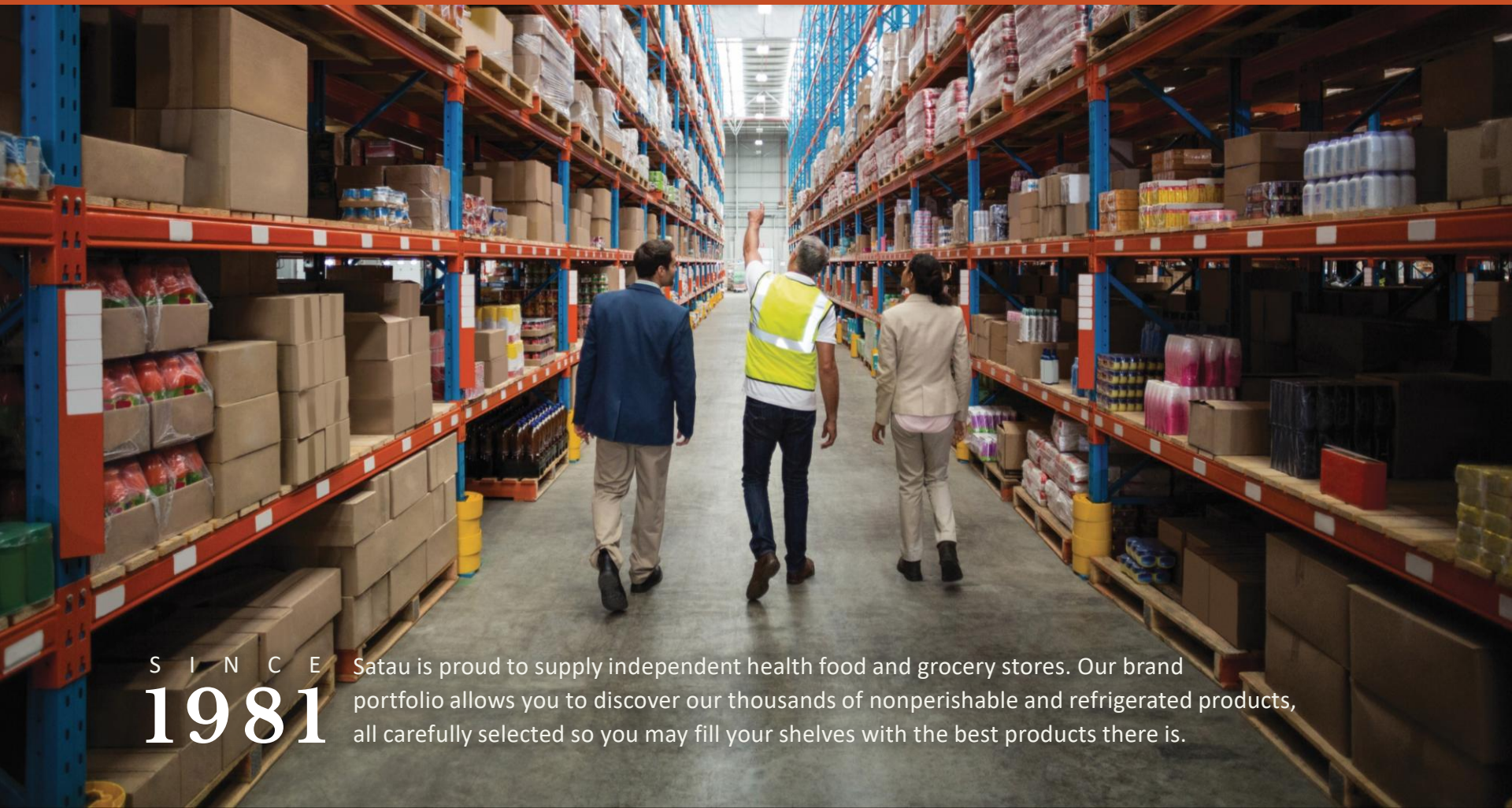
SATAU

BRAND PORTFOLIO

QUEBEC | OTTAWA | MARITIMES



SINCE 1981

Satau is proud to supply independent health food and grocery stores. Our brand portfolio allows you to discover our thousands of nonperishable and refrigerated products, all carefully selected so you may fill your shelves with the best products there is.

SATAU Quality Organic & Natural Products



SATAU Quality Organic & Natural Products





SATAU Quality Organic & Natural Products



A+ Superfruit

SATAU
FRESH

Fruity Maple Water

A+ Superfruit offers you all-natural beverages made only from fruits and organic maple water, using a unique and innovative process which keeps intact the fruits' natural properties. Therefore, each bottle contains only what matters: the fruit and its properties. No sugar, concentrate or preservatives is added, so you may discover the full potential of fruits!



Abieze

SATAU
GROCERY

Cleaning Products made with Black Soap from Camelina Oil

A young, women-owned Quebec company, Abieze has been combining eco-friendly cleaning with local pride since 2019. Our secret weapon? Black soap made from camelina oil: an all-natural concentrate with multiple uses, available in ready-to-use versions for guilt-free and every day cleaning. Carefully developed and used daily by our team, all Abieze products are biodegradable and ultra-effective!



Abokichi

Matcha • Miso • Japanese-Inspired Condiments

A Japan-inspired Canadian food brand, Abokichi brings you plant-based and easy to enjoy products, such as small-batch, umami-rich condiments, premium organic ceremonial grade matcha and upcycled instant miso soups. Not only are Abokichi products delicious, MSG-free and made with natural ingredients, but they are also award-winning and have been featured in several media.



AgroFusion

SATAU GROCERY

Whole Grains & Seeds • Beans • Quinoa • Rice

Since 2003, AgroFusion makes a point of putting on the market products that are healthy, unprocessed and available to all in reaction to the growing processing of food in North America. A family business based in Montreal, AgroFusion stands out from the competition thanks to its rigorous quality standards as well as its ethical and responsible practices.



LES ALIMENTS MASSAWIPPI

Aliments Massawippi

SATAU GROCERY FRESH

Miso • Enzyme Cultures • Damari Sauces

Our team here at Satau is proud to offer you the Aliments Massawippi brand, which was formerly distributed by the Coop Alentour. In the health food industry since 1981, we do our best to only list products of the highest quality which, above all, are made in an eco-friendly way. We are therefore very proud to be the new trusted business partner of this great brand!



ALLERGY SMART

Allergy Smart

SATAU

GROCERY

Allergen-Free Cookies

With recipes over 10 years in the making, Allergy Smart is excited to offer you an assortment of delicious snacks that everyone can enjoy! Baked in our dedicated, top 10 allergen-free facility and individually wrapped to prevent cross-contamination, our cookies are made only with natural, plant-based ingredients. Plus, as we refuse to compromise on quality, our products are also free from fillers, preservatives, artificial ingredients, and GMOs.



Alter Eco

Chocolate Bars • No Sugar Added Granolas

SATAU GROCERY

Alter Eco is based on the premise that food is fundamental to life – and whole, healthy, delicious food can make life better for people all over the world. By working directly with the small-scale farmers who grow our quinoa, rice, sugar and cacao, helping them institute Fair Trade and Organic practices and assisting them in improving both quality of food and quality of life, we're creating a system that benefits everyone involved.



Amano

SATAU

GROCERY

Asian Sauces & Pastes • Soy Sauces & Tamaris

Since 1939, the Amano family name has stood for quality in naturally brewed, locally produced Japanese foods products. Drawing on three generations of Japanese brewing traditions, Amano Food's products are carefully barrel aged up to a year, resulting in a superior traditional finish.



Anita's

SATAU

GROCERY

Breakfast Cereals • Flours • Oatmeal • Baking Mixes

A Canadian company based in British Columbia, Anita's work with local framers to obtain the cleanest, freshest organic whole grains possible. Milled in small batches, every day, using a slow and traditional process, the grains remain packed with nutrients, just as nature intended. This care and attention to detail is for a purpose. Not only does our grains, flours, and mixes taste better for it, but they perform better in your kitchen.



Apothicari

ApothicAri

SATAU

GROCERY

Apple Cider Vinegar • Salt & Spices (Jar)

A young Quebec company based in Charlevoix, ApothicAri offers delicious, healthy products that easily enhance any dish. Because the environment is at the heart of all our decisions, our quality ingredients, which comes mainly from our gardens or local partner farms, are cultivated with the outmost care according to sustainable organic and regenerative farming practices.



Arema

SATAU

GROCERY

Citrus Juice • Canned Tomatoes • Savoury Snacks

The Arema brand is proud to offer you simple and healthy foods, made with care by trusted partners, and offered at prices that are as competitive as possible. Expected to grow and diversify, the Arema product offering currently includes delicious sesame seed sticks, organic maple syrup from Quebec and all-natural and organic ketchup.







ARIEL

Ariel

SATAU

GROCERY

Non-alcoholic wine

Since the first commercial production in 1985, ARIEL has gained recognition from the world's leading wine critics and connoisseurs. Moreover, the company's heart-felt commitment to nurture and protect the environment is also reflected in each bottle of ARIEL non-alcoholic wine which is produced according to sustainable practices such as using solar power, implementing water conservation programs, composting and reducing chemical use.



Artisan Tradition

SATAU GROCERY

Products Packaged in Quebec

Our team here at Satau is proud to offer you the Artisan Tradition brand, which was formerly distributed by the Coop Alentour. In the health food industry since 1981, we do our best to only list products of the highest quality which, above all, are made in an eco-friendly way. We are therefore very proud to be the new trusted business partner of this great brand!



Barbara's

SATAU

GROCERY

Cereals • Cheese Puffs

A pioneer in the natural foods movement, Barbara's was founded in 1971 by a 17-year-old girl who was passionate about creating great-tasting food from simple, wholesome ingredients. Since then, our product offerings have grown to include cereals, cookies and cheese puffs, but we continue to fulfil Barbara's commitment to provide optimal nutrition and taste by choosing delicious, honest, high-quality ingredients.













Belov

SATAU

GROCERY

Healthy Baby Food

Une entreprise québécoise fondée par deux femmes, Belov souhaite vous aider à faire grandir
A Quebec company founded by two women, Belov wants to help you ensure the growth of
a healthy generation by promoting a varied and healthyful diet allowing for the optimal
development of the nervous system, the immune system, and the metabolism of babies. Their
healthy and delicious products are prepared locally using organic and whole ingredients.











Benjamissimo

SATAU

GROCERY

Chocolate Bars

At Benjamissimo, our mission is to create the most wholesome and delicious chocolate-superfood. Our artisan chocolates are made with the finest Fairtrade cocoa beans sourced from family farms in Nicaragua. Our chocolate bars are vegan, organic and contain various superfoods to add some healthy nutrients to your diet and to delight your taste buds with unique, exciting flavours.



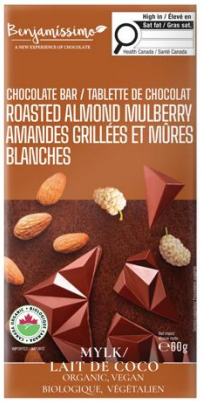
























Big Mountain Foods

SATAU

FRESH

Simulated Meat Products

Big Mountain Foods has been proudly family-owned since 1987. Our mission is to make food that we would proudly serve our own family. In other words, real food that tastes good. Food with no additives, no substitutes, and no names that you cannot pronounce. That is, unless your mouth is full which we guarantee it will be once you make a meal of our veggie patties, veggie links, bites and crumbles.



Biosta

SATAU

GROCERY

Germination Supplies

Our team here at Satau is proud to offer you the Biosta brand, which was formerly distributed by the Coop Alentour. In the health food industry since 1981, we do our best to only list products of the highest quality which, above all, are made in an eco-friendly way. We are therefore very proud to be the new trusted business partner of this great brand!





Biovert

SATAU

GROCERY

Biodegradable Cleaning & Household Products

A cleaner environment starts at home with Biovert, a line of cleaning products that are entirely biodegradable, made in Quebec and certified as having a reduced impact on the environment by Ecologo, the only environmental certification recognized in Canada. Fully made of eco-friendly, hypoallergenic ingredients, the Biovert products are biodegradable in 28 days in addition to being free from phosphate and carcinogens.



Blue Diamond

SG KS SATAU

GROCERY

Almond Beverages • Crackers

The people at Blue Diamond has spent 100 years getting to know almonds and we take great pride in bringing you the pick of the crop. The almonds that go into our beverages and crackers come straight from our cooperative of more than 3,000 diligent almond growers who share a dedication to maintaining the highest standards of responsible growing and production.



Bombay Dine

SATAU

GROCERY

Canned Beans

Our team here at Satau is proud to offer you the Bombay Dine brand, which was formerly distributed by the Coop Alentour. In the health food industry since 1981, we do our best to only list products of the highest quality which, above all, are made in an eco-friendly way. We are therefore very proud to be the new trusted business partner of this great brand!



Bonterra

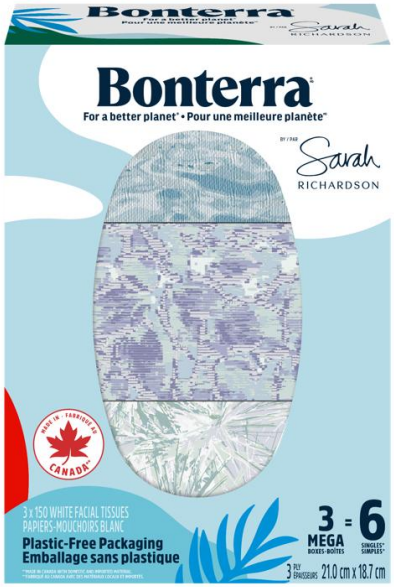
Bonterra

SATAU GROCERY

Household Paper Products

Bonterra household paper products are made from responsibly sourced paper and wrapped in recyclable, plastic-free packaging. What's more, Bonterra has partnered with two great organizations to remove thousands of pounds of plastic from the ocean and plant thousands of new trees each year. So, what seems like a trivial purchase can actually have a huge impact on the protection of the environment!







Bragg

Apple Cider Vinegar • Seasonings • Soy Sauces

SATAU

GROCERY

Our team here at Satau is proud to offer you the Bragg brand, which was formerly distributed by the Coop Alentour. In the health food industry since 1981, we do our best to only list products of the highest quality which, above all, are made in an eco-friendly way. We are therefore very proud to be the new trusted business partner of this great brand!



BUCKET

Bucket Fermentation

SATAU FRESH

Local Lacto-Fermented Products

A young family business located in Estrie, Quebec, Bucket Fermentation offers a range of high-quality lacto-fermented products made from local and organic vegetables. Since its humble beginnings in 2019, the brand has made a point of sourcing produce from local farms to offer consumers products of unparalleled freshness which also support the local economy.



Bull's Head

SATAU

GROCERY

All-Natural Sodas

Our team here at Satau is proud to offer you the Bull's Head brand, which was formerly distributed by the Coop Alentour. In the health food industry since 1981, we do our best to only list products of the highest quality which, above all, are made in an eco-friendly way. We are therefore very proud to be the new trusted business partner of this great brand!



Caf-Lib[MD]

Caf-Lib

Coffee Substitute

SATAU

GROCERY

Throughout history, chicory has been celebrated for its digestive virtues. From the Ancient Greeks to the Egyptians, it was used to improve health and treat many illnesses. The secret is in the fiber in chicory: it has prebiotic characteristics which stimulate the good bacteria in your intestinal flora! Caf-Lib is proud to bring you a chicory-based coffee alternative that is both natural and healthy.



camino
FAIR TRADE • ORGANIC • ÉQUITABLE • BIOLOGIQUE

Camino

SATAU
GROCERY

Hot Cocoa • Chocolate Bars • Cocoa Products • Sugar

Established in 1999, La Siembra Co-operative, owner of the Camino brand, became the first registered importers of Fairtrade Certified cocoa and sugar in North America and today works directly with 18 producer co-ops, supporting more than 36,000 family farmers in 9 countries. Since their humble beginnings, the Camino line has grown to include a full line of various organic products such as chocolate bars, hot chocolate, and coffee.



CANADA SAUCE

Genuine Condiments Authentique

Canada Sauce

SATAU

GROCERY

Condiments made in Quebec

At Canada Sauce, we love what is simple! This is why we create delicious condiments from natural, healthy and local ingredients. Just like our bottles, it is in our values to be completely transparent and to provide you with authentic and unpretentious products. No colouring or flavouring agents are added to our condiments which are proudly made in Saguenay, Québec.



Cape Herb & Spice

SATAU

GROCERY

Seasonings • Pepper • Salt

Founded in 1994, the Cape Herb & Spice Company is based in Cape Town, a cosmopolitan city situated at the South-Western tip of Africa. Regarded as a global leader in the herb and spice industry, the Cape Herb & Spice Company is a non-discriminatory employer with enlightened human resources policies, striving to deliver the best herb and spice product ranges in the world.



Celestial Seasonings

SATAU

GROCERY

Tea & Herbal Tea • Wellness Herbal Tea

In 1969, a group of young entrepreneurs founded Celestial Seasonings upon the belief that their flavorful, all-natural herbal teas could help people live healthier lives. From handpicking fresh herbs from the Rocky Mountains to becoming one of the largest specialty tea manufacturers in North America, Celestial Seasonings continues to being committed to providing the highest quality, most environmentally responsible products possible.



Cha's Organics

SATAU

GROCERY

Canned Fruits • Chai Tea • Coconut Milk • Spices • Pepper • Rice

At Cha's Organics, we believe in better business practices that support organic agriculture and fair-trade principles, so our spices and coconuts are all grown on biodiverse, small-scale family-owned organic farms. In addition to being Fair Trade from day one, Cha's Organics is also committed to protecting elephants through a partnership with the award-winning Sri Lanka Wildlife Conservation Society (SLWCS), donating 1% of all coconut milk sales.



Chimes

Candies

Chimes is a family affair—from our grandparents in Indonesia who crafted the candy by hand, to the farmers and processors who have been with us for over 20 years. True to our roots, we still create our good-for-you candies with the same timeless recipe and the utmost care, combining natural ingredients for a reward with benefits you can taste and feel.

SATAU GROCERY































ChocXO

Sweet Snacks

SATAU GROCERY

Great snacking starts with simple ingredients. No substitutions, no additives, no need to trick your tastebuds. At ChocXO, we use fine flavour cocoa beans that are naturally nutty, fruity, and less bitter than traditional beans. Less bitterness means less need for additional sugar which allows us to make great dark chocolate and offer you healthier, natural, organic products that are both simple and artisanal in nature.

















Chosen Foods

Avocado Oil • Sesame Oil • Mayonnaise

SATAU

GROCERY

At Chosen Foods, we believe nutritious food is essential for a healthy life. At a time when food is often fast and convenient, we encourage people to slow down and put real food back on the table. Our line of products includes healthy fats, plant-based products and ancient superfoods, so everyone may prepare simple, nourishing meals. Plus, as an active supporter of the non-GMO movement, we never use genetically modified ingredients.



Clif

SATAU

GROCERY

Nut Bars • Energy Bars • Nutrition Bars • Kid Bars • Protein Bars

In the early ‘90s, energy bars were generally unappetizing, sticky and hard-to-digest. Thinking he could make a better bar, Gary Erickson, founder of CLIF Bar, managed to do just that after months of mixing and baking. Today, CLIF Bar brings you delicious, nutritious bars while following an innovative business model guided by Five Aspirations— Sustaining our Business, Brands, People, Community and the Planet.



Coop Agrobio

Flours • Oats • Sunflower Oil

Our team here at Satau is proud to offer you the Coop AgroBio brand, which was formerly distributed by the Coop Alentour. In the health food industry since 1981, we do our best to only list products of the highest quality which, above all, are made in an eco-friendly way. We are therefore very proud to be the new trusted business partner of this great brand!

SATAU

GROCERY



Création Delicia

SATAU GROCERY

Hot Chocolate • Spices • Gluten-Free Pasta • Coffee Substitute

At Création Delicia, we firmly believe that eating healthy products, mostly raw, without chemical preservatives and made with ingredients derived from nature is the cornerstone of a health-conscious lifestyle. This is why our young family business offers natural gourmet products inspired by the Mediterranean. Reinvent your meals, snacks and coffee breaks with the delicious alternatives from Création Delicia, which are made right here in Quebec.



Crofter's

Organic Fruit Spreads

SATAU

GROCERY

Our team here at Satau is proud to offer you the Crofter's brand, which was formerly distributed by the Coop Alentour. In the health food industry since 1981, we do our best to only list products of the highest quality which, above all, are made in an eco-friendly way. We are therefore very proud to be the new trusted business partner of this great brand!



Crosby

SATAU

GROCERY

Molasses

In 1879, Lorenzo George Crosby opened a grocery business in the port town of Yarmouth, Nova Scotia. An enterprising youth, L.G. quickly established himself in the import/export trade industry, transporting fish and lumber to the West Indies and returning with that “liquid gold” known as fancy molasses. Today, 137 years later, the Crosby Molasses Company continues to flourish as an independently-owned family business.







Cuisine l'Angélique

SATAU

GROCERY

Flours & Starches • Baking Mixes

Our team here at Satau is proud to offer you the Cuisine l'Angélique brand, which was formerly distributed by the Coop Alentour. In the health food industry since 1981, we do our best to only list products of the highest quality which, above all, are made in an eco-friendly way. We are therefore very proud to be the new trusted business partner of this great brand!



Cuisine Soleil

SATAU
GROCERY

Flours • Starches • Baking Mixes

Cuisine Soleil is devoted to offer a wide range of quality gluten-free and allergen-free foods possessing the highest nutrition value. All our products are guaranteed gluten-free with less than 5 ppm, and our organic ingredients regularly undergo testing by an independent laboratory. Moreover, our products need few resources to grow, and are minimally processed.



Cyrches

Powder Broths & Sauces

Our team here at Satau is proud to offer you the Cyrches brand, which was formerly distributed by the Coop Alentour. In the health food industry since 1981, we do our best to only list products of the highest quality which, above all, are made in an eco-friendly way. We are therefore very proud to be the new trusted business partner of this great brand!

SATAU GROCERY



DANDIES®

Dandies

SG OGM KS V SATAU

GROCERY

Vegan Marshmallows

Our team here at Satau is proud to offer you the Dandies brand, which was formerly distributed by the Coop Alentour. In the health food industry since 1981, we do our best to only list products of the highest quality which, above all, are made in an eco-friendly way. We are therefore very proud to be the new trusted business partner of this great brand!





Dose

SATAU FRESH

Cold-Pressed Juices

A young and flourishing Montreal-based company, Dose offers cold-pressed and completely organic juices for active people who take their wellbeing to heart and understand the importance of natural produce. Always made with 100% raw and organic fruits and vegetables–nothing else, Dose juices are cold-pressed in order to keep all the nutrients intact, allowing your body to quickly absorb everything it needs.



DUE VITTORIE

Due Vittorie

SATAU

GROCERY

Balsamic Vinegar • Apple Cider Vinegar

Situated in the heart of the province of Modena, Due Vittorie is a fine example of the genuine quality agricultural industry of the Emilia area. Our production methods emphasize the authenticity and quality of raw materials and gives a naturally dense product. Today, the Due Vittorie Balsamic Vinegar of Modena is recognized as a special dressing, used by top chefs from all over the world.



Dumet

SATAU

GROCERY

Olives (Pouch)

Cultivated in typical regions around the Mediterranean Sea, Dumet olives are carefully selected, hand-picked and packed in pouches that are not only convenient but also environmentally friendly and sustainable. In fact, thanks to the lightweight pouches, Dumet is able to reduce CO_2 emissions by up to 30% during production and transportation while giving consumers the opportunity to enjoy delicious olives on-the-go.



earth's choice
– organic · biologique –

Earth's Choice

SATAU
GROCERY

Citrus Juice • Coconut • Canned Products

Based in Vancouver, British Columbia, Earth's Choice works directly with organic farmers, producers and suppliers to make sure your food is sustainable and meets the highest quality standards with the lowest environmental impact. Our wide range of affordable, natural, organic and sustainable foods includes citrus juice, coconut milk as well as canned beans and seafood.



Eco-Max

Housekeeping • Laundry • Dishwashing

SATAU GROCERY

Since 1999, Prism Care Corporation, a Canadian owned and family operated company, has worked hard to develop the best performing natural, non-toxic cleaning products on the market, using plant-based, sustainable materials. Important organizations throughout the country were, and still are, having their buildings cleaned with our products and with the release of Eco-Max consumer products in 2007, you can now also safely clean your home.



Eden Foods

SATAU
GROCERY

Seaweed • Butters & Sauces • Soy Beverages • Beans • Pasta • etc.

Our team here at Satau is proud to offer you the Eden Foods brand, which was formerly distributed by the Coop Alentour. In the health food industry since 1981, we do our best to only list products of the highest quality which, above all, are made in an eco-friendly way. We are therefore very proud to be the new trusted business partner of this great brand!



Edward & Sons

SATAU

GROCERY

Crackers • Canned Fruits • Coconut Milk • Miso • Sauces

Edward & Sons supplies innovative natural and organic vegetarian foods that are free of artificial ingredients. Guided by our motto “Convenience without Compromise”, we travel the world to taste and evaluate regional foods, to source the finest ingredients, and to partner with the most reliable farmers, packers and food artisans to create our unique range of natural and organic specialties.



EMMA

Emma

SATAU

GROCERY

Coffee Filters

Our team here at Satau is proud to offer you the Emma brand. As a distributor of quality organic and natural foods, we do our best to only list products of the highest quality which, above all, are made in an eco-friendly way. Each brand is carefully selected, so that you can fill your shelves with the best products there is.







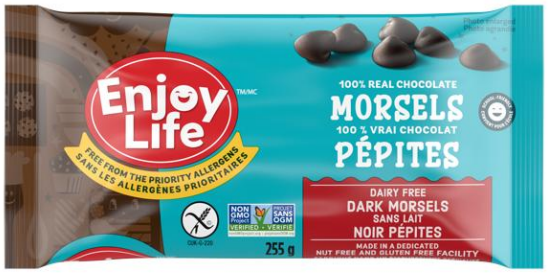
Enjoy Life

Allergen Free Cacao Products

SATAU

GROCERY

Our team here at Satau is proud to offer you the Enjoy Life brand, which was formerly distributed by the Coop Alentour. In the health food industry since 1981, we do our best to only list products of the highest quality which, above all, are made in an eco-friendly way. We are therefore very proud to be the new trusted business partner of this great brand!











ITALIA felicetti DOLOMITI 1908

Felicetti

SATAU GROCERY

Italian Pasta

Made exclusively in Fiemme Valley, in Italy, since 1908, Felicetti's pasta is an exceptional product that is anything but ordinary; it is bronze cut and made with pure water from the Italian Alps. Our environmentally friendly manufacturing processes and our 100% paper packaging also allow us to offer you high-quality pasta while remaining true to our founding values.





Felicia

Gluten-Free Pasta

Sprouting from the rich soils of Gravina in Puglia, Italy, Felicia offers a diverse range of organic and naturally gluten-free pasta made with innovative, nutrient-rich ingredients sourced from responsible farming. From ancient grains to legumes and superfoods, we bring a world of flavours and nutrients to your table while minimizing our carbon footprint thanks to our facilities which leverage efficient, renewable energy.

SATAU

GROCERY





Ferme Delapointe

Organic Maple Syrup

Our team here at Satau is proud to offer you the Ferme Delapointe brand, which was formerly distributed by the Coop Alentour. In the health food industry since 1981, we do our best to only list products of the highest quality which, above all, are made in an eco-friendly way. We are therefore very proud to be the new trusted business partner of this great brand!



Filsinger's

Butters & Sauces • Apple Cider Vinegar

SATAU

GROCERY

Located in Ayton, Ontario, Filsinger's orchard has been an organic orchard since 1953. Our soils and trees are balanced with seaweed extracts, trace minerals and compost while our apples are grown without the use of chemical herbicides and pesticides. We also take special care to make our cider, vinegar and other apple products the old-fashioned way.



Flirt Drinks

Carbonated Beverages • Lemonades

SATAU FRESH

A Quebec company whose primary goal is to fight food waste, Flirt Drinks offers beverages that are low in sugar and made from unsold fresh fruit. Discover their delicious, fermented sodas that are loaded with good bacteria and organic acids, or their refreshing sparkling lemonades made with freshly picked herbs. If you believe in the circular economy, Flirt Drinks is definitely for you!



Flower Deer

SATAU

GROCERY

Gluten-Free & Non-GMO Rice Noodles

Our team here at Satau is proud to offer you the Flower Deer brand. As a distributor of quality organic and natural foods, we do our best to only list products of the highest quality which, above all, are made in an eco-friendly way. Each brand is carefully selected, so that you can fill your shelves with the best products there is.



Frux

SATAU

GROCERY

Date Bites • Chocolate-Covered Freeze-Dried Strawberries

A Canadian brand, built by people who really love snacks, but were constantly let down by ingredient lists full of synthetic dyes, stabilizers, and “natural” flavours. So, Frux did things differently. That meant whole strawberries, freeze-dried until they crunch, dipped in real chocolate. Dates rolled to perfection with creamy nut butter. No high-fructose corn syrup, ever, and ingredient lists short enough to read at a glance.



G.H. Cretors

SATAU

GROCERY

Popcorn

Since 1885, G.H. Cretors has been creating handcrafted, gourmet popcorn one mouth-watering batch at a time. We strive to provide the most authentic popped corn we can by using only the highest- quality, real ingredients. Popcorn is naturally gluten-free, and we are committed to keeping it that way. We do not process gluten in our facility, and all of our products are certified gluten-free.







GALERIE au chocolat

GOURMET INGREDIENTS, INDULGENT CHOCOLATE
INGRÉDIENTS DE QUALITÉ, CHOCOLAT IRRÉSISTIBLE

Galerie au Chocolat

SG KS SATAU

GROCERY

Chocolate Bars • Sweet Snacks

Our team here at Satau is proud to offer you the Galerie au Chocolat brand, which was formerly distributed by the Coop Alentour. In the health food industry since 1981, we do our best to only list products of the highest quality which, above all, are made in an eco-friendly way. We are therefore very proud to be the new trusted business partner of this great brand!



GimMe

Seaweed Snacks

Offering the broadest range of minerals of any food on the planet, seaweed contains 10-20 times the mineral concentration of land plants in addition to being high in protein and fiber. That being said, organic seaweed can be hard to find. Thanks to the protected nature of the water where we grow our seaweed and the fact that no chemicals or pesticides are used, GimMe roasted seaweed snacks are certified organic.

SATAU GROCERY









Ginger People

SATAU

GROCERY

Ginger Products

For 30 years, The Ginger People have dedicated themselves to promoting the virtues of ginger. We take great pride in sourcing from the premier growing regions of the world and crafting the most innovative ginger products. Family owned and operated, The Ginger People is the world's most award-winning ginger brand and America's leading supplier of all natural and organic ginger products.



Les Glutineries
Marché d'alimentation sans gluten

Glutineries (Les)

SATAU
GROCERY

Broth Bases • Soup Bases • Sauce Mixes

Our team here at Satau is proud to offer you the Les Glutineries brand. As a distributor of quality organic and natural foods, we do our best to only list products of the highest quality which, above all, are made in an eco-friendly way. Each brand is carefully selected, so that you can fill your shelves with the best products there is.



Go Nutrition

SATAU

GROCERY

High-Fibre Gummies • Dry-Roasted Beans

Founded by Quebec trainer Jimmy Sevigny, who himself lost over 270 pounds on his remarkable fitness journey, the Go Nutrition brand offers delicious, healthy snacks that are low in calories and high in protein. Whether it is the Go Gummy high-fibre candies or the Go Beanz roasted beans, these plant-based, guilt-free products can be enjoyed without compromising your balanced diet.



Gobio

SATAU

GROCERY

Candies • Broth • Broth Powder • Cooking Products

At GoBIO , we take pride in offering you only the highest quality organic and mostly gluten-free products. We are constantly searching for new exciting organic products to add to our already extensive line of products which includes bouillon cubes, gelatine, desserts and much more.



GoMacro

Protein Bars

SATAU

GROCERY

At GoMacro, we create high-quality products from simple, sustainably grown ingredients. We believe that natural food that is closer to the earth and less processed is healthier for the body and soul, which is why we only work with suppliers who meet our high standards for taste, certifications, and environmental stewardship. Our nutritious and delicious snacks help you feel your best while fuelling positive change for the planet.



GoodnessMe

SATAU

GROCERY

Fruity Snacks

At GoodnessMe, we source the best ingredients, meet the highest quality standards and use some clever natural processes to prepare delicious, healthy snacks for the whole family. Made with real fruits, our Fruity Sticks and Nuggets contain no artificial flavours or colours and are packaged in paper-based packs to help us reduce our plastic footprint.











Green Table Foods

SATAU FRESH

Fermented Condiments & Vegetables • Kimchi • Sauerkraut

Green Table Foods is a family-owned business in Guelph Ontario and Canada's premier formulator and manufacturer of certified organic living foods. Wishing to honour the great fermentation traditions of the world, we have been making, since 2005, nutritious, lacto-fermented vegetable foods with certified organic, farm direct ingredients, one small batch at a time.



GROUNDED

GROUNDED

SATAU

GROCERY

Vegetable Protein

A young Quebec family business, GROUNDED offers delicious, easy-to-prepare plant-based foods to help more people transition to plant-based eating. Made with allergen-free and GMO-free ingredients, including Canadian pea protein that rivals ground meat in terms of texture and protein content in addition to being free of saturated trans fat.



GT's Living Foods

SATAU FRESH

Kombucha • Iced Teas

A family owned and operated company, GT's Living Foods provides probiotic nourishment to help improve gut health and to reinvigorate the mind, body, and soul. For over 20 years, GT's has stayed true to the authentic brewing process of the sacred elixir that is kombucha. GT's kombucha is raw, organic, naturally effervescent, and handcrafted in small batches – always cultured, never compromised.



Gutsy Kombucha

Fermented Ginger Beers • Kombucha

SATAU

FRESH

Our team here at Satau is proud to offer you the Gutsy Kombucha brand, which was formerly distributed by the Coop Alentour. In the health food industry since 1981, we do our best to only list products of the highest quality which, above all, are made in an eco-friendly way. We are therefore very proud to be the new trusted business partner of this great brand!



Happy Home

Lecithin • Sugar

SATAU
GROCERY

Our team here at Satau is proud to offer you the Happy Home brand. As a distributor of quality organic and natural foods, we do our best to only list products of the highest quality which, above all, are made in an eco-friendly way. Each brand is carefully selected, so that you can fill your shelves with the best products there is.



Hardbite

Hardbite

Vegetable Chips • Potato Chips

SATAU

GROCERY

The quest for the perfect chip started over 14 years ago with just a single fryer and an insatiable desire to make the very best chip out there. We're pretty picky about what goes into our chips and that's why we make our chips with ingredients that are free from GMOs, trans fat, gluten and cholesterol. To this day, we carefully cook our chips in small batches which gives Hardbite an unbeatable crunch.





HARISSA
LE PHARE DU CAP BON®

Harissa

SATAU
GROCERY

Hot Sauces

Our team here at Satau is proud to offer you the Harissa brand. As a distributor of quality organic and natural foods, we do our best to only list products of the highest quality which, above all, are made in an eco-friendly way. Each brand is carefully selected, so that you can fill your shelves with the best products there is.



Hippie Snacks

Gluten-Free & Non-GMO Snacks & Crackers

SATAU GROCERY

At Hippie Snacks, we are all about producing better-for-you snacks using non-GMO ingredients, all sourced from sustainable farmers and processors so you can feel good about what you eat! As a Certified B Corporation, we are constantly looking for new ways to leave the planet better than we found it, because our commitment is not just making great food, but also to doing it in an ethical and environmentally responsible way.



Hornby

Energy Bars

Our team here at Satau is proud to offer you the Hornby brand, which was formerly distributed by the Coop Alentour. In the health food industry since 1981, we do our best to only list products of the highest quality which, above all, are made in an eco-friendly way. We are therefore very proud to be the new trusted business partner of this great brand!

SATAU
GROCERY





















HP Juniper

Non-Alcoholic Coktails & Spirits

SATAU
GROCERY

Our team here at Satau is proud to offer you the HP Juniper brand, which was formerly distributed by the Coop Alentour. In the health food industry since 1981, we do our best to only list products of the highest quality which, above all, are made in an eco-friendly way. We are therefore very proud to be the new trusted business partner of this great brand!



Humble Potato Chips

SATAU

GROCERY

Potato Chips

At Humble Potato Chips, we have a daring mission: helping snack eaters give back and pay it forward, one delightful chip at a time. Our locally farmed, organic potatoes are cooked traditionally, but unlike any other chips, they are packaged into 100% compostable bags, so that when you are finished snacking, you can toss our bag into your green bin and give back to the earth.



Imagine

SATAU

GROCERY

Broths

Imagine soups and broths are all organic, low-fat, and do not contain any preservatives or artificial ingredients. All Imagine creamy soups are made with non-dairy ingredients, like soy or rice, to deliver a smooth creamy taste without the fat of dairy cream. They are also flash cooked and aseptically packed for a fresh, homemade taste.



IMPRESS

imPRESS

SATAU

FRESH

Cold-Pressed Juices & Beverages • Baby Purees • Soups

At imPRESS, our story is home-grown. It's a Canadian story of dedication, vision and, above all, a family working together. It all began with the idea of making healthy juices, soups and beverages that also taste good. The Leclerc-Bédard family is proud to offer a new kind of raw organic products. They're cold-pressed, healthy and also pretty darn good.





Inka

SATAU

GROCERY

Coffee Substitute

When a group of Polish scientists developed a recipe for an instant cereal-based coffee replacement in 1971, nobody imagined that it would become so popular. Inka, a delicate coffee substitute made with 100% natural ingredients, has won the hearts of generations of people around the world since then while the ingredients and the manufacturing process has remained exactly the same for nearly 45 years.



Jyoti

SATAU

GROCERY

Beans • Canned Beans • Indian Meals

JYOTI Natural Foods was founded in the USA in 1979 as a pioneering venture to produce high quality, nutritious Indian foods to all who were familiar with Indian cuisine. Today, we make a large variety of Indian foods packaged in shelf-stable cans and pouches. In an effort to preserve the environment, we also make sure not to waste water or energy during our manufacturing process and use cans that are made with more than 60% recycled steel.



Kabrita

SATAU

GROCERY

Toddler Nutrition

With over 75 years of formula experience, Kabrita is proud to bring you a goat milk infant formula that is easy to digest, mild in taste, and rich in essential nutrients. Our goats are grass-fed and cared for by family-run farms without the use of antibiotics or growth hormones. What's more, our operations are powered by 94% renewable energy.





KEFIRKULT

Kefirkult

SATAU

FRESH

Plant-Based Yogurt

KEFIRKULT, based in Toronto, specializes in crafting premium Water-Kefir and Coconut-Kefir Yogurt using high-quality manufacturing practices inspired by pharmaceutical standards. Our unwavering commitment to quality is at the core of everything we do, guiding our mission from inception to completion.

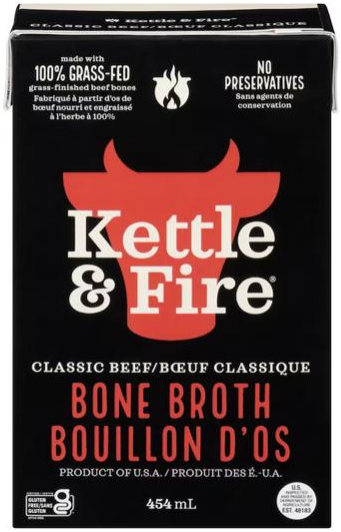


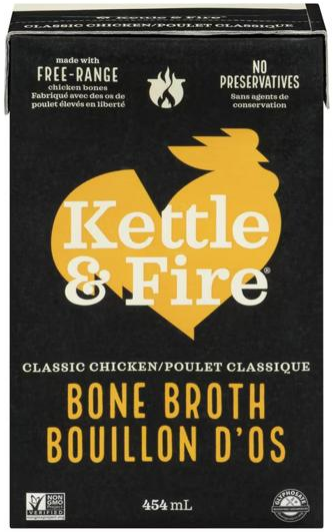
Kettle & Fire

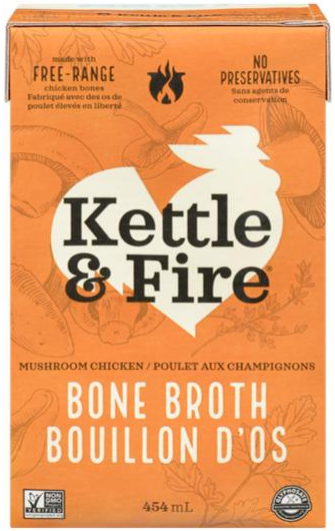
SATAU GROCERY

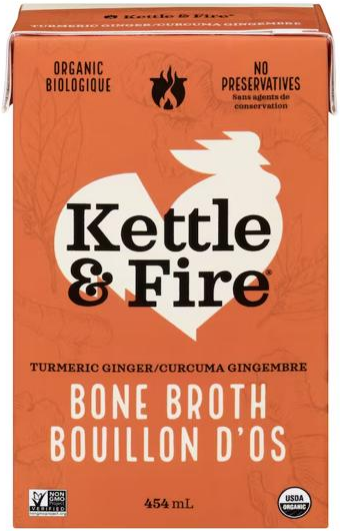
Bone Broths

Kettle & Fire's mission is to deliver the amazing benefits of bone broth to the world, sourcing only the highest quality, nourishing ingredients and treating them with care. We use 100% grass-fed beef bones and organic free-range chicken bones to provide you with delicious slow-simmered broths full of crucial vitamins, minerals, proteins and amino acids, and free from hormones or antibiotics.









Kettle Chips

SATAU GROCERY

Potato Chips

Kettle Foods made their first chips in 1982 and since then, we have only been using the freshest, all-natural ingredients to create intensely flavoured potato chips you can feel good about eating. We are also chipping in for the environment through a variety of sustainable business practices like fuelling our company vehicles with biodiesel made with waste vegetable oil as well as using solar and wind power to reduce CO_2 emissions.



Kiju

Fruit Juices • Lemonade

SATAU GROCERY

In 2005, a few regular guys quit their day jobs to pursue their passion for making healthier beverage options available to consumers everywhere. Nothing has changed since that first day – simply stated, it's always been about simplicity. We use only pure organic ingredients, create great tasting products and keep the price fair so more people can enjoy the benefits.



Kim

Rice Noodles

Our team here at Satau is proud to offer you the Kim brand. As a distributor of quality organic and natural foods, we do our best to only list products of the highest quality which, above all, are made in an eco-friendly way. Each brand is carefully selected, so that you can fill your shelves with the best products there is.

SATAU
GROCERY







King Island

SATAU

GROCERY

Coconut Chips • Coconut Water • Coconut Syrup

King Island started over 50 years ago in humble beginnings when a husband and wife began trading Thai coconuts along the Chao Phraya River in Bangkok. Today, we are one of the only brands that pours water straight out of the coconut and into the tetra pack. And since our coconut water is always sourced from one single origin, Thailand, the result is consistent taste you will love and consistent quality you can trust.











Knudsen & Sons

SATAU

GROCERY

Citrus Juice • Fruit & Vegetable Juices • Sodas

In 1961, when Russel W. Knudsen began bottling fruit juices from his organic grape vineyard, he did so on one condition: his fresh pressed and blended juices would never have artificial flavors or preservatives. Little did the R.W. Knudsen Family know, he was starting a tradition of innovation. Today, our diverse offerings include natural, organic fruit and vegetable juices, non-alcoholic, sparkling beverages, and quality-crafted carbonated beverages.



DÉLICES Koukla DELIGHTS

Koukla

SATAU GROCERY

Sweet Snacks

Koukla delights are made with love, using only the best ingredients. They are packed with organic nutrients rich in antioxidants and sweetened only with organic maple syrup. Our products are never heated above 46 °C (115 °F) so all essential vitamins and enzymes are preserved, making them a raw, healthy and delicious snack.





















Krisda

Carob & Cocoa • Sweeteners

SATAU

GROCERY

Krisda was created in 2004 by a small group of friends who felt strongly that it was time to make a real difference in the food industry. Simply put, it was time to give the world great tasting, all-natural sugar-free ingredients that can be used to make food taste sweeter and better naturally. Krisda products are non-GMO, minimally processed and contain natural ingredients like stevia, monk fruit, erythritol and xylitol.











Le Paludier

SATAU

GROCERY

Fleur de sel • Sea Salt

For generations, the salt marsh workers of Guérande have been harvesting salt using time-honoured techniques. Hand-harvested from the clay-bottom pans of salt marshes, this sea salt is naturally grey and rich in minerals such as potassium and magnesium. Available as coarse salt, fleur de sel and ground salt, this high-quality sea salt from Guérande will perfectly enhance the taste of all your dishes.



Le Pré Rieur

SATAU

GROCERY

Flour • Oleic Sunflower Oil • Whole Yellow Peas

Local know-how is celebrated at Le Pré Rieur family farm, which processes and markets organic and eco-friendly products. Discover their first cold-pressed high-oleic sunflower oil, which is highly concentrated in omega-9 and ideal for cooking, or their excellent yellow peas, a tasty legume that is nicknamed the “Quebec chickpea” and available in the form of whole peas or stone-ground flour.



Let's Do...Organic

Coconut • Flours

Home bakers have discovered the goodness and versatility of Let's Do...Organic products to enhance so many favorite foods. From coconut flakes to our new green banana flour, all our items contain no added sugar or preservatives. In addition to being organic, gluten-free and kosher, our products are also suitable for vegans.

SATAU

GROCERY













Lightlife

Simulated Meat Products • Tempeh

SATAU FRESH

For more than 35 years, Lightlife has been on a mission to provide quality vegetarian and vegan foods prepared in the most healthy and sustainable manner. We strive to make it deliciously easy for people to eat veggie! Giving back to the community has always been a priority. This is why, since 1979, we have contributed 5% of our profits to organizations that support the earth on which we live and healthy lifestyles for people like you.





















Live Organic Food

Snacks • Dips • Tortillas

SATAU FRESH

At Live Organic Food, we create organic, plant-based products for the health conscious and health curious. This is why, each ingredient is of the highest quality, non-GMO and locally sourced when available. We never use preservatives, refined sugars or animal products, but you don't need to be vegan or raw to enjoy or products – you just need a spirit for adventure and a love of food.







Lotus Foods

Rice Noodles • Instant Soups

Over the past 25 years, Lotus Foods has built strong partnerships around the world to bring you the highest quality heirloom, organic rice noodles and rice snacks. All while promoting organic agriculture, rice biodiversity and supporting producers. Thanks to innovative, sustainable practices Lotus Foods has had a significant positive impact enabling the company to help improve their farmers' income and protect the environment.

SATAU

GROCERY



Love Child Organics

SATAU GROCERY

Baby Food Products

In a world of confusing ingredient labels, Love Child Organics was created on the promise of delivering truly healthy baby food products. That means you will never find unnecessary ingredients like refined sugars or additives in any of our products, but only organic foods that are packed with nutrients. And because we take to heart our responsibility to give back, one cent from every product sold goes directly to First Book Canada.



Lundberg Family Farms

Crackers • Chips • Sweetener • Rice Cakes • Quinoa • Rice

SATAU GROCERY

Since 1937, the Lundberg family has been growing healthy, great tasting rice while respecting and sustaining the earth. Today, the third and fourth generations carry on the family heritage by using eco-positive farming methods that produce wholesome, healthful rice, rice cakes, rice chips, quinoa and risottos while improving and protecting the environment for generations to come.



Madame Labriski

Dates • Baking Mixes • Cookie Doughs

A Canadian company that wages war on refined sugar, Madame Labriski offers you delicious products that are proudly sweetened with dates, a dried fruit with a neutral taste that is incredibly nutritious. Very high in dietary fibre, dates are also rich in antioxidants and packed with vitamins and minerals that are beneficial for maintaining good health. At Madame Labriski, we believe eating better is key to feeling and living better!

SATAU GROCERY FRESH





Made Good

SATAU

GROCERY

Breakfast Cereal • Bars • Cookies • Granola • Sweet Snacks

At MadeGood, we strive to create products that provide exceptional nutrition and great taste to our customers and their families while respecting the environment. In addition to being gluten-free, vegan, kosher and made with whole grains, our granola products are organic and contain the nutrients found in one serving of vegetables. Free of the 8 common allergens they can safely be placed in your.



Mae Jin

SATAU

GROCERY

Thai Curry Pastes

Our team here at Satau is proud to offer you the Mae Jin brand. As a distributor of quality organic and natural foods, we do our best to only list products of the highest quality which, above all, are made in an eco-friendly way. Each brand is carefully selected, so that you can fill your shelves with the best products there is.



MAHIFA

Mahifa

Fresh Dates of Bam

SATAU

GROCERY

Our team here at Satau is proud to offer you the Mahifa brand, which was formerly distributed by the Coop Alentour. In the health food industry since 1981, we do our best to only list products of the highest quality which, above all, are made in an eco-friendly way. We are therefore very proud to be the new trusted business partner of this great brand!





Manitoba Harvest

SATAU

GROCERY

Hemp Products

At Manitoba Harvest, our passion for hemp foods is rooted in our co-founder Mike Fata's personal transformation. Weighing over 300 pounds, he was able get back in shape by overhauling his diet, focusing on protein, good fats, and fibre – all nutrients found in hemp foods! Today, we are proud to be the world's largest manufacturer to grow, make, and sell our own line of hemp food products.



Mary's Org. Crackers

SATAU

GROCERY

Crackers

Mary's Organic Crackers is proud to offer authentic, real food with joy, generosity and love. Our passion for real, gluten free, organic and vegan makes it easy to eat healthy and guilt free. Our delicious crackers and cookies are made using the highest quality, organically grown ingredients.



mate libre

Mate Libre

SATAU GROCERY

Iced Teas

Mate Libre is the go-to refreshment for a new generation looking for healthier and environmentally conscious beverages. Brewed with fair trade yerba mate leaves, Mate Libre is not too sweet nor too caffeinated, so you can enjoy a steady buzz throughout the day. Always organic and fair trade. Discover the best-tasting, all-natural beverage on the market.



MID-DAY SQUARES™

Mid-Day Squares

SATAU FRESH

Sweet Snacks

Perfectly designed to stop your hunger or cravings in between meals, Mid-Day Squares will help you get through the day feeling full and energized. Made with whole superfoods, each square is packed with clean plant protein and raw chocolate. So, go on and indulge yourself without compromising your healthy lifestyle thanks to these delicious guilt-free squares.





Miel & Co.

Apitherapy • Unpasteurized Honey • Lemonade

SATAU GROCERY FRESH

At Miel&Co., we are committed to developing gourmet and wellness products from our hives. We do this by practicing synergistic beekeeping, a vision based on the harmony between bees, plants, and well-being. All our products are made locally with the utmost care, including our delicious unpasteurized honeys, our protein-rich dehydrated pollen, and our comforting non-alcoholic hot toddy.



Mitsoh

SATAU GROCERY

Pasture-Raised Bison Strips • Grass-Fed Beef Sticks

Long before protein bars and ultra-processed snacks, pemmican was created by Indigenous communities to sustain people through travel, hunting, winter, and everyday life. Rooted in Indigenous tradition and made for modern life, Mitsoh brings real, nourishing food back into everyday snacking with pasture-raised meat, naturally smoked for bold flavour, and zero fillers. No shortcuts. No compromises. Just real food and clean, simple ingredients.



Morille Québec

Dried Wild Mushrooms

SATAU
GROCERY

Morille Québec is a Quebec-based company specializing in wild mushroom harvesting, using techniques that protect the mycelium and the habitat of forest products, thus ensuring their future growth. We always leave enough mushrooms in place to guarantee healthy reproduction and the survival of the species. From forest to plate, discover the joy of cooking wild products with Morille Québec!



Mrs. Crimble's

SATAU

GROCERY

Macaroons

At Mrs. Crimble's, our mission is to make delicious gluten-free products that taste every bit as good, if not better, than the best mainstream alternatives that are made with gluten. Launched in 1979 in London, the company has more recently become known for its range of sweet rice cakes and macaroons which are deliciously gluten free.





Naked & Saucy

Soy Sauce Substitute • Asian Sauces & Pastes

SATAU

GROCERY

At Naked Natural Foods, we are passionate about creating healthy foods made from ethically-sourced ingredients that are deliciously nutritious and soy free. Our gluten-free coconut aminos sauces let you experiment with a little flavourful fun with no fear of a negative reaction or impact on the environment. In short, we make food that is good for you and good for the planet too.



Nature Clean

SATAU GROCERY

Cleaning Products

In the early 1960's Mrs. Ross, the wife of our founder, suffered allergic reactions to harsh chemicals used in household products, leading her beloved husband to develop his own natural formulations. Since then, the Ross family has continued the tradition of creating healthier household alternatives. Nature Clean is about caring for your family's health and our products are proudly made in Canada.



Naturea

Biodegradable Sponges & Towels

Our team here at Satau is proud to offer you the Naturea brand. As a distributor of quality organic and natural foods, we do our best to only list products of the highest quality which, above all, are made in an eco-friendly way. Each brand is carefully selected, so that you can fill your shelves with the best products there is.





Nature's Bakery

Fig Bars • Brownies

Nature's Bakery is a snacks and food brand that supports health-conscious living and active lifestyles. We take that extra step to create foods that are Non-GMO Project Verified, Vegan and Kosher Certified because we care. Proudly, we offer a delicious family of stone-ground whole-wheat fig bars that you can enjoy and benefit from.

SATAU

GROCERY











Nature's Path

SATAU GROCERY

Bars • Cereals • Flax Seeds • Granola • Oatmeal

At Nature's Path, we live for healthy, great-tasting organic foods. It's why we get up in the morning. But we are also a company that wants to do more than just sell breakfast foods. Arran Stephens, our founder, was taught by his father to "Always leave the soil better than you found it" and this is wisdom that has guided us here ever since we made our first tasty flakes in 1985.



NATURONEY

Naturoney

SATAU

GROCERY

Honey

Founded by skilled beekeepers, the Naturoney brand was born of a great passion for honey and its production. With a desire to offer unique and high-quality products, Naturoney travelled across Canada and the world to find the best beekeepers and finest honey. Today, 25 years later, the company's product line reflects the fruit of its research and expertise.



naturSource

Nuts & Nut Mixes • Uncroutons & Salad Toppers

SATAU GROCERY

Founded in 1980, naturSource is a family-owned Canadian business on a mission to provide great tasting snacks that are healthy and nutritious. Using simple, clean ingredients produced by high quality growers, we create premium nut mixes, snacks and salad toppers. Because we believe that the best tastes come in the simplest packages, our recipes are never complicated whether they are light and refreshing or rich and decadent.



NONA Vegan

SATAU

FRESH

Plant-Based Sauces

NONA Vegan is a kitchen collision between a kooky Italian mama and a modern vegan diet. Our rich and creamy sauces are nourishing, delicious, and totally plant-based! Made in Canada from simple, dairy-free ingredients, our sauces are very versatile and taste great not only over pasta and vegetables, but also inside burgers and sandwiches.



Numi

SATAU GROCERY

Tea & Herbal Tea

Numi inspires well-being of mind, body and spirit through the simple art of tea. Our company is rooted in the principle of creating a healthful product that nurtures people and honors the planet. Since we use real ingredients and high quality teas and herbs, there is no need to apply “natural” flavorings or fragrances to create flavor. This means you can pronounce the ingredients and know exactly what you’re sipping.



Nuts for Cheese

SATAU

FRESH

Cashew Cheese • Plant-Based Dips & Spreads

Nuts for Cheese was born of a passion for vegan cooking and founded by young Canadian entrepreneur Margaret Coons. Our cheeses are individually hand-crafted, made from fermented cashews to replicate an authentic cheese process to provide cheese lovers with a healthier, vegan alternative. Whether you shred, spread or melt them, Nuts for Cheese products are very versatile and can be used in many delicious recipes, just like real cheese!





Nuts to You

SATAU

GROCERY

Nut & Seed Butters

Started in 1989, Nuts to You is the original Canadian full-range nut butter manufacturer, making both organic and conventional nut and seed butters. The nuts and seeds used in our butters are dry roasted or raw, and do not contain added salt, sugar or saturated oils. Nuts to You nut butters are kosher, Non-GMO and dairy, soy, wheat and gluten free.



O-Live & Co

Premium Extra Virgin Olive Oil

SATAU GROCERY

At O-Live & Co, we make sure that we provide you with the purest and freshest oil there is. Thanks to our unique facilities – where the mill sits in the very heart of the grove – our olives are harvested, extracted, and packaged, all within a matter of a few hours, ensuring the final product preserves all the vital nutrients. What's more, O-Live & Co is the first olive oil company in history to be 100% carbon neutral. A difference you can taste!



Océan de saveurs

Seaweed • Seasonings (Jar)

SATAU GROCERY

Our team here at Satau is proud to offer you the Océan de saveurs brand, which was formerly distributed by the Coop Alentour. In the health food industry since 1981, we do our best to only list products of the highest quality which, above all, are made in an eco-friendly way. We are therefore very proud to be the new trusted business partner of this great brand!



Olé Cocktail Co.

SATAU

GROCERY

Non-Alcoholic Cocktails

A young Canadian company, Olé Cocktail Co offers perfectly balanced, premium ready-to-drink craft mocktails made from real ingredients, including authentic organic agave nectar sourced from Mexico. Carefully crafted in Canada, these delicious, thirst-quenching non-alcoholic drinks are gluten-free, vegan, and free from artificial flavours or colours.



Onibi

Canned Natural Spring Water

SATAU
GROCERY

The natural and carbonated spring water in 100% recyclable cans from Onibi, a proud Quebec company, is extracted from an esker in Northern Quebec and transported in electric vehicles to leave the smallest possible environmental footprint. With an alkaline pH of ± 8.2 and naturally occurring minerals and electrolytes, Onibi offers optimal hydration and is completely free of nanoplastics.



Pacific

Broths • Soups

SATAU

GROCERY

When we opened our doors 28 years ago, Pacific set out to make healthier, better tasting foods without losing sight of the people we are making them for, or this planet we all call home. We have made it our mission to treat animals kindly and people respectfully. And we have seen that no one around us goes hungry. All the while lessening the footprint we leave behind.



Panda

SATAU

GROCERY

Licorice

The famous, wonderfully soft Panda licorice is prepared by a conventional cooking method, in which the raw materials are boiled onto dough and then compressed into their form in accordance with the licorice master Väinö Hilden's legacy recipe. We made our licorice sweets in 1927, in Finland, and today have reached the market leader position in licorice products.







Patience Fruit d'Or

Dried Fruits • Fruit Juices

SATAU

GROCERY

Patience Fruit & Co is a family business that offers juices and snacks made from organic berries grown in Quebec with the utmost care. Our berries are gently dried using a unique drying process to retain as much of their flavour and nutrition as possible. Always trying to find new ways to use cranberries, our mission is to offer delicious, innovative products that are part of a healthy diet.



PEACASA

Peacasa

SATAU

GROCERY

Chickpea Chips

Inspired by the delicious, wood-fired chickpea crepes known as “Socca” in the South of France, Peacasa chips are crafted the Mediterranean way with simple, high-quality ingredients. Proudly made in Canada from protein-packed chickpeas and high-oleic sunflower oil which is rich in healthy fats, our light and crispy chips contain 8g of protein and 3g of fibre per serving to satisfy your cravings and keep you feeling full.



Perfect Earth

SATAU

GROCERY

Instant Soups

From the lush fields of Northern Thailand to your kitchen, Perfect Earth brings you delicious instant ramen made with organic rice and air-dried vegetables that celebrate the unique and vibrant Thai flavours. Dedicated to sustaining rural farming communities with practices that help preserve the planet while providing delicious healthy food to consumers, Perfect Earth is on a mission to offset the adverse effects corporate farming has on the world.









Que Pasa

Corn Chips • Salsa

When it comes to quality, no kernel is left unturned. From our carefully sourced whole-grain corn to our skillfully smoked jalapenos, at Que Pasa only the best ingredients make the cut. Keeping it real as nature intended, our foods are organic and non-GMO . And just to make sure no one's left out of the fiesta, we've got plenty of gluten free and vegan options to choose from.

SATAU

GROCERY



Québaie

Wild Blueberry Puree

Québaie is proud to offer you Wild Blueberry Puree made with wild blueberries from the Saguenay-Lac-Saint-Jean region. During the entire fruit is used without being filtered, which preserves its high content of antioxidants, fibres, vitamins and polyphenols. Packaged in a flexible, resealable pouch, Québaie puree is a convenient and ecofriendly way to consume local blueberries all year long!

SATAU

GROCERY



Raincoast Trading

SATAU GROCERY

Sustainably-Caught Fish

Our team here at Satau is proud to offer you the Raincoast Trading brand, which was formerly distributed by the Coop Alentour. In the health food industry since 1981, we do our best to only list products of the highest quality which, above all, are made in an eco-friendly way. We are therefore very proud to be the new trusted business partner of this great brand!









Rakki

SATAU

GROCERY

Japonica Rice

Koshihikari is the most premium Japonica rice variety. It was brought into the Mekong delta by Japan in the late 90's. The rice is known for its soft and silky-smooth texture after cooking. It is the best companion to all Northern Chinese, Japanese, Korean, Taiwanese cuisines and ideal for sushi.





Rebon

SATAU

GROCERY

Crackers & Tortilla Chips made from Upcycled Grains

At ReBon, our mission is to upcycle food co-products to create tasty, healthy, natural, and eco-friendly products. By upcycling the malted grain used in the brewing process of beer and the corn that is used to make spirits, we create tortilla chips and crackers that are not only delicious, but that also help reduce food waste.



Remedy Drinks

SATAU GROCERY

Carbonated Beverages • Shelf-Stable Kombucha

At Remedy Drinks, we are proud to offer you delicious beverages that contain no sugar, naturally. Our shelf-stable kombucha is made the old school way, in small batches. During our 30-day long aged brewing process, all of the raw organic sugar used to feed the all-important live cultures is converted into healthy organic acids, leaving no sugar (and we test each batch to make sure of it).



RICEWORKS
gourmet rice snacks
collations de riz gourmandes

Riceworks

SATAU
GROCERY

Crackers

Our team here at Satau is proud to offer you the Riceworks brand, which was formerly distributed by the Coop Alentour. In the health food industry since 1981, we do our best to only list products of the highest quality which, above all, are made in an eco-friendly way. We are therefore very proud to be the new trusted business partner of this great brand!



Rizopia

Quinoa Pasta • Rice Pasta

SATAU

GROCERY

Before Rizopia, tasty gluten-free pasta was simply a myth. Now, al dente rice pasta is a reality. This journey continues; from oven-ready lasagna to the highest quality quinoa rice pasta. We bring you delicious pasta for your whole family regardless of your dietary needs. We also in real food and good practices and this is why our current operation is one of the most environmentally friendly processes in the industry.



ROAR Organic

SATAU

GROCERY

Electrolyte Beverages

ROAR Organic feature a new scientifically formulated blend of organic coconut water, reverse-osmosis filtered water and B vitamins along with a unique, low-calorie sweetener blend which is comprised of evaporated pure cane sugar, erythritol and stevia. With delicious, exotic flavours and only 2 g of sugar and 25 calories per bottle, ROAR Organic provides the latest in all-natural, healthy hydration and refreshment.



Rockwell's Whole Foods

Organic Coconut Oil

Our team here at Satau is proud to offer you the Rockwell's Whole Foods brand, which was formerly distributed by the Coop Alentour. In the health food industry since 1981, we do our best to only list products of the highest quality which, above all, are made in an eco-friendly way. We are therefore very proud to be the new trusted business partner of this great brand!

SATAU
GROCERY



RxBar

Protein Bars

Made with a few simple ingredients and recommended by registered dieticians, RXBARs are perfect for breakfast on the go, as protein-packed snack bars, or as a pre/post-workout fuel. Each delicious bar is packed with 12 g of protein and 5 g of fibre in just under 220 calories. RXBARs are also paleo-friendly and free of gluten, soy and dairy. Just real food that tastes good and is good for you.





Safe Catch

SATAU

GROCERY

Canned Fish

At Safe Catch, we only can fish that come from sustainable tuna stocks and meet our strict purity standards which are 3 to 10 times stricter than the FDA mercury action limit. Because we hand pack pure, raw tuna steaks and slow cook them to perfection, all of the vital Omega 3s and flavor are retained in Safe Catch tuna. No need for draining after opening. Open the can into a bowl, chop up the steak with a fork, let it reabsorb its natural oils and voilà!













San-J

Asian Sauces & Pastes • Soy Sauces & Tamaris • Salad Dressings

San-J is dedicated to the manufacture of premium Tamari soy sauce and quality Asian-inspired products. The San-J brewing process is unique, and only our fermentation and aging process can create the rich and smooth taste of San-J Tamari. We've embraced the power of nature for over 200 years and we continue to do so, never taking shortcuts.

SATAU
GROCERY



SAPSUCKER®

Sapsucker

SATAU

GROCERY

Maple Water

Sapsucker is a plant-based sparkling tree water. It’s organic, lightly carbonated, naturally hydrating and alkaline, locally harvested, and sustainably tapped from Canadian trees. With only 3 ingredients, the water is packed with 46 naturally occurring minerals, antioxidants, and vitamins. Sapsucker offers a clear and refreshing taste with a natural hint of sweetness. Drink easy, drink Sapsucker.



KETTLE-BREWED Say When BRASSÉ EN CUVE

Say When

SATAU GROCERY

Chai Tea Concentrates

At Say When, we believe great things can begin with a heartwarming cup of chai, so we work hard to brew one you can feel good about drinking. Each blend is handcrafted in small batches with whole spices, organic teas, natural sweeteners, and purified mountain water. Plus, our higher concentrated products mean less packaging, less post-consumer waste and fewer trucks on the road as we do our best to lessen our impact on the environment.



Schär

SATAU GROCERY

Gluten-Free Products

At Schär, we believe in the power of food to bring people together, not set them apart. This is why we have been working to improve the lives of people with celiac disease or gluten intolerance since 1981, that is long before it became a trend. Our team of experts selects the best nutritious ingredients from farmers who grow their quality grains especially for us.



Seed Me

SATAU GROCERY

Energy Squares • Protein Powder

A Canadian, women-owned brand, Seed Me began as a personal mission to find snacking options that had clean ingredients and were lunchbox-friendly as most "healthy" snacks either contained nuts or were packed with unpronounceable ingredients. Today, Seed Me offers Canadian consumers and families seed-based energy snacks that are organic, plant-based, and vegan in addition to being completely nut, gluten, and dairy free.



sesame ® snaps

Sesame Snaps

SATAU GROCERY

Sesame Snacks

The perfect pick-me-up, delicious Sesame Snaps have been part of childhoods since the 70s. Extra thin and crunchy, Sesame Snaps are an easy and convenient way to add the power of sesame seeds to your daily intake. A long forgotten super seed loaded with wholesome nutritional value, sesame seeds offer a great source of Omega-6, fibre, calcium and protein.





Signé Caméline

Camelina Oil • Camelina Seeds • Honey

SATAU
GROCERY

Signé Caméline offers products made from camelina, an impressive northern plant with exceptional nutritional properties and that is sustainably grown in Quebec and increasingly popular with consumers. Discover camelina in the form of an oil rich in antioxidants and essential fatty acids or in the form of seeds, a superfood that will enhance the flavour, texture and colour of your plate.



Simply Delish

Jel Desserts • Puddings

SATAU

GROCERY

At Simply Delish, our mission is to create delicious, healthy, desserts that can be enjoyed every day, everywhere by everyone. Our vegan, non-GMO, sugar-free jel desserts and instant puddings caters to a wide variety of individuals, from consumers on the Keto diet, fitness enthusiasts and diabetics. With no refrigeration necessary for setting, every box is easy to make and even more fun to share.



Simply Organic

Flavours & Extracts • Spices • Seasonings Mixes

SATAU GROCERY

At Simply Organic, we are driven by the goodness of organics. From the field to your kitchen, we are committed to ensuring that our organic spices and seasonings are grown and processed in an ethical and sustainable manner. With Simply Organic you can feel good about the food on your table and its effect on the world we live in.









SimplyProtein

Protein Bars, Snacks & Beverages

SATAU GROCERY

Wellness Foods is a small Canadian, female owned and managed company that was started in 2002 by Cathy Richards. Cathy created the SimplyProtein because she couldn't find a filling and nutritious snack that didn't upset her stomach. We grew from one bar to offering today a whole range of great tasting, low-sugar snacks that help you stay fuller longer.



Smartbite

SATAU

GROCERY

Crispbreads • Rice Cakes

Try a different kind of rice cake and crispbread! Smartbite's products are premium quality, organic and natural. They are made from whole-grain cereals with a light touch of sea salt and manufactured by a special process to produce a thin, crisp, delicious, wholesome snacks naturally low in calories. Enjoy these cereal cakes on their own or topped with some kind of cheese or your favourite spread as a great, light lunch or anytime snack!





SmartSweets

SATAU

GROCERY

Candies

A Canadian company, SmartSweets is tackling one of the largest and most concerning problems hidden in our everyday foods: sugar. So, we choose natural, high-quality ingredients with functional benefits that both your body and taste buds love. Made with stevia and plant-based soluble fibre, our candies are low in sugar (only 2 g per serving) and incredibly high in fibre (an amazing 24 g per serving, the equivalent of 6 servings of vegetables).



Sole di Sangiorgio

SATAU

GROCERY

Pasta Sauces • Tomato Products

Made in Italy using simple, organic ingredients, the high-quality pasta sauces and tomato products from Sole di Sangiorgio are the healthy, homemade essentials you need to prepare delicious meals in no time. Combining tradition and technology, the production methods preserve the nutritional and organoleptic features of the raw materials.



SOLENZI®
DELICIOUS FREE-FROM FOOD

SOLENZI

SATAU
GROCERY

Artisan Pasta • Pestos & Antipasti • Pasta Sauces

A women-owned Canadian company, SOLENZI is on a mission to develop authentic Italian food made in artisanal and traditional ways, using nutrient-dense ingredients that are free from GMOs, additives, and top allergens. Thanks to their award-winning artisan pasta, sauces, pestos, and antipasti, there is no faster way to enjoy delicious and nutritious homemade Italian meals!



Soykei

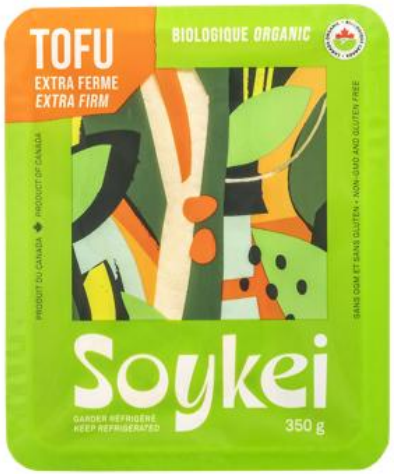
Soykei

Tofu

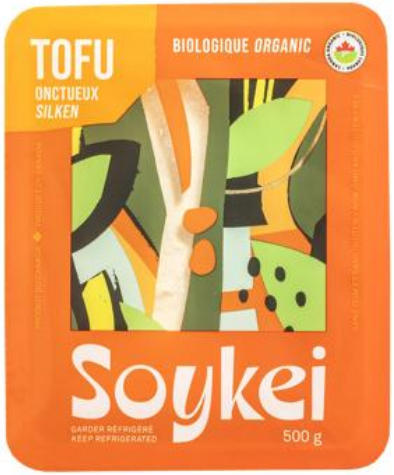
SATAU

FRESH

Discover the delicious tofu from Soykei, of unparalleled quality and made locally from the finest organic and conventional ingredients. True to the Japanese tradition, our tofu absorbs flavours more. What's more, our brand is committed to redefining food standards, by meeting the highest standards in terms of social and environmental impact, ethical governance, and transparency.







Spectrum Naturals

SATAU

GROCERY

Mayonnaise • Oil • Vinegar

Spectrum brand started over twenty years ago with the purpose of making healthy oils available to the Canadian public. That commitment and vision hasn't dimmed one bit. Whether artisan olive oils and trans-fat free spreads, or supplements like Flax Oil and other essential lipids, we're committed to bringing you the best there is.



Stash Tea

Sweetener • Tea & Herbal Tea

SATAU

GROCERY

At Stash Tea, we pride ourselves on continuing the 5000-year-old tea tradition by creating top quality and delicious specialty teas with natural ingredients. We are passionate about tea and strive to continually delight our customers, so that each cup we produce will be your best.





St-Dalfour

SATAU

GROCERY

Fruit Spreads

The use of concentrated juice to make jam is a ST. DALFOUR innovation inspired by an ancient preserving method. Sugar was rationed and very costly during the Second World War, leaving our president's grandmother no choice but to replace it by grape juice from the family vineyard. Today, the family tradition continues and ST. DALFOUR products can be found in over 70 countries around the world.



Stephano's

Breakfast Cereals • Cereals • Granola • Oatmeal • Muesli

SATAU

GROCERY

At Stephano's, our mission is clear and our methods are straightforward. All products are hand made with only the best ingredients to create extremely high quality products. Our granola is light, sensationally tasty and can be enjoyed any time. We have been baking for 35 years, and we intend to continue revolutionizing the world of breakfast cereal.



Stoked Oats

SATAU

GROCERY

Oats • Granola

At Stoked Oats, we do our best to power your passion - and our planet - in the healthiest way possible. It is why our gluten-free, non-GMO oats are all-natural, preservative free, and never sprayed with pesticides or chemicals like glyphosate. It is also why we work with Canadian family farms that use sustainable, rain-only farming practices to cultivate their crops. Because this Earth is worth protecting, along with all the crazy fun things we do on it.



Sublima

Freeze-Dried Fruits

A pioneering company in freeze-dried foods in Quebec, Sublima invites you to eat differently thanks to freeze-drying technology (first develop to feed astronauts) which considerably increases the shelf life of fruits and vegetables while naturally preserving 98% of their nutrients. What's more, Sublima helps eliminate food waste by reusing farm surpluses.

SATAU
GROCERY



Sunhed

SATAU
GROCERY

Himalayan Salt

Our team here at Satau is proud to offer you the Sunhed brand, which was formerly distributed by the Coop Alentour. In the health food industry since 1981, we do our best to only list products of the highest quality which, above all, are made in an eco-friendly way. We are therefore very proud to be the new trusted business partner of this great brand!



Suzie's

Organic Condiments

Suzie's condiments are essential for your family's table. Made from recipes passed down through several generations, these back-to-basic delights are organic, gluten-free, and sourced completely in North America. Handcrafted in Oregon, Suzie's are not just other co-packed products hiding behind a brand. What's more, our plant uses renewable energy, wind power, for manufacturing!

SATAU

GROCERY



Taste of Nature

SATAU

GROCERY

Snack Bars • Nut Bars • Granolas

Since 1994, Taste of Nature has provided a nutritious and tasty way to snack. Our bars are non-GMO project verified, organic, certified gluten free, and made only with real ingredients, like real nuts, organic fruit, and sweet agave syrup. That means when you choose a Taste of Nature snack bar, you are making a smart choice for your body and for your taste buds, too.



The Bridge

Plant-Based Cream

Founded in 1994, The Bridge is a small family business that produces organic cooking creams made with carefully chosen and certified ingredients as well as spring water coming directly from the mountains that surrounds their tiny little village in the north of Italy. All their products are vegan, lactose- and cholesterol-free, while most of them are gluten-free.

SATAU

GROCERY



The future is bamboo

Bamboo Toothbrushed & Accessories

Our team here at Satau is proud to offer you the The future is bamboo brand, which was formerly distributed by the Coop Alentour. In the health food industry since 1981, we do our best to only list products of the highest quality which, above all, are made in an eco-friendly way. We are therefore very proud to be the new trusted business partner of this great brand!

SATAU GROCERY



Tony's Chocolonely

SATAU

GROCERY

Fairtrade Chocolate Bars

Tony's Chocolonely exists to end exploitation in the cocoa industry. Following their 5 Sourcing Principles for fairer chocolate, Tony's works with cooperatives from Ghana and Côte d'Ivoire, where more than 60% of the world's cocoa is produced – and where some of the biggest challenges lie. Tony's supports farmers by paying higher cocoa prices, establishing non-binding long-term partnerships and helping them build more resilient, diversified farms.



Traditional Medicinals

Green Tea • Herbal Tea • Wellness Herbal Tea

SATAU
GROCERY

For nearly forty years, Traditional Medicinals has been passionate about connecting people with the power of plants. We do not just make formulas because they sound good. We are passionate about passing along the centuries-old wisdom of how to use plants for wellness. Every tea and herbal product that we make must have sufficient evidence of safety, quality and efficacy in support of our claim statements and formulation rationale.



VEGE ALL

Vege All

Plant-Based Beverages

SATAU

GROCERY

Vege All offers a wide range of delicious, plant-based beverages. Made with real ingredients, no added sugars and using a sustainable production process, these beverages will amaze you with their great taste and the creamy foam the Barista products allow you to achieve. What's more, their plastic-free packaging includes a cap made from cane sugar and FSC-certified cardboard made from responsible sources.



Vigean

SATAU

GROCERY

High-Quality Vegetable Oils

Vigean has produced three generations of French master oil makers since 1930, but more than ever the family business strives to give you complete satisfaction with its range of high-quality traditional oils. Dedicated to craftsmanship and terroir, Vigean uses only the most sophisticated selection and manufacturing processes to guarantee the quality and traceability of its oils.



Voelkel
PASSIONNÉMENT JUS

Voelkel

SATAU
GROCERY

Organic Vegetable Juices

Our team here at Satau is proud to offer you the Voelkel brand, which was formerly distributed by the Coop Alentour. In the health food industry since 1981, we do our best to only list products of the highest quality which, above all, are made in an eco-friendly way. We are therefore very proud to be the new trusted business partner of this great brand!



Wellesley

SATAU
GROCERY

Apple Butters

Our team here at Satau is proud to offer you the Wellesley brand, which was formerly distributed by the Coop Alentour. In the health food industry since 1981, we do our best to only list products of the highest quality which, above all, are made in an eco-friendly way. We are therefore very proud to be the new trusted business partner of this great brand!



Wholesome

Sweeteners & Sugar

At Wholesome, we are committed to organic farming and stay on the cutting edge of eco-friendly agriculture to ensure the smallest footprint possible. We are also dedicated to Fair Trade and partner with caring farming families across the globe. So when you choose Wholesome, rest assure that you have a delicious, high-quality product and that through your purchase you will help us to sweeten other people's lives around the world.

SATAU
GROCERY





Yamamotoyama

SATAU
GROCERY

Organic Teas

Established in 1690, Yamamotoyama is Japan's oldest tea company and remains family owned and operated to this day. The brand revolutionized green tea accessibility by inventing sencha and later gyokuro, the pinnacle of green tea. Today, Yamamotoyama's culture of innovation continues while preserving tradition by growing delicious organic green tea according to methods developed over 330 years in their own tea gardens.



Yogourmet

SATAU
GROCERY

Yogurt Cultures

Yogourmet offers you a complete solution for homemade yogurts and fermented milks, such as kefir, that will meet all your needs and healthy food choices. Our products are quick and easy to use, so you can discover step-by-step how to make your own yogurt and kefir with your choice of milk.

