATAU  
GROCERY



## Organic Cleaning Products

BioCleen is a Canadian company that develops and manufactures organic cleaning products that are safe for both your family and your home. No mess or stain can resist to the great power of BioCleen's enzymatic technology. Natural, biodegradable and free of VOCs, BioCleen products allow you to go green without compromising on effectiveness.







# Bionature



## Eco-Friendly Cleaning Products

Our team here at Satau is proud to offer you the Bionature brand, which was formerly distributed by the Coop Alentour. In the health food industry since 1981, we do our best to only list products of the highest quality which, above all, are made in an eco-friendly way. We are therefore very proud to be the new trusted business partner of this great brand!





# Biosta

## Germination Supplies

Our team here at Satau is proud to offer you the Biosta brand, which was formerly distributed by the Coop Alentour. In the health food industry since 1981, we do our best to only list products of the highest quality which, above all, are made in an eco-friendly way. We are therefore very proud to be the new trusted business partner of this great brand!



# SATAU

GROCERY



# Bisou™

## Bisou



# SATAU

GROCERY

### Date Butter

Our team here at Satau is proud to offer you the Bisou brand, which was formerly distributed by the Coop Alentour. In the health food industry since 1981, we do our best to only list products of the highest quality which, above all, are made in an eco-friendly way. We are therefore very proud to be the new trusted business partner of this great brand!







# Black River

## SATAU

GROCERY

### Fruit Juices

Our team here at Satau is proud to offer you the Black River brand, which was formerly distributed by the Coop Alentour. In the health food industry since 1981, we do our best to only list products of the highest quality which, above all, are made in an eco-friendly way. We are therefore very proud to be the new trusted business partner of this great brand!





# Blue Diamond



SATAU

GROCERY

## Almond Beverages • Crackers

The people at Blue Diamond has spent 100 years getting to know almonds and we take great pride in bringing you the pick of the crop. The almonds that go into our beverages and crackers come straight from our cooperative of more than 3,000 diligent almond growers who share a dedication to maintaining the highest standards of responsible growing and production.





# Bombay Dine

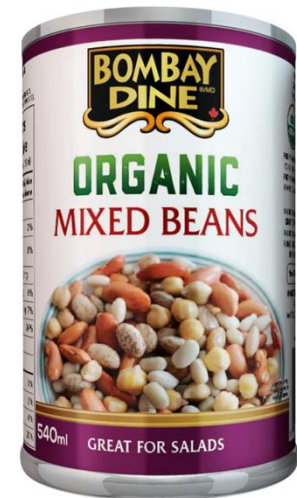
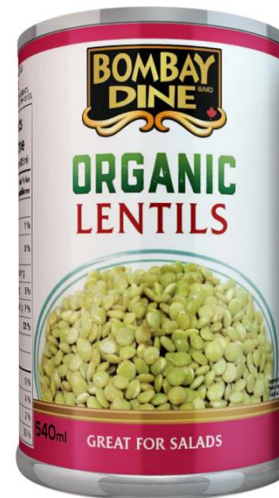


SATAU

GROCERY

## Canned Beans

Our team here at Satau is proud to offer you the Bombay Dine brand, which was formerly distributed by the Coop Alentour. In the health food industry since 1981, we do our best to only list products of the highest quality which, above all, are made in an eco-friendly way. We are therefore very proud to be the new trusted business partner of this great brand!





# Bonterra

## Bonterra



SATAU

GROCERY

### Household Paper Products

Bonterra household paper products are made from responsibly sourced paper and wrapped in recyclable, plastic-free packaging. What's more, Bonterra has partnered with two great organizations to remove thousands of pounds of plastic from the ocean and plant thousands of new trees each year. So, what seems like a trivial purchase can actually have a huge impact on the protection of the environment!





# Bragg

Apple Cider Vinegar • Seasonings • Soy Sauces



## SATAU

GROCERY

Our team here at Satau is proud to offer you the Bragg brand, which was formerly distributed by the Coop Alentour. In the health food industry since 1981, we do our best to only list products of the highest quality which, above all, are made in an eco-friendly way. We are therefore very proud to be the new trusted business partner of this great brand!



# BUCK™

## Buck

Q&A SG  V **SATAU**  
GROCERY

### Buckwheat Beverages

Our team here at Satau is proud to offer you the Buck brand, which was formerly distributed by the Coop Alentour. In the health food industry since 1981, we do our best to only list products of the highest quality which, above all, are made in an eco-friendly way. We are therefore very proud to be the new trusted business partner of this great brand!







# Bull's Head



SATAU

GROCERY

## All-Natural Sodas

Our team here at Satau is proud to offer you the Bull's Head brand, which was formerly distributed by the Coop Alentour. In the health food industry since 1981, we do our best to only list products of the highest quality which, above all, are made in an eco-friendly way. We are therefore very proud to be the new trusted business partner of this great brand!





# Bummi's



# SATAU

GROCERY

## Cleaning Products for Washable Diapers

Our team here at Satau is proud to offer you the Bummi's brand, which was formerly distributed by the Coop Alentour. In the health food industry since 1981, we do our best to only list products of the highest quality which, above all, are made in an eco-friendly way. We are therefore very proud to be the new trusted business partner of this great brand!





# Caboo



# SATAU

GROCERY

## Bamboo Paper Products

Our team here at Satau is proud to offer you the Caboo brand, which was formerly distributed by the Coop Alentour. In the health food industry since 1981, we do our best to only list products of the highest quality which, above all, are made in an eco-friendly way. We are therefore very proud to be the new trusted business partner of this great brand!







# Califia Farms

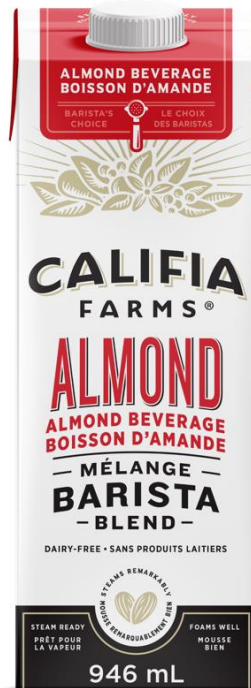


SATAU

GROCERY

## Almond Beverages • Cream Substitute

Founded in 2010 by a farmer's cooperative based in the San Joaquin Valley in California, Califia Farms creates innovative, healthy and great-tasting premium beverages that make it easy for consumers to go 'plant-powered' and dairy free, without compromise. Furthermore, its manufacturing plant is eco-friendly, energy efficient and repurposes more than 90 percent of its post-production by-product.



Established in 1999, La Siembra Co-operative, owner of the Camino brand, became the first registered importers of Fairtrade Certified cocoa and sugar in North America and today works directly with 18 producer co-ops, supporting more than 36,000 family farmers in 9 countries. Since their humble beginnings, the Camino line has grown to include a full line of various organic products such as chocolate bars, hot chocolate, and coffee.



Cocoa & Chocolate • Coconut • Sugar

Cuisine Camino is a family of great tasting, high quality fair-trade and organic baking ingredients for everything from home baking to gourmet delights. Their exceptional and natural flavours will transform all your recipes, both sweet and savoury, into taste sensations.





## Seasonings • Pepper • Salt

Founded in 1994, the Cape Herb & Spice Company is based in Cape Town, a cosmopolitan city situated at the South-Western tip of Africa. Regarded as a global leader in the herb and spice industry, the Cape Herb & Spice Company is a non-discriminatory employer with enlightened human resources policies, striving to deliver the best herb and spice product ranges in the world.



# CEDAR VALLEY

## Cedar Valley

### Pita Chips

Created by a mother-son duo, Cedar Valley offers Canadian consumers family-focused foods that taste and feel better. Their deliciously rich and flaky pita chips are crafted in Canada from the finest fresh-baked pita. The use of coconut oil to give these chips a crispy yet buttery texture like nothing you have experienced before. This clean, irresistibly delicious snack can be enjoyed with your favourite dip, on top of a salad, or by the handful!

# SATAU

GROCERY









# Chimes™

## Chimes

### Candies



# SATAU

## GROCERY

Chimes is a family affair—from our grandparents in Indonesia who crafted the candy by hand, to the farmers and processors who have been with us for over 20 years. True to our roots, we still create our good-for-you candies with the same timeless recipe and the utmost care, combining natural ingredients for a reward with benefits you can taste and feel.



Great snacking starts with simple ingredients. No substitutions, no additives, no need to trick your tastebuds. At ChocXO, we use fine flavour cocoa beans that are naturally nutty, fruity, and less bitter than traditional beans. Less bitterness means less need for additional sugar which allows us to make great dark chocolate and offer you healthier, natural, organic products that are both simple and artisanal in nature.







# Chosen Foods



SATAU

GROCERY

Avocado Oil • Sesame Oil • Mayonnaise

At Chosen Foods, we believe nutritious food is essential for a healthy life. At a time when food is often fast and convenient, we encourage people to slow down and put real food back on the table. Our line of products includes healthy fats, plant-based products and ancient superfoods, so everyone may prepare simple, nourishing meals. Plus, as an active supporter of the non-GMO movement, we never use genetically modified ingredients.







# Clic

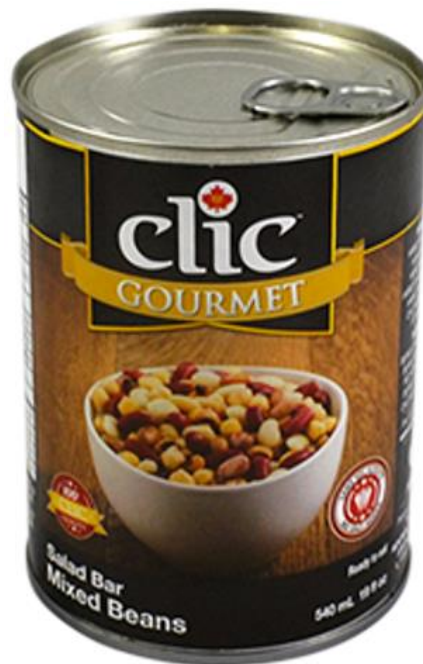
## Canned Beans

Founded in 1979, in Laval, Quebec, CLIC brings you dry and canned pulses of all kind in an effort to help cultural communities from around the world honour their culinary traditions.



# SATAU

GROCERY





# Clif

# SATAU

## GROCERY

### Energy Bars • Nutrition Bars • Kid Bars • Protein Bars

In the early '90s, energy bars were generally unappetizing, sticky and hard-to-digest. Thinking he could make a better bar, Gary Erickson, founder of CLIF Bar, managed to do just that after months of mixing and baking. Today, CLIF Bar brings you delicious, nutritious bars while following an innovative business model guided by Five Aspirations — Sustaining our Business, Brands, People, Community and the Planet.





# Coop AgroBio

Flours • Oats • Sunflower Oil



SATAU

GROCERY

Our team here at Satau is proud to offer you the Coop AgroBio brand, which was formerly distributed by the Coop Alentour. In the health food industry since 1981, we do our best to only list products of the highest quality which, above all, are made in an eco-friendly way. We are therefore very proud to be the new trusted business partner of this great brand!







CR\*FT



SATAU

GROCERY

### Non-Alcoholic Craft Beers

Craft beer is about great taste. That's why we brew our small batch recipes using quality ingredients to create innovative craft beers in many styles. CR\*FT builds on our history of award-winning beers, only with low alcohol, low carbs and low calories! It's not about what's been taken out. It's about our artisanal approach that blends big flavour, satisfying aromas and authentic mouthfeel into three styles of beer that you can enjoy anywhere.





# Crofter's

## Organic Fruit Spreads

Our team here at Satau is proud to offer you the Crofter's brand, which was formerly distributed by the Coop Alentour. In the health food industry since 1981, we do our best to only list products of the highest quality which, above all, are made in an eco-friendly way. We are therefore very proud to be the new trusted business partner of this great brand!



# SATAU

GROCERY





# Crosby

## Molasses

In 1879, Lorenzo George Crosby opened a grocery business in the port town of Yarmouth, Nova Scotia. An enterprising youth, L.G. quickly established himself in the import/export trade industry, transporting fish and lumber to the West Indies and returning with that “liquid gold” known as fancy molasses. Today, 137 years later, the Crosby Molasses Company continues to flourish as an independently-owned family business.



# SATAU

## GROCERY







# Cucina Antica



## SATAU

GROCERY

### Pasta Sauces

Since 1998, Cucina Antica has been providing families with delicious pasta sauces made with imported Italian San Marzano tomatoes and only the freshest quality ingredients. We are also committed to giving back to those in need by donating a percentage of all our profits to deserving charities and organizations in an effort to end hunger and encourage education.





# Cuisine l'Angélique



SATAU

GROCERY

## Flours & Starches • Baking Mixes

Our team here at Satau is proud to offer you the Cuisine l'Angélique brand, which was formerly distributed by the Coop Alentour. In the health food industry since 1981, we do our best to only list products of the highest quality which, above all, are made in an eco-friendly way. We are therefore very proud to be the new trusted business partner of this great brand!







# CUISINE SOLEIL

## Cuisine Soleil

Flours • Starches • Roasted Lentils • Baking Mixes



# SATAU

GROCERY

Cuisine Soleil is devoted to offer a wide range of quality gluten-free and allergen-free foods possessing the highest nutrition value. All our products are guaranteed gluten-free with less than 5 ppm, and our organic ingredients regularly undergo testing by an independent laboratory. Moreover, our products need few resources to grow, and are minimally processed.







# Cyrches

## Powder Broths & Sauces

Our team here at Satau is proud to offer you the Cyrches brand, which was formerly distributed by the Coop Alentour. In the health food industry since 1981, we do our best to only list products of the highest quality which, above all, are made in an eco-friendly way. We are therefore very proud to be the new trusted business partner of this great brand!

# SATAU

GROCERY



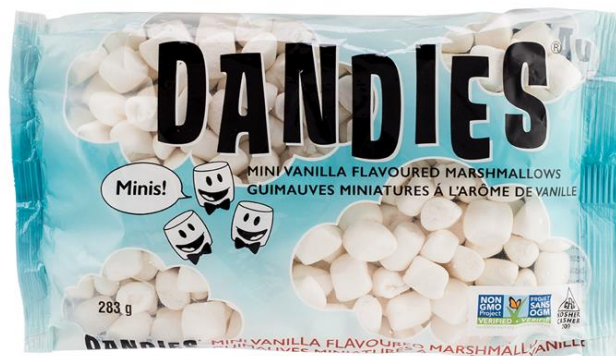
# DANDIES®

## Dandies

Vegan Marshmallows

SG OGM KS V SATAU  
GROCERY

Our team here at Satau is proud to offer you the Dandies brand, which was formerly distributed by the Coop Alentour. In the health food industry since 1981, we do our best to only list products of the highest quality which, above all, are made in an eco-friendly way. We are therefore very proud to be the new trusted business partner of this great brand!



**DUE VITTORIE**

**Due Vittorie**

**SATAU**

GROCERY

**Balsamic Vinegar • Apple Cider Vinegar**

Situated in the heart of the province of Modena, Due Vittorie is a fine example of the genuine quality agricultural industry of the Emilia area. Our production methods emphasize the authenticity and quality of raw materials and gives a naturally dense product. Today, the Due Vittorie Balsamic Vinegar of Modena is recognized as a special dressing, used by top chefs from all over the world.







# Dumet

## Olives (Pouch)

Cultivated in typical regions around the Mediterranean Sea, Dumet olives are carefully selected, hand-picked and packed in pouches that are not only convenient but also environmentally friendly and sustainable. In fact, thanks to the lightweight pouches, Dumet is able to reduce CO2 emissions by up to 30% during production and transportation while giving consumers the opportunity to enjoy delicious olives on-the-go.

SATAU  
GROCERY



## Citrus Juice • Coconut • Canned Products

Based in Vancouver, British Columbia, Earth's Choice works directly with organic farmers, producers and suppliers to make sure your food is sustainable and meets the highest quality standards with the lowest environmental impact. Our wide range of affordable, natural, organic and sustainable foods includes citrus juice, coconut milk as well as canned beans and seafood.





# Earth's Own

## Plant-Based Beverages

Earth's Own is a pioneering healthy beverage company dedicated to nutritional innovation and sustainability in order to actively improve people's lives and well-being. With a product line-up that includes brands like Almond Fresh, SoFresh and So Nice, Earth's Own is devoted to developing great tasting wholesome products that are good for our consumers, their families, the community, and the planet.



SATAU

GROCERY







# Eat Up!

## Gluten-Free Oats & Baking Mixes

Our team here at Satau is proud to offer you the Eat Up! brand, which was formerly distributed by the Coop Alentour. In the health food industry since 1981, we do our best to only list products of the highest quality which, above all, are made in an eco-friendly way. We are therefore very proud to be the new trusted business partner of this great brand!



**SATAU**  
GROCERY





## Housekeeping • Laundry • Dishwashing

The image displays a wide range of eco max cleaning products, organized into two rows. The top row features several spray bottles of different sizes and shapes, each with a unique color and scent theme (e.g., lemon, lavender, orange). These include products for general cleaning, dishwashing, and laundry. A large white bag of 'Automatic Dishwasher Pacs' is also visible. The bottom row consists of larger bottles and packets, including 'Laundry Detergent Strips' in packets, 'Laundry Detergent' in large bottles, and 'Sport' cleaning products. Each product is clearly labeled with the eco max logo, the product name, and the scent. The packaging is clean and modern, with a focus on natural ingredients and eco-friendly designs.





# Eden Foods

Seaweed • Butters & Sauces • Soy Beverages • Beans • Pasta • etc.

Our team here at Satau is proud to offer you the Eden Foods brand, which was formerly distributed by the Coop Alentour. In the health food industry since 1981, we do our best to only list products of the highest quality which, above all, are made in an eco-friendly way. We are therefore very proud to be the new trusted business partner of this great brand!

**SATAU**  
GROCERY







# Edward & Sons

SATAU

GROCERY

Crackers • Canned Fruits • Coconut Milk • Miso • Sauces

Edward & Sons supplies innovative natural and organic vegetarian foods that are free of artificial ingredients. Guided by our motto “Convenience without Compromise”, we travel the world to taste and evaluate regional foods, to source the finest ingredients, and to partner with the most reliable farmers, packers and food artisans to create our unique range of natural and organic specialties.



# EMMA

## Emma

### Coffee Filters

Our team here at Satau is proud to offer you the Emma brand. As a distributor of quality organic and natural foods, we do our best to only list products of the highest quality which, above all, are made in an eco-friendly way. Each brand is carefully selected, so that you can fill your shelves with the best products there is.

# SATAU

GROCERY





# Enjoy Life



## SATAU

GROCERY

Bars • Cookies • Cacao • Sweet & Savoury Snack

Our team here at Satau is proud to offer you the Enjoy Life brand, which was formerly distributed by the Coop Alentour. In the health food industry since 1981, we do our best to only list products of the highest quality which, above all, are made in an eco-friendly way. We are therefore very proud to be the new trusted business partner of this great brand!







# Equal Exchange



SATAU

GROCERY

## Coffee • Teas & Herbal Teas

Committed to their bold and somewhat utopian vision, the three founders behind Equal Exchange started their worker-owned cooperative in an effort to foster mutually beneficial relationships between farmers and consumers. Through their success, they have proven that building trade partnerships that are economically just and environmentally sound is not only sensible but also entirely possible.





# Eve's Crackers



SATAU

GROCERY

## Crackers

Our team here at Satau is proud to offer you the Eve's Crackers brand, which was formerly distributed by the Coop Alentour. In the health food industry since 1981, we do our best to only list products of the highest quality which, above all, are made in an eco-friendly way. We are therefore very proud to be the new trusted business partner of this great brand!





# Fabbrica

## Mayonnaise

For more than 20 years, the team behind the Fabbrica brand has been making their delicious mayonnaise in their restaurants in Saguenay and are very proud to see them on tables in Quebec today. Fresh and creamy, the Fabbrica mayonnaise is like the one you would make yourself at home, but with that little taste that you only find in restaurants. Enjoy!



# SATAU

GROCERY





# Ferme Delapointe

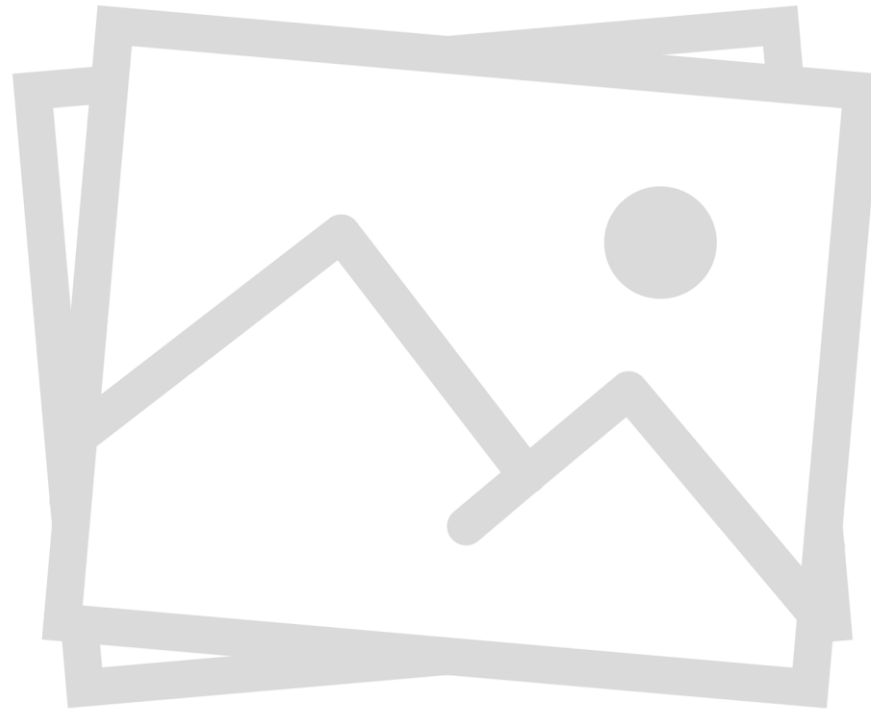


SATAU

GROCERY

## Organic Maple Syrup

Our team here at Satau is proud to offer you the Ferme Delapointe brand, which was formerly distributed by the Coop Alentour. In the health food industry since 1981, we do our best to only list products of the highest quality which, above all, are made in an eco-friendly way. We are therefore very proud to be the new trusted business partner of this great brand!





# Filsinger's



SATAU

GROCERY

## Butters & Sauces • Apple Cider Vinegar

Located in Ayton, Ontario, Filsinger's orchard has been an organic orchard since 1953. Our soils and trees are balanced with seaweed extracts, trace minerals and compost while our apples are grown without the use of chemical herbicides and pesticides. We also take special care to make our cider, vinegar and other apple products the old-fashioned way.





# Fody



## SATAU

GROCERY

### Ketchup • Marinades • Salsa • BBQ & Pasta Sauces

FODMAPs are short-chain carbohydrates that travel through the gastrointestinal tract and, instead of being properly digested, cause uncomfortable symptoms in susceptible individuals. Since they are found in commonly eaten foods such as pasta, onions and milk it can be hard to avoid them. At Fody, we create healthy and delicious food products that are big on taste and lows FODMAPs so you can live life to the fullest!







# FreeYumm

Bars • Cookies • Crackers

Our team here at Satau is proud to offer you the FreeYumm brand, which was formerly distributed by the Coop Alentour. In the health food industry since 1981, we do our best to only list products of the highest quality which, above all, are made in an eco-friendly way. We are therefore very proud to be the new trusted business partner of this great brand!



## SATAU

GROCERY



## Spices • Pepper

Frontier Co-op has been a member-owned cooperative supporting natural living since 1976. We care deeply about our effect on the world, and we are committed to helping the communities where our products are produced. We also feel organic agriculture is crucial to a safe and sustainable international food supply and that the basic values of organic agriculture — concern for people and the environment — are key to the well being of us all.





# G.H. Cretors

SG KS S A T A U

GROCERY

## Popcorn

Since 1885, G.H. Cretors has been creating handcrafted, gourmet popcorn one mouth-watering batch at a time. We strive to provide the most authentic popped corn we can by using only the highest- quality, real ingredients. Popcorn is naturally gluten-free, and we are committed to keeping it that way. We do not process gluten in our facility, and all of our products are certified gluten-free.







# GimMe



## SATAU

GROCERY

### Seaweed Snacks

Offering the broadest range of minerals of any food on the planet, seaweed contains 10-20 times the mineral concentration of land plants in addition to being high in protein and fiber. That being said, organic seaweed can be hard to find. Thanks to the protected nature of the water where we grow our seaweed and the fact that no chemicals or pesticides are used, GimMe roasted seaweed snacks are certified organic.



## Ginger Products

For 30 years, The Ginger People have dedicated themselves to promoting the virtues of ginger. We take great pride in sourcing from the premier growing regions of the world and crafting the most innovative ginger products. Family owned and operated, The Ginger People is the world's most award-winning ginger brand and America's leading supplier of all natural and organic ginger products.





## Gldn Hour

### Collagen-Infused Sparkling Water

Our team here at Satau is proud to offer you the Gldn Hour brand, which was formerly distributed by the Coop Alentour. In the health food industry since 1981, we do our best to only list products of the highest quality which, above all, are made in an eco-friendly way. We are therefore very proud to be the new trusted business partner of this great brand!



SATAU

GROCERY







# GluteNull

Bars • Cookies • Snacks • Granola

Our team here at Satau is proud to offer you the GluteNull brand, which was formerly distributed by the Coop Alentour. In the health food industry since 1981, we do our best to only list products of the highest quality which, above all, are made in an eco-friendly way. We are therefore very proud to be the new trusted business partner of this great brand!



## Broth Bases • Soup Bases • Sauce Mixes

Our team here at Satau is proud to offer you the Les Glutineries brand. As a distributor of quality organic and natural foods, we do our best to only list products of the highest quality which, above all, are made in an eco-friendly way. Each brand is carefully selected, so that you can fill your shelves with the best products there is.





# Gobio



## SATAU

GROCERY

**Candies • Broth • Broth Powder • Cooking Products**

At GoBIO , we take pride in offering you only the highest quality organic and mostly gluten-free products. We are constantly searching for new exciting organic products to add to our already extensive line of products which includes bouillon cubes, gelatine, desserts and much more.







# Goodto Go

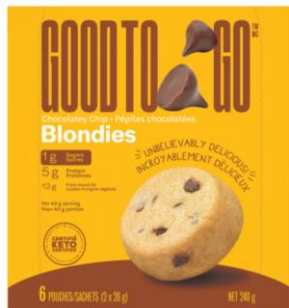


## SATAU

GROCERY

### Snack Bars

GOODTO GO knows sticking to a Keto diet requires discipline and meal planning. So, when an energy slump strikes in the middle of a hectic day, you want a Keto-friendly snack that takes zero effort. GOODTO GO uses real, organic ingredients like coconut, cinnamon, and raspberries to make the tastiest low net carbs bars. With a whopping 13 g of plant-based fat and just a hint of sugar, they'll bust any size craving.





# Happy Home



SATAU

GROCERY

## Lecithin • Sugar

Our team here at Satau is proud to offer you the Happy Home brand. As a distributor of quality organic and natural foods, we do our best to only list products of the highest quality which, above all, are made in an eco-friendly way. Each brand is carefully selected, so that you can fill your shelves with the best products there is.



# Hardbite

## Hardbite



# SATAU

## GROCERY

### Vegetable Chips • Potato Chips

The quest for the perfect chip started over 14 years ago with just a single fryer and an insatiable desire to make the very best chip out there. We're pretty picky about what goes into our chips and that's why we make our chips with ingredients that are free from GMOs, trans fat, gluten and cholesterol. To this day, we carefully cook our chips in small batches which gives Hardbite an unbeatable crunch.





# Harissa

SATAU

GROCERY

## Hot Sauces

Our team here at Satau is proud to offer you the Harissa brand. As a distributor of quality organic and natural foods, we do our best to only list products of the highest quality which, above all, are made in an eco-friendly way. Each brand is carefully selected, so that you can fill your shelves with the best products there is.





# Healtea



## SATAU

GROCERY

### Iced Teas

Aside from water, finding a beverage that does not contain an excessive amount of sugar or calories can be challenging. Fortunately, Healtea is shaking things up with their delicious organic infusions that will quench your thirst while providing you with natural health benefits from plants which have been carefully selected and combined for their synergy. Depending on the season, enjoy them hot or cold!





# Heavenly Organics



SATAU

GROCERY

Chocolate Bites • Honey • Sugar

At Heavenly Organics, it all starts with our honey and thinking outside of the box. We sustainably source our honey from naturally occurring, wild beehives located in the Northern regions of the Himalayan Mountains by using bee-friendly and smoke-free methods. We are also dedicated to preserving the livelihoods of family farmers in remote and conflict areas, as we believe that profits can create peace.







# Hornby

## Energy Bars

Our team here at Satau is proud to offer you the Hornby brand, which was formerly distributed by the Coop Alentour. In the health food industry since 1981, we do our best to only list products of the highest quality which, above all, are made in an eco-friendly way. We are therefore very proud to be the new trusted business partner of this great brand!



# SATAU

GROCERY





# HP Juniper

## Non-Alcoholic Cocktails & Spirits

Our team here at Satau is proud to offer you the HP Juniper brand, which was formerly distributed by the Coop Alentour. In the health food industry since 1981, we do our best to only list products of the highest quality which, above all, are made in an eco-friendly way. We are therefore very proud to be the new trusted business partner of this great brand!



SATAU

GROCERY





# Humble Potato Chips



SATAU

GROCERY

## Potato Chips

At Humble Potato Chips, we have a daring mission: helping snack eaters give back and pay it forward, one delightful chip at a time. Our locally farmed, organic potatoes are cooked traditionally, but unlike any other chips, they are packaged into 100% compostable bags, so that when you are finished snacking, you can toss our bag into your green bin and give back to the earth.





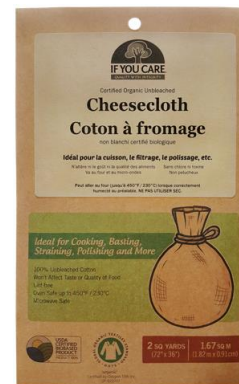


# If You Care

SATAU  
GROCERY

## Accessories • Coffee Filters

If You Care kitchen products are carefully and deliberately crafted to have the least environmental impact and the lightest carbon footprint possible while delivering to the consumer the highest quality and most effective results. Since launching its first product in 1990 and producing the very first aluminum foil made from 100% recycled aluminum in 2004, If You Care is proud to bring you a full-range of environmentally friendly kitchen products.





# Jyoti

# SATAU

GROCERY

## Beans • Canned Beans • Indian Meals

JYOTI Natural Foods was founded in the USA in 1979 as a pioneering venture to produce high quality, nutritious Indian foods to all who were familiar with Indian cuisine. Today, we make a large variety of Indian foods packaged in shelf-stable cans and pouches. In an effort to preserve the environment, we also make sure not to waste water or energy during our manufacturing process and use cans that are made with more than 60% recycled steel.



# Kashi

## Kashi



## SATAU

GROCERY

Granola Bars • Cereals • Crackers • Granola

Innovative nutrition is Kashi's approach to food. It means we value not just the foods we make, but also how we make them by being progressive and mindful of sustainable and ethical farming practices. It also means we start with simple, natural ingredients and minimally process them to keep their inherent nutrition intact.







# Kettle Chips



## Vegetable Chips • Potato Chips

Kettle Foods made their first chips in 1982 and since then, we have only been using the freshest, all-natural ingredients to create intensely flavoured potato chips you can feel good about eating. We are also chipping in for the environment through a variety of sustainable business practices like fuelling our company vehicles with biodiesel made with waste vegetable oil as well as using solar and wind power to reduce CO<sub>2</sub> emissions.





# Kiju

**Fruit Juices • Lemonade • Iced Teas**



**SATAU**

**GROCERY**

In 2005, a few regular guys quit their day jobs to pursue their passion for making healthier beverage options available to consumers everywhere. Nothing has changed since that first day – simply stated, it's always been about simplicity. We use only pure organic ingredients, create great tasting products and keep the price fair so more people can enjoy the benefits.





# King Island



SATAU

GROCERY

## Coconut Chips • Coconut Water • Coconut Syrup

King Island started over 50 years ago in humble beginnings when a husband and wife began trading Thai coconuts along the Chao Phraya River in Bangkok. Today, we are one of the only brands that ours water straight out of the coconut and into the tetra pack. And since our coconut water is always sourced from one single origin, Thailand, the result is consistent taste you will love and consistent quality you can trust.







# Knudsen & Sons

SATAU

GROCERY

## Citrus Juice • Fruit & Vegetable Juices • Sodas

In 1961, when Russel W. Knudsen began bottling fruit juices from his organic grape vineyard, he did so on one condition: his fresh pressed and blended juices would never have artificial flavors or preservatives. Little did the R.W. Knudsen Family know, he was starting a tradition of innovation. Today, our diverse offerings include natural, organic fruit and vegetable juices, non-alcoholic, sparkling beverages, and quality-crafted carbonated beverages.





# Koukla

Cookies • Granola • Macaroons



SATAU  
GROCERY

Koukla delights are made with love, using only the best ingredients. They are packed with organic nutrients rich in antioxidants and sweetened only with organic maple syrup. Our products are never heated above 46 °C (115 °F) so all essential vitamins and enzymes are preserved, making them a raw, healthy and delicious snack.





# Krakus

## Pickled Vegetables • Coffee Substitute

Our team here at Satau is proud to offer you the Krakus brand. As a distributor of quality organic and natural foods, we do our best to only list products of the highest quality which, above all, are made in an eco-friendly way. Each brand is carefully selected, so that you can fill your shelves with the best products there is.

# SATAU

GROCERY







# Krisda

## Carob & Cocoa • Sweeteners

Krisda was created in 2004 by a small group of friends who felt strongly that it was time to make a real difference in the food industry. Simply put, it was time to give the world great tasting, all-natural sugar-free ingredients that can be used to make food taste sweeter and better naturally. Krisda products are non-GMO, minimally processed and contain natural ingredients like stevia, monk fruit, erythritol and xylitol.



**SATAU**  
GROCERY



# Kumaくま Kuma

## Rice

Koshihikari is the most favoured Japonica rice variety. Brought into the Mekong delta by Japan in the late 90's, this rice is known for its soft and silky texture after cooking. It is the best companion to all North Asian cuisines and ideal for sushi.



SATAU  
GROCERY





# Le Paludier

SATAU

GROCERY

## Fleur de sel • Sea Salt

For generations, the salt marsh workers of Guérande have been harvesting salt using time-honoured techniques. Hand-harvested from the clay-bottom pans of salt marshes, this sea salt is naturally grey and rich in minerals such as potassium and magnesium. Available as coarse salt, fleur de sel and ground salt, this high-quality sea salt from Guérande will perfectly enhance the taste of all your dishes.







# Lemoncocco

## Coconut Beverages

Lemoncocco is inspired by the distinctive lemon and coconut stands found along the cobblestoned streets of Rome. To create an authentic version of this classic Roman drink, we extracted the flavor of Sicilian lemons and added a splash of coconut cream. Naturally light and refreshing, Lemoncocco is the perfect afternoon or weekend premium, non-carbonated drink.

SATAU

GROCERY





# Les Cocottes

SATAU

GROCERY

## Non-Alcoholic Wine

Our team here at Satau is proud to offer you the Les Cocottes brand, which was formerly distributed by the Coop Alentour. In the health food industry since 1981, we do our best to only list products of the highest quality which, above all, are made in an eco-friendly way. We are therefore very proud to be the new trusted business partner of this great brand!





# Let's Do...Organic



SATAU

GROCERY

## Coconut • Flours

Home bakers have discovered the goodness and versatility of Let's Do...Organic products to enhance so many favorite foods. From coconut flakes to our new green banana flour, all our items contain no added sugar or preservatives. In addition to being organic, gluten-free and kosher, our products are also suitable for vegans.





# LEVEL GROUND

## Level Ground



SATAU

GROCERY

Coffee • Tea • Dried Fruits • Sugar

Level Ground was founded in 1997 with a focus on Fair Trade and a passion for specialty coffee. We combine a deep knowledge of direct trade relationships with our team's expertise to craft exceptional coffee for you, but we do not stop at brewed beverages. We also offer organic dried fruits, cane sugar and cacao nibs, all carefully sourced from progressive co-ops who are focused on environmental sustainability and fair income for farmers.





# Live Organic Food

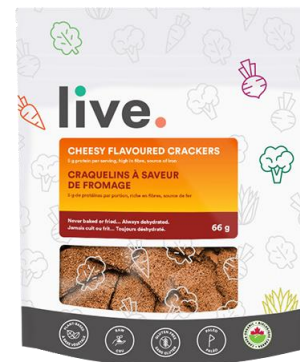
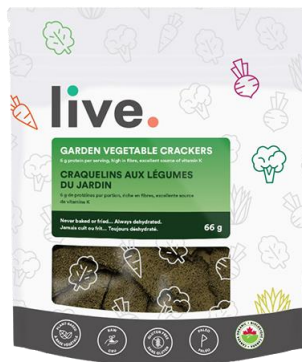


SATAU

GROCERY

## Crackers • Nori Snacks

At Live Organic Food, we create organic, plant-based products for the health conscious and health curious. This is why, each ingredient is of the highest quality, non-GMO and locally sourced when available. We never use preservatives, refined sugars or animal products, but you don't need to be vegan or raw to enjoy our products – you just need a spirit for adventure and a love of food.





# Lotus Foods



## Rice Noodles • Instant Soups

Over the past 25 years, Lotus Foods has built strong partnerships around the world to bring you the highest quality heirloom, organic rice noodles and rice snacks. All while promoting organic agriculture, rice biodiversity and supporting producers. Thanks to innovative, sustainable practices Lotus Foods has had a significant positive impact enabling the company to help improve their farmers' income and protect the environment.







# Love Child Organics

## Baby Food Products

In a world of confusing ingredient labels, Love Child Organics was created on the promise of delivering truly healthy baby food products. That means you will never find unnecessary ingredients like refined sugars or additives in any of our products, but only organic foods that are packed with nutrients. And because we take to heart our responsibility to give back, one cent from every product sold goes directly to First Book Canada.



SATAU  
GROCERY





# Lulubelle & Co



SATAU  
GROCERY

## Cake Decorating • Flours • Yeasts • Baking Mixes

At Lulubelle & Co, we believe that you deserve the best products. However, most brands of bread and baking mixes on the market are full of tongue-twister ingredients. We, on the other hand, only use natural, quality ingredients which are for the most part organically grown in Canada. Easy to make at home, Lulubelle & Co products are delicious and always crafted with care. What's not to like!







# Lundberg Family Farms



SATAU

GROCERY

Crackers • Chips • Sweetener • Rice Cakes • Quinoa • Rice

Since 1937, the Lundberg family has been growing healthy, great tasting rice while respecting and sustaining the earth. Today, the third and fourth generations carry on the family heritage by using eco-positive farming methods that produce wholesome, healthful rice, rice cakes, rice chips, quinoa and risottos while improving and protecting the environment for generations to come.







# Made Good



# SATAU

GROCERY

**Breakfast Cereal • Bars • Cookies • Granola • Sweet Snacks**

At MadeGood, we strive to create products that provide exceptional nutrition and great taste to our customers and their families while respecting the environment. In addition to being gluten-free, vegan, kosher and made with whole grains, our granola products are organic and contain the nutrients found in one serving of vegetables. Free of the 8 common allergens they can safely be placed in your children's lunch boxes.





# Manitoba Harvest



SATAU

GROCERY

## Hemp Products

At Manitoba Harvest, our passion for hemp foods is rooted in our co-founder Mike Fata's personal transformation. Weighing over 300 pounds, he was able get back in shape by overhauling his diet, focusing on protein, good fats, and fibre – all nutrients found in hemp foods! Today, we are proud to be the world's largest manufacturer to grow, make, and sell our own line of hemp food products.







# Mary's Org. Crackers



SATAU

GROCERY

## Crackers

Mary's Organic Crackers is proud to offer authentic, real food with joy, generosity and love. Our passion for real, gluten free, organic and vegan makes it easy to eat healthy and guilt free. Our delicious crackers and cookies are made using the highest quality, organically grown ingredients.





# mate libre

## Mate Libre

### Iced Teas

Mate Libre is the go-to refreshment for a new generation looking for healthier and environmentally conscious beverages. Brewed with fair trade yerba mate leaves, Mate Libre is not too sweet nor too caffeinated, so you can enjoy a steady buzz throughout the day. Always organic and fair trade. Discover the best-tasting, all-natural beverage on the market.



SATAU  
GROCERY





# Mateina

## Yerba Mate Infusions & Tea

Created by two young local entrepreneurs, Mateina aims not only to make yerba mate – an infusion from South America with an exceptional nutritional profile – known, but also to bring people together in accordance with the traditions associated with this ancestral beverage. Organic, fair trade and sustainably sourced, the delicious Mateina beverages are made for sharing, sparking friendships, and fostering a strong sense of community.



SATAU

GROCERY



merveilles  
d'abeilles

# Merveilles d'abeilles



SATAU

GROCERY

Apitherapy • Beeswax & Candles • Honey

Our team here at Satau is proud to offer you the Merveilles d'abeilles brand, which was formerly distributed by the Coop Alentour. In the health food industry since 1981, we do our best to only list products of the highest quality which, above all, are made in an eco-friendly way. We are therefore very proud to be the new trusted business partner of this great brand!





# Miels Lambert (Les)



SATAU

GROCERY

## Honey

Our team here at Satau is proud to offer you the Miels Lambert (Les) brand, which was formerly distributed by the Coop Alentour. In the health food industry since 1981, we do our best to only list products of the highest quality which, above all, are made in an eco-friendly way. We are therefore very proud to be the new trusted business partner of this great brand!





# Milanaise



SATAU

GROCERY

Bran • Cereals (Bag) • Flax Seeds • Flours • Seeds • Sugar • Whole Grains

Established in 1982, Milanaise is a family business specializing in the transformation of organic flours, flakes and grains. Every Milanaise product is created with passion by a team of dedicated artisans and made with carefully selected grains. For 35 years, Milanaise has been contributing to the growth of Canada's organic sector by working closely with organic farmers while helping others transition from conventional to organic farming.





# Mrs. Crimble's

## Macaroons

At Mrs. Crimble's, our mission is to make delicious gluten-free products that taste every bit as good, if not better, than the best mainstream alternatives that are made with gluten. Launched in 1979 in London, the company has more recently become known for its range of sweet rice cakes and macaroons which are deliciously gluten free.



SATAU

GROCERY





## Soy Sauce Substitute • Asian Sauces & Pastes

At Naked Natural Foods, we are passionate about creating healthy foods made from ethically-sourced ingredients that are deliciously nutritious and soy free. Our gluten-free coconut aminos sauces let you experiment with a little flavourful fun with no fear of a negative reaction or impact on the environment. In short, we make food that is good for you and good for the planet too.





# Nature Clean

## Cleaning Products

In the early 1960's Mrs. Ross, the wife of our founder, suffered allergic reactions to harsh chemicals used in household products, leading her beloved husband to develop his own natural formulations. Since then, the Ross family has continued the tradition of creating healthier household alternatives. Nature Clean is about caring for your family's health and our products are proudly made in Canada.



## Biodegradable Sponges & Towels

Our team here at Satau is proud to offer you the Naturea brand. As a distributor of quality organic and natural foods, we do our best to only list products of the highest quality which, above all, are made in an eco-friendly way. Each brand is carefully selected, so that you can fill your shelves with the best products there is.







# Nature's Bakery



SATAU

GROCERY

## Fig Bars

Nature's Bakery is a snacks and food brand that supports health conscious living and active lifestyles. We take that extra step to create foods that are Non-GMO Project Verified, Vegan and Kosher Certified because we care. Proudly, we offer a delicious family of stone ground whole wheat fig bars that you can enjoy and benefit from.





# Nature's Path

Bars • Cereals • Flax Seeds • Granola • Oatmeal



SATAU

GROCERY

At Nature's Path, we live for healthy, great-tasting organic foods. It's why we get up in the morning. But we are also a company that wants to do more than just sell breakfast foods. Arran Stephens, our founder, was taught by his father to "Always leave the soil better than you found it" and this is wisdom that has guided us here ever since we made our first tasty flakes in 1985.



# NATURONEY

# Naturoney



# SATAU

GROCERY

## Apitherapy • Honey

Founded by skilled beekeepers, the Naturoney brand was born of a great passion for honey and its production. With a desire to offer unique and high-quality products, Naturoney travelled cross Canada and the world to find the best beekeepers and finest honey. Today, 25 years later, the company's product line reflects the fruit of its research and expertise.







# naturSource

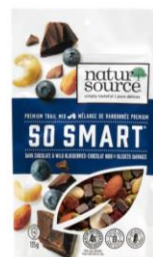


# SATAU

GROCERY

## Nuts & Nut Mixes • Uncroutons & Salad Toppers

Founded in 1980, naturSource is a family-owned Canadian business on a mission to provide great tasting snacks that are healthy and nutritious. Using simple, clean ingredients produced by high quality growers, we create premium nut mixes, snacks and salad toppers. Because we believe that the best tastes come in the simplest packages, our recipes are never complicated whether they are light and refreshing or rich and decadent.





# Numi

## Tea & Herbal Tea

Numi inspires well-being of mind, body and spirit through the simple art of tea. Our company is rooted in the principle of creating a healthful product that nurtures people and honors the planet. Since we use real ingredients and high quality teas and herbs, there is no need to apply “natural” flavorings or fragrances to create flavor. This means you can pronounce the ingredients and know exactly what you’re sipping.



# SATAU

## GROCERY







# Océan de saveurs



## Seaweed • Seasonings (Jar)

Our team here at Satau is proud to offer you the Océan de saveurs brand, which was formerly distributed by the Coop Alentour. In the health food industry since 1981, we do our best to only list products of the highest quality which, above all, are made in an eco-friendly way. We are therefore very proud to be the new trusted business partner of this great brand!







# Only Oats



SATAU

GROCERY

## Gluten-Free Oats & Oat Flour

Our team here at Satau is proud to offer you the Only Oats brand, which was formerly distributed by the Coop Alentour. In the health food industry since 1981, we do our best to only list products of the highest quality which, above all, are made in an eco-friendly way. We are therefore very proud to be the new trusted business partner of this great brand!



# Organico Bello

# Organico Bello



# SATAU

GROCERY

## Pasta Sauces

Organico Bello is a line of organic pasta sauces made with 100% imported organic Italian tomatoes. All of our ingredients are certified organic, meaning you can enjoy our products with confidence and peace of mind. Here at Organico Bello, we believe that food was made to be enjoyed in its simplest form, which is why we don't add sugar or water to any of our products. We let the real taste of our authentic ingredients come through.





# Pacific

# SATAU

GROCERY

## Broths • Soups

When we opened our doors 28 years ago, Pacific set out to make healthier, better tasting foods without losing sight of the people we are making them for, or this planet we all call home. We have made it our mission to treat animals kindly and people respectfully. And we have seen that no one around us goes hungry. All the while lessening the footprint we leave behind.







# Panda

## Licorice

The famous, wonderfully soft Panda licorice is prepared by a conventional cooking method, in which the raw materials are boiled onto dough and then compressed into their form in accordance with the licorice master Väinö Hilden's legacy recipe. We made our licorice sweets in 1927, in Finland, and today have reached the market leader position in licorice products.

SATAU

GROCERY





# Partners

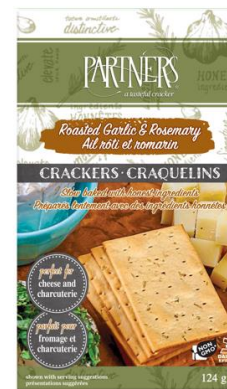


SATAU

GROCERY

## Crackers

Our team here at Satau is proud to offer you the Partners brand, which was formerly distributed by the Coop Alentour. In the health food industry since 1981, we do our best to only list products of the highest quality which, above all, are made in an eco-friendly way. We are therefore very proud to be the new trusted business partner of this great brand!





# Peacock

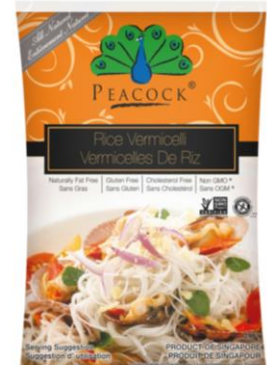
## Rice Noodles

For over 50 years, Peacock has been synonymous with fine quality rice vermicelli and noodles. Thanks to our extensive steaming and cooling process, our products are more porous and absorb flavours better when cooked. Peacock noodles can also withstand frying without clumping or breaking easily, so that you may enjoy their wholesome, natural goodness whatever you are cooking!



# SATAU

GROCERY







# Prairie Goodness



## Baked Lentil Chips

If you are looking for a truly delicious plant-based Canadian snack, well, look no further because Prairie Goodness Chipls are as Canadian as it gets! Wholesome, delicious, and dependable, Prairie Goodness Chipls are a crispy, crunchy mouth-watering healthy snack made in Canada with Canadian lentils grown by Canadian farmers. What's more, our snacks contain at least 9g of protein per serving, so they are the perfect way to satisfy your cravings.





# Que Pasa

## Corn Chips • Salsa

When it comes to quality, no kernel is left unturned. From our carefully sourced whole-grain corn to our skillfully smoked jalapenos, at Que Pasa only the best ingredients make the cut. Keeping it real as nature intended, our foods are organic and non-GMO. And just to make sure no one's left out of the fiesta, we've got plenty of gluten free and vegan options to choose from.



# SATAU

## GROCERY







# Raincoast Trading



SATAU

GROCERY

## Canned Fish

Our team here at Satau is proud to offer you the Raincoast Trading brand, which was formerly distributed by the Coop Alentour. In the health food industry since 1981, we do our best to only list products of the highest quality which, above all, are made in an eco-friendly way. We are therefore very proud to be the new trusted business partner of this great brand!







# Remedy Drinks



SATAU

GROCERY

## Carbonated Beverages • Shelf-Stable Kombucha

At Remedy Drinks, we are proud to offer you delicious beverages that contain no sugar, naturally. Our shelf-stable kombucha is made the old school way, in small batches. During our 30-day long aged brewing process, all of the raw organic sugar used to feed the all-important live cultures is converted into healthy organic acids, leaving no sugar (and we test each batch to make sure of it).





gourmet rice snacks  
collations de riz gourmandes

# Riceworks

## Crackers

Our team here at Satau is proud to offer you the Riceworks brand, which was formerly distributed by the Coop Alentour. In the health food industry since 1981, we do our best to only list products of the highest quality which, above all, are made in an eco-friendly way. We are therefore very proud to be the new trusted business partner of this great brand!



SATAU

GROCERY







# Rizopia

Quinoa Pasta • Rice Pasta

Before Rizopia, tasty gluten-free pasta was simply a myth. Now, al dente rice pasta is a reality. This journey continues; from oven-ready lasagna to the highest quality quinoa rice pasta. We bring you delicious pasta for your whole family regardless of your dietary needs. We also in real food and good practices and this is why our current operation is one of the most environmentally friendly processes in the industry.



SATAU

GROCERY







# ROAR Organic

## Electrolyte Beverages

ROAR Organic feature a new scientifically formulated blend of organic coconut water, reverse-osmosis filtered water and B vitamins along with a unique, low-calorie sweetener blend which is comprised of evaporated pure cane sugar, erythritol and stevia. With delicious, exotic flavours and only 2 g of sugar and 25 calories per bottle, ROAR Organic provides the latest in all-natural, healthy hydration and refreshment.



## Organic Coconut Oil & Sweeteners

Our team here at Satau is proud to offer you the Rockwell's Whole Foods brand, which was formerly distributed by the Coop Alentour. In the health food industry since 1981, we do our best to only list products of the highest quality which, above all, are made in an eco-friendly way. We are therefore very proud to be the new trusted business partner of this great brand!



**RXBAR®****RxBar****SATAU****GROCERY****Protein Bars**

Made with a few simple ingredients and recommended by registered dietitians, RXBARs are perfect for breakfast on the go, as protein-packed snack bars, or as a pre/post-workout fuel. Each delicious bar is packed with 12 g of protein and 5 g of fibre in just under 220 calories. RXBARs are also paleo-friendly and free of gluten, soy and dairy. Just real food that tastes good and is good for you.







# Ryvita

## Crispbreads

You will only find simple, natural ingredients in RYVITA products. Wholegrain rye is the main ingredient across our crispbread range and we work closely with our farmers to ensure we get the best quality rye for our crispbread.

SATAU  
GROCERY





# Safe Catch



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## Canned Fish

At Safe Catch, we only can fish that come from sustainable tuna stocks and meet our strict purity standards which are 3 to 10 times stricter than the FDA mercury action limit. Because we hand pack pure, raw tuna steaks and slow cook them to perfection, all of the vital Omega 3s and flavor are retained in Safe Catch tuna. No need for draining after opening. Open the can into a bowl, chop up the steak with a fork, let it reabsorb its natural oils and voilà!





# Salt Spring Coffee

Whole Coffee • Ground Coffee



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For two decades, sustainability and social responsibility have been an integral part of the Salt Spring Coffee story. It all started in 1996 when a family of entrepreneurs opened the doors to their first roasting café on Salt Spring Island in British Columbia. Today, the company brings you fair-trade organic beans that are on the leading edge of great taste so you can brew world-changing cups of coffee.





# SAPSUCKER®

# Sapsucker



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## Maple Water

Sapsucker is a plant-based sparkling tree water. It's organic, lightly carbonated, naturally hydrating and alkaline, locally harvested, and sustainably tapped from Canadian trees. With only 3 ingredients, the water is packed with 46 naturally occurring minerals, antioxidants, and vitamins. Sapsucker offers a clear and refreshing taste with a natural hint of sweetness. Drink easy, drink Sapsucker.





# Sardo

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## Marinated Vegetables • Olives • Pestos

Our team here at Satau is proud to offer you the Sardo brand, which was formerly distributed by the Coop Alentour. In the health food industry since 1981, we do our best to only list products of the highest quality which, above all, are made in an eco-friendly way. We are therefore very proud to be the new trusted business partner of this great brand!





# Say When

## Chai Tea Concentrates

At Say When, we believe great things can begin with a heartwarming cup of chai, so we work hard to brew one you can feel good about drinking. Each blend is handcrafted in small batches with whole spices, organic teas, natural sweeteners, and purified mountain water. Plus, our higher concentrated products mean less packaging, less post-consumer waste and fewer trucks on the road as we do our best to lessen our impact on the environment.







# Schär

## Gluten-Free Products

At Schär, we believe in the power of food to bring people together, not set them apart. This is why we have been working to improve the lives of people with celiac disease or gluten intolerance since 1981, that is long before it became a trend. Our team of experts selects the best nutritious ingredients from farmers who grow their quality grains especially for us.

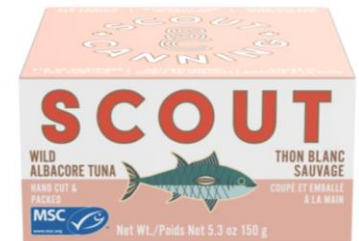
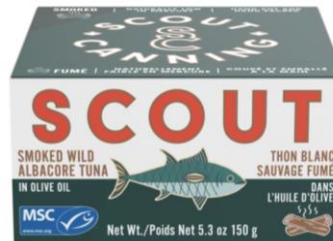
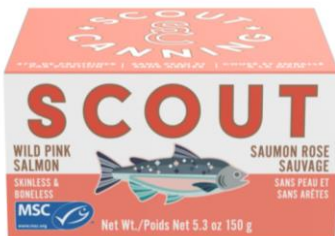
**SG** **SATAU**  
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# SCOUT Scout

## Canned Fish

Our team here at Satau is proud to offer you the Scout brand. As a distributor of quality organic and natural foods, we do our best to only list products of the highest quality which, above all, are made in an eco-friendly way. Each brand is carefully selected, so that you can fill your shelves with the best products there is.





# Seabiosis



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## Seaweed • Pestos

Our team here at Satau is proud to offer you the Seabiosis brand, which was formerly distributed by the Coop Alentour. In the health food industry since 1981, we do our best to only list products of the highest quality which, above all, are made in an eco-friendly way. We are therefore very proud to be the new trusted business partner of this great brand!







# Signé Caméline

## Camelina Oil • Camelina Seeds

Signé Caméline offers products made from camelina, an impressive northern plant with exceptional nutritional properties and that is sustainably grown in Quebec and increasingly popular with consumers. Discover camelina in the form of an oil rich in antioxidants and essential fatty acids or in the form of seeds, a superfood that will enhance the flavour, texture and colour of your plate.



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# Simply Delish



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## Jel Desserts • Puddings

At Simply Delish, our mission is to create delicious, healthy, desserts that can be enjoyed every day, everywhere by everyone. Our vegan, non-GMO, sugar-free jel desserts and instant puddings caters to a wide variety of individuals, from consumers on the Keto diet, fitness enthusiasts and diabetics. With no refrigeration necessary for setting, every box is easy to make and even more fun to share.





# Simply Organic

Flavours & Extracts • Spices • Seasonings Mixes

At Simply Organic, we are driven by the goodness of organics. From the field to your kitchen, we are committed to ensuring that our organic spices and seasonings are grown and processed in an ethical and sustainable manner. With Simply Organic you can feel good about the food on your table and its effect on the world we live in.

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# SimplyProtein®

# SimplyProtein



# SATAU

## GROCERY

**Nut Bars • Kid Bars • Protein Bars • Sweet Snacks • Savoury Snacks**

Wellness Foods is a small Canadian, female owned and managed company that was started in 2002 by Cathy Richards. Cathy created the SimplyProtein because she couldn't find a filling and nutritious snack that didn't upset her stomach. We grew from one bar to offering today a whole range of great tasting, low-sugar snacks that help you stay fuller longer.





# Smartbite



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### Corn Cakes • Crispbreads • Rice Cakes

Try a different kind of rice cake and crispbread! Smartbite's products are premium quality, organic and natural. They are made from whole-grain cereals with a light touch of sea salt and manufactured by a special process to produce a thin, crisp, delicious, wholesome snacks naturally low in calories. Enjoy these cereal cakes on their own or topped with some kind of cheese or your favourite spread as a great, light lunch or anytime snack!





# SmartSweets



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## Candies

A Canadian company, SmartSweets is tackling one of the largest and most concerning problems hidden in our everyday foods: sugar. So, we choose natural, high-quality ingredients with functional benefits that both your body and taste buds love. Made with stevia and plant-based soluble fibre, our candies are low in sugar (only 2 g per serving) and incredibly high in fibre (an amazing 24 g per serving, the equivalent of 6 servings of vegetables).







# Snyder's of Hanover



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## Pretzels

In our commitment to promoting healthier living, Snyder's of Hanover is proud to offer gluten-free snacks to the millions of people living with celiac disease or following a gluten-free lifestyle. Made with the finest premium ingredients, our gluten-free pretzels and pretzel sticks are a delicious alternative to wheat-based pretzels and offer all the satisfying flavour and crunch you would expect from America's pretzel bakery.





# Sobaya

## Japanese-Style Pasta

SOBA YA is a Canadian company founded by Jacques Petit who discovered the joy of eating fresh, hand-made soba noodles while travelling in Japan. In 1985, Jacques learned the art of making soba and udon in the heart of Tokyo and started his own pasta company upon his return. Today, SOBA YA produces some of the finest Japanese-style pasta made anywhere in the world.



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# Sonoma Creamery



## Savoury Snacks

Sonoma Creamery was founded in 1931 in Sonoma, California. Since then, we have believed in a simple concept - use the best milk to produce our delicious cheese and snacks. We only use milk that is rBST-free (free of artificial hormones) as well as simple, high-quality ingredients, avoiding anything we can't pronounce. Enjoy our delicious snacks on their own, with spreads and dips, or as a crunchy, savoury topping.







# Spectrum Naturals

Mayonnaise • Oil • Vinegar

Spectrum brand started over twenty years ago with the purpose of making healthy oils available to the Canadian public. That commitment and vision hasn't dimmed one bit. Whether artisan olive oils and trans-fat free spreads, or supplements like Flax Oil and other essential lipids, we're committed to bringing you the best there is.

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# Stash Tea

Sweetener • Tea & Herbal Tea

At Stash Tea, we pride ourselves on continuing the 5000-year-old tea tradition by creating top quality and delicious specialty teas with natural ingredients. We are passionate about tea and strive to continually delight our customers, so that each cup we produce will be your best.



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# Stoked Oats



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Oats • Granola • Oatmeal

At Stoked Oats, we do our best to power your passion - and our planet - in the healthiest way possible. It is why our gluten-free, non-GMO oats are all-natural, preservative free, and never sprayed with pesticides or chemicals like glyphosate. It is also why we work with Canadian family farms that use sustainable, rain-only farming practices to cultivate their crops. Because this Earth is worth protecting, along with all the crazy fun things we do on it.







# Sumer

## Sumer

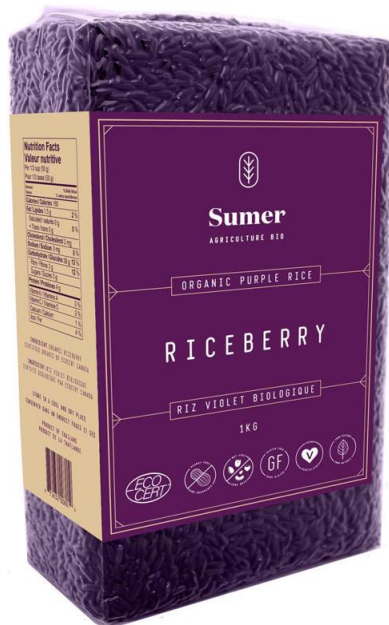
Beans • Oatmeal • Quinoa • Rice • Whole Grains & Seeds

Never heard of Riceberry rice? That's about to change thanks to the Canadian brand Sumer! As healthy as rice can get, this elegant purple variety was developed in Thailand and is a cross-pollination between non-glutinous black rice and the fragrant jasmine rice. The result is a wholesome, soft-textured, tasty and aromatic grain – high in minerals and rich in antioxidants.



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# Sunhed

## Himalayan Salt

Our team here at Satau is proud to offer you the Sunhed brand, which was formerly distributed by the Coop Alentour. In the health food industry since 1981, we do our best to only list products of the highest quality which, above all, are made in an eco-friendly way. We are therefore very proud to be the new trusted business partner of this great brand!

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### Gluten-Free Flour & Baking Mixes • Egg Replacer

Our team here at Satau is proud to offer you the Susie Sans Gluten brand, which was formerly distributed by the Coop Alentour. In the health food industry since 1981, we do our best to only list products of the highest quality which, above all, are made in an eco-friendly way. We are therefore very proud to be the new trusted business partner of this great brand!







# Suzie's

## Organic Condiments

Suzie's condiments are essential for your family's table. Made from recipes passed down through several generations, these back-to-basic delights are organic, gluten-free, and sourced completely in North America. Handcrafted in Oregon, Suzie's are not just other co-packed products hiding behind a brand. What's more, our plant uses renewable energy, wind power, for manufacturing!



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# Taste of Nature



## Snack Bars • Nut Bars • Protein Bars

Since 1994, Taste of Nature has provided a nutritious and tasty way to snack. Our bars are non-GMO project verified, organic, certified gluten free, and made only with real ingredients, like real nuts, organic fruit, and sweet agave syrup. That means when you choose a Taste of Nature snack bar, you are making a smart choice for your body and for your taste buds, too.





# Tastell

## Bean & Soybean Pasta

At Tastell, we hope to preserve traditional processes while practising fair trade and supporting organic agriculture. We are proud to offer the perfect pasta for those who want an excellent source of plant protein, suitable for vegans and people with gluten and lactose allergies. Our superior quality standards paired with a genuine commitment to consumers and organic agriculture makes Tastell a great alternative to wheat-based pasta.



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# Terre Di Sangiorgio



## Tomato Products & Pasta Sauces

Our team here at Satau is proud to offer you the Terre Di Sangiorgio brand, which was formerly distributed by the Coop Alentour. In the health food industry since 1981, we do our best to only list products of the highest quality which, above all, are made in an eco-friendly way. We are therefore very proud to be the new trusted business partner of this great brand!





# The Bridge

## Plant-Based Cream

Founded in 1994, The Bridge is a small family business that produces organic cooking creams made with carefully chosen and certified ingredients as well as spring water coming directly from the mountains that surrounds their tiny little village in the north of Italy. All their products are vegan, lactose- and cholesterol-free, while most of them are gluten-free.



## Bamboo Toothbrushed & Accessories

Our team here at Satau is proud to offer you the The future is bamboo brand, which was formerly distributed by the Coop Alentour. In the health food industry since 1981, we do our best to only list products of the highest quality which, above all, are made in an eco-friendly way. We are therefore very proud to be the new trusted business partner of this great brand!





The Smile Organic Co.

The Smile Organic Co.      SATAU

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### Nutritional Supplement For Baby & Kids

Our team here at Satau is proud to offer you the The Smile Organic Co. brand, which was formerly distributed by the Coop Alentour. In the health food industry since 1981, we do our best to only list products of the highest quality which, above all, are made in an eco-friendly way. We are therefore very proud to be the new trusted business partner of this great brand!





# Tilda

## Rice • Steamed Rice

Tilda was the first company to bring Basmati to the Western World over 40 years ago and has become an international food brand selling in over 50 countries. With the offering of both the dry rice and steamed rice varieties, Tilda continues its commitment to sustain the legendary status of Basmati which tastes like no other rice on earth.

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# Traditional Medicinals



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## Green Tea • Herbal Tea • Wellness Herbal Tea

For nearly forty years, Traditional Medicinals has been passionate about connecting people with the power of plants. We do not just make formulas because they sound good. We are passionate about passing along the centuries-old wisdom of how to use plants for wellness. Every tea and herbal product that we make must have sufficient evidence of safety, quality and efficacy in support of our claim statements and formulation rationale.







# Two Bears

Cold Brew Coffee • Iced Teas • Oat Beverages

Two Bears offers a sustainable coffee option that elevates your morning, meeting or hike. By making quality, direct trade coffee more accessible, we seek to brew nature back into the lives of coffee lovers. Two Bears beans are roasted in small batches creating a precision that brings out only the best flavor profiles and our method of flash cold brewing produces a naturally sweet, smooth tasting and less acidic coffee.



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Vigean has produced three generations of French master oil makers since 1930, but more than ever the family business strives to give you complete satisfaction with its range of high-quality traditional oils. Dedicated to craftsmanship and terroir, Vigean uses only the most sophisticated selection and manufacturing processes to guarantee the quality and traceability of its oils.





# Whisps

## Cheese Crisps

Our team here at Satau is proud to offer you the Whisps brand. As a distributor of quality organic and natural foods, we do our best to only list products of the highest quality which, above all, are made in an eco-friendly way. Each brand is carefully selected, so that you can fill your shelves with the best products there is.



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# Wholesome



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Sweetener • Molasses • Coconut • Stevia • Sugar

At Wholesome, we are committed to organic farming and stay on the cutting edge of eco-friendly agriculture to ensure the smallest footprint possible. We are also dedicated to Fair Trade and partner with caring farming families across the globe. So when you choose Wholesome, rest assure that you have a delicious, high-quality product and that through your purchase you will help us to sweeten other people's lives around the world.



## Powder Smoothies

Made with real, freeze-dried fruits, the smoothie mixes from Wise by Nature allows you to prepare a delicious, nourishing drink in next to no time. So, you will save valuable time in your day while saving space in your fridge and reducing food waste. What's more, for each product sold, Wise by Nature offsets their carbon emissions by donating a contribution to fund reforestation projects.





# Yogourmet



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### Accessories • Yogurt Cultures

Yogourmet offers you a complete solution for homemade yogurts and fermented milks, such as kefir, that will meet all your needs and healthy food choices. Our products are quick and easy to use, so you can discover step-by-step how to make your own yogurt and kefir with your choice of milk.







# Yumi Organics



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Chia Seeds • Flax Seeds • Oatmeal • Nut Mixes

Our team here at Satau is proud to offer you the Yumi Organics brand. As a distributor of quality organic and natural foods, we do our best to only list products of the highest quality which, above all, are made in an eco-friendly way. Each brand is carefully selected, so that you can fill your shelves with the best products there is.





# Yves Veggie Cuisine



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## Canned Vegetables • Canned Beans

For over 20 years, Yves Veggie Cuisine has always been committed to creating delicious products that meet the needs of the health-conscious consumer. We have always strived to achieve ultimate customer satisfaction, producing high-quality products in an environmentally responsible manner.

