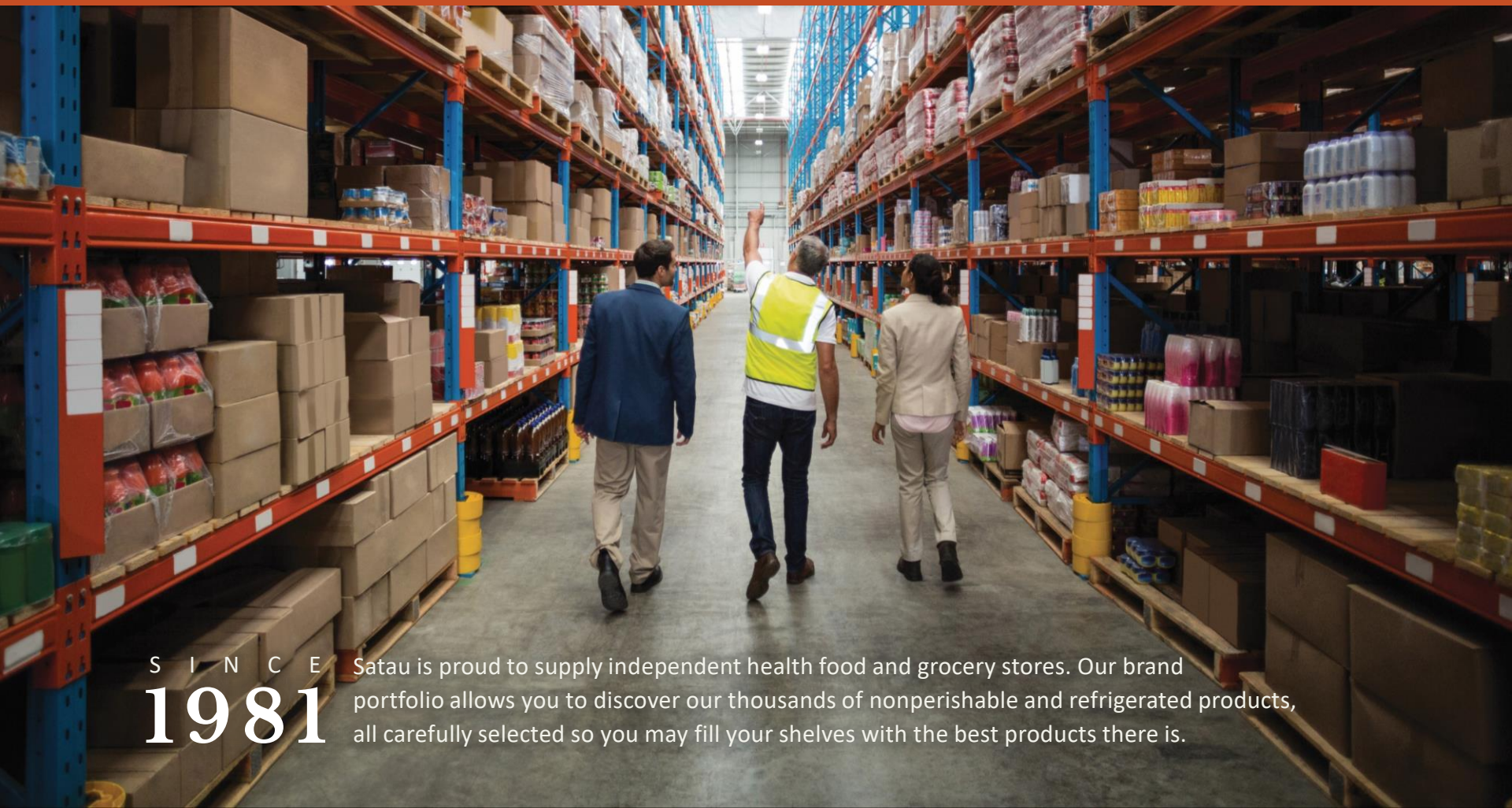


# SATAU

## BRAND PORTFOLIO

QUEBEC | OTTAWA | MARITIMES



S I N C E  
**1981**

Satau is proud to supply independent health food and grocery stores. Our brand portfolio allows you to discover our thousands of nonperishable and refrigerated products, all carefully selected so you may fill your shelves with the best products there is.

# SATAU

# Quality Organic & Natural Products



LES ALIMENTS  
MASSAWIPPI



**ALLERGY  
SMART**

**alter  
eco**



**aremas**

**ARIEL**

**ARTISAN  
TRADITION**



*Beekind's*

*Benjamissimo*



**BLACK  
RIVER**



**Bonterra**



**Caf-Lib**

**camino**  
FAIR TRADE • ORGANIC • ÉQUITABLE • BIOLOGIQUE

**camino**

*CapeHerb&Spice*

**CEDAR  
VALLEY**



**Chimes**

**CHOCXO**  
simply Better Chocolate

**Chosen**  
FOODS



**CROFTER'S  
ORGANIC**



*Cucina Antica*



**DANDIES**

**DÖSE**

**DUE VITTORIE**



**earth's choice**  
— organic • biologique —



**Eat  
up!**

**eco max**



**EMMA**



**FERME  
DELAPOINTE**



**flirt**

**FOUS  
DE L'ÎLE**



**FRONTIER  
CO-OP**  
MEMBER OWNED SINCE 1976



the **ginger** people



# SATAU

# Quality Organic & Natural Products



Les Glutineries  
Marché d'alimentation sans gluten



Hardbite

HARISSA



KEFIRKULT



KIM



LAIKI



MAHIFA



NATURONEY



# SATAU

# Quality Organic & Natural Products







# A+ Superfruit



SATAU

FRESH

## Cold-Pressed Juices • Fruity Maple Water

A+ Superfruit offers you all-natural beverages made only from fruits and organic maple water, using a unique and innovative process which keeps intact the fruits' natural properties. Therefore, each bottle contains only what matters: the fruit and its properties. No sugar, concentrate or preservatives is added, so you may discover the full potential of fruits!





# AgroFusion

Whole Grains & Seeds • Beans • Quinoa • Rice

Since 2003, AgroFusion makes a point of putting on the market products that are healthy, unprocessed and available to all in reaction to the growing processing of food in North America. A family business based in Montreal, AgroFusion stands out from the competition thanks to its rigorous quality standards as well as its ethical and responsible practices.



SATAU

GROCERY





LES ALIMENTS  
MASSAWIPPI



# Aliments Massawippi



SATAU

GROCERY FRESH

Miso • Enzyme Cultures • Damari Sauces

Our team here at Satau is proud to offer you the Aliments Massawippi brand, which was formerly distributed by the Coop Alentour. In the health food industry since 1981, we do our best to only list products of the highest quality which, above all, are made in an eco-friendly way. We are therefore very proud to be the new trusted business partner of this great brand!





# Allergy Smart

## Allergen-Free Cookies



SATAU

GROCERY

With recipes over 10 years in the making, Allergy Smart is excited to offer you an assortment of delicious snacks that everyone can enjoy! Baked in our dedicated, top 10 allergen-free facility and individually wrapped to prevent cross-contamination, our cookies are made only with natural, plant-based ingredients. Plus, as we refuse to compromise on quality, our products are also free from fillers, preservatives, artificial ingredients, and GMOs.







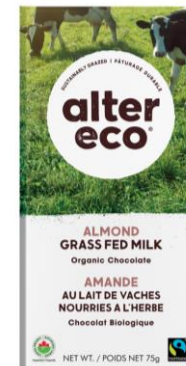
# Alter Eco



SATAU  
GROCERY

## Chocolate Bars • Sweet Snacks • Truffles

Alter Eco is based on the premise that food is fundamental to life – and whole, healthy, delicious food can make life better for people all over the world. By working directly with the small-scale farmers who grow our quinoa, rice, sugar and cacao, helping them institute Fair Trade and Organic practices and assisting them in improving both quality of food and quality of life, we're creating a system that benefits everyone involved.





# Amano



## SATAU

GROCERY

### Asian Sauces & Pastes • Soy Sauces & Tamaris

Since 1939, the Amano family name has stood for quality in naturally brewed, locally produced Japanese foods products. Drawing on three generations of Japanese brewing traditions, Amano Food's products are carefully barrel aged up to a year, resulting in a superior traditional finish.







# Anita's



## SATAU

GROCERY

### Breakfast Cereals • Flours • Oatmeal • Baking Mixes

A Canadian company based in British Columbia, Anita's work with local framers to obtain the cleanest, freshest organic whole grains possible. Milled in small batches, every day, using a slow and traditional process, the grains remain packed with nutrients, just as nature intended. This care and attention to detail is for a purpose. Not only does our grains, flours, and mixes taste better for it, but they perform better in your kitchen.





# Arema



## SATAU

GROCERY

**Citrus Juice • Ketchup • Maple Syrup • Savoury Snacks**

The Arema brand is proud to offer you simple and healthy foods, made with care by trusted partners, and offered at prices that are as competitive as possible. Expected to grow and diversify, the Arema product offering currently includes delicious sesame seed sticks, organic maple syrup from Quebec and all-natural and organic ketchup.



# ARIEL

## Ariel

## SATAU

GROCERY

### Non-alcoholic wine

Since the first commercial production in 1985, ARIEL has gained recognition from the world's leading wine critics and connoisseurs. Moreover, the company's heart-felt commitment to nurture and protect the environment is also reflected in each bottle of ARIEL non-alcoholic wine which is produced according to sustainable practices such as using solar power, implementing water conservation programs, composting and reducing chemical use.







# Artisan Tradition



## Products Packaged in Quebec

Our team here at Satau is proud to offer you the Artisan Tradition brand, which was formerly distributed by the Coop Alentour. In the health food industry since 1981, we do our best to only list products of the highest quality which, above all, are made in an eco-friendly way. We are therefore very proud to be the new trusted business partner of this great brand!





# Barbara's

## Cereals • Cheese Puffs

A pioneer in the natural foods movement, Barbara's was founded in 1971 by a 17-year-old girl who was passionate about creating great-tasting food from simple, wholesome ingredients. Since then, our product offerings have grown to include cereals, cookies and cheese puffs, but we continue to fulfil Barbara's commitment to provide optimal nutrition and taste by choosing delicious, honest, high-quality ingredients.



SATAU

GROCERY





## Bee Kind

### Beeswax Food Wraps

Bee Kind is a Canadian, female-owned small business founded in 2017 with the goal of protecting the oceans from plastic pollution. We aim to bring you incredibly beautiful and useful zero-waste products that don't break the bank! Each beeswax wrap design is hand-painted and handmade, and staying true to our ethos, we are proud to give back a portion of our profits to a variety of marine conservation initiatives.



SATAU

GROCERY







# Benjamissimo



## SATAU

GROCERY

### Chocolate Bars

At Benjamissimo, our mission is to create the most wholesome and delicious chocolate-superfood. Our artisan chocolates are made with the finest Fairtrade cocoa beans sourced from family farms in Nicaragua. Our chocolate bars are vegan, organic and contain various superfoods to add some healthy nutrients to your diet and to delight your taste buds with unique, exciting flavours.





# Big Mountain Foods



SATAU

FRESH

## Simulated Meat Products

Big Mountain Foods has been proudly family-owned since 1987. Our mission is to make food that we would proudly serve our own family. In other words, real food that tastes good. Food with no additives, no substitutes, and no names that you cannot pronounce. That is, unless your mouth is full which we guarantee it will be once you make a meal of our veggie patties, veggie links, bites and crumbles.







# Biosta

## Germination Supplies

Our team here at Satau is proud to offer you the Biosta brand, which was formerly distributed by the Coop Alentour. In the health food industry since 1981, we do our best to only list products of the highest quality which, above all, are made in an eco-friendly way. We are therefore very proud to be the new trusted business partner of this great brand!



# SATAU

GROCERY







# Black River

## SATAU

GROCERY

### Fruit Juices

Our team here at Satau is proud to offer you the Black River brand, which was formerly distributed by the Coop Alentour. In the health food industry since 1981, we do our best to only list products of the highest quality which, above all, are made in an eco-friendly way. We are therefore very proud to be the new trusted business partner of this great brand!





# Blue Diamond

SG KS S A T A U  
GROCERY

## Almond Beverages • Crackers

The people at Blue Diamond has spent 100 years getting to know almonds and we take great pride in bringing you the pick of the crop. The almonds that go into our beverages and crackers come straight from our cooperative of more than 3,000 diligent almond growers who share a dedication to maintaining the highest standards of responsible growing and production.





# Bombay Dine

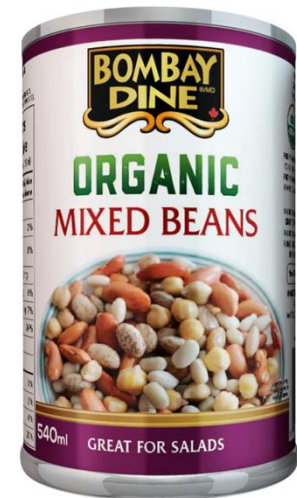
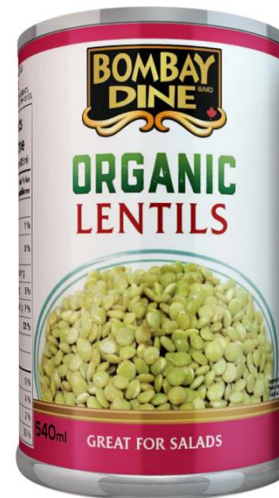


SATAU

GROCERY

## Canned Beans

Our team here at Satau is proud to offer you the Bombay Dine brand, which was formerly distributed by the Coop Alentour. In the health food industry since 1981, we do our best to only list products of the highest quality which, above all, are made in an eco-friendly way. We are therefore very proud to be the new trusted business partner of this great brand!





# Bonterra

## Bonterra



SATAU

GROCERY

### Household Paper Products

Bonterra household paper products are made from responsibly sourced paper and wrapped in recyclable, plastic-free packaging. What's more, Bonterra has partnered with two great organizations to remove thousands of pounds of plastic from the ocean and plant thousands of new trees each year. So, what seems like a trivial purchase can actually have a huge impact on the protection of the environment!





# Bragg

Apple Cider Vinegar • Seasonings • Soy Sauces

SG KS SATAU  
GROCERY

Our team here at Satau is proud to offer you the Bragg brand, which was formerly distributed by the Coop Alentour. In the health food industry since 1981, we do our best to only list products of the highest quality which, above all, are made in an eco-friendly way. We are therefore very proud to be the new trusted business partner of this great brand!





# Bull's Head



SATAU

GROCERY

## All-Natural Sodas

Our team here at Satau is proud to offer you the Bull's Head brand, which was formerly distributed by the Coop Alentour. In the health food industry since 1981, we do our best to only list products of the highest quality which, above all, are made in an eco-friendly way. We are therefore very proud to be the new trusted business partner of this great brand!





# Caf-Lib<sup>MD</sup>

## Caf-Lib

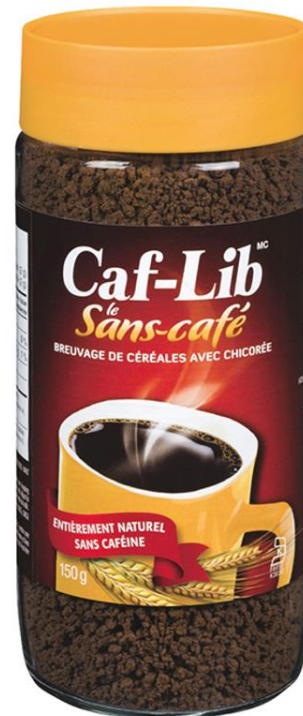
### Coffee Substitute

Throughout history, chicory has been celebrated for its digestive virtues. From the Ancient Greeks to the Egyptians, it was used to improve health and treat many illnesses. The secret is in the fiber in chicory: it has prebiotic characteristics which stimulate the good bacteria in your intestinal flora! Caf-Lib is proud to bring you a chicory-based coffee alternative that is both natural and healthy.



SATAU

GROCERY



## Whole Coffee • Ground Coffee • Hot Cocoa • Chocolate Bars

Established in 1999, La Siembra Co-operative, owner of the Camino brand, became the first registered importers of Fairtrade Certified cocoa and sugar in North America and today works directly with 18 producer co-ops, supporting more than 36,000 family farmers in 9 countries. Since their humble beginnings, the Camino line has grown to include a full line of various organic products such as chocolate bars, hot chocolate, and coffee.



Cocoa & Chocolate • Coconut • Sugar

Cuisine Camino is a family of great tasting, high quality fair-trade and organic baking ingredients for everything from home baking to gourmet delights. Their exceptional and natural flavours will transform all your recipes, both sweet and savoury, into taste sensations.





## Seasonings • Pepper • Salt

Founded in 1994, the Cape Herb & Spice Company is based in Cape Town, a cosmopolitan city situated at the South-Western tip of Africa. Regarded as a global leader in the herb and spice industry, the Cape Herb & Spice Company is a non-discriminatory employer with enlightened human resources policies, striving to deliver the best herb and spice product ranges in the world.



# CEDAR VALLEY

## Cedar Valley

SATAU

GROCERY FRESH

### Pita Chips • Sala Dressings

Created by a mother-son duo, Cedar Valley offers Canadian consumers family-focused foods that taste and feel better. Their deliciously rich and flaky pita chips are crafted in Canada from the finest fresh-baked pita. The use of coconut oil to give these chips a crispy yet buttery texture like nothing you have experienced before. This clean, irresistibly delicious snack can be enjoyed with your favourite dip, on top of a salad, or by the handful!







# Celestial Seasonings

SATAU  
GROCERY

## Tea & Herbal Tea • Wellness Herbal Tea

In 1969, a group of young entrepreneurs founded Celestial Seasonings upon the belief that their flavorful, all-natural herbal teas could help people live healthier lives. From handpicking fresh herbs from the Rocky Mountains to becoming one of the largest specialty tea manufacturers in North America, Celestial Seasonings continues to be committed to providing the highest quality, most environmentally responsible products possible.







# Cha's Organics



**Canned Fruits • Chai Tea • Coconut Milk • Spices • Pepper • Rice**

At Cha's Organics, we believe in better business practices that support organic agriculture and fair-trade principles, so our spices and coconuts are all grown on biodiverse, small-scale family-owned organic farms. In addition to being Fair Trade from day one, Cha's Organics is also committed to protecting elephants through a partnership with the award-winning Sri Lanka Wildlife Conservation Society (SLWCS), donating 1% of all coconut milk sales.



# Chimes™

## Chimes

### Candies



SATAU

GROCERY

Chimes is a family affair—from our grandparents in Indonesia who crafted the candy by hand, to the farmers and processors who have been with us for over 20 years. True to our roots, we still create our good-for-you candies with the same timeless recipe and the utmost care, combining natural ingredients for a reward with benefits you can taste and feel.





### Sweet Snacks

Great snacking starts with simple ingredients. No substitutions, no additives, no need to trick your tastebuds. At ChocXO, we use fine flavour cocoa beans that are naturally nutty, fruity, and less bitter than traditional beans. Less bitterness means less need for additional sugar which allows us to make great dark chocolate and offer you healthier, natural, organic products that are both simple and artisanal in nature.









# Clif

# SATAU

## GROCERY

Nut Bars • Energy Bars • Nutrition Bars • Kid Bars • Protein Bars

In the early '90s, energy bars were generally unappetizing, sticky and hard-to-digest. Thinking he could make a better bar, Gary Erickson, founder of CLIF Bar, managed to do just that after months of mixing and baking. Today, CLIF Bar brings you delicious, nutritious bars while following an innovative business model guided by Five Aspirations— Sustaining our Business, Brands, People, Community and the Planet.





# Coop Agrobio



SATAU

GROCERY

Flours • Oats • Sunflower Oil

Our team here at Satau is proud to offer you the Coop AgroBio brand, which was formerly distributed by the Coop Alentour. In the health food industry since 1981, we do our best to only list products of the highest quality which, above all, are made in an eco-friendly way. We are therefore very proud to be the new trusted business partner of this great brand!







# Crofter's

## Organic Fruit Spreads

Our team here at Satau is proud to offer you the Crofter's brand, which was formerly distributed by the Coop Alentour. In the health food industry since 1981, we do our best to only list products of the highest quality which, above all, are made in an eco-friendly way. We are therefore very proud to be the new trusted business partner of this great brand!



# SATAU

GROCERY





# Crosby

## Molasses

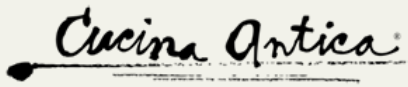
In 1879, Lorenzo George Crosby opened a grocery business in the port town of Yarmouth, Nova Scotia. An enterprising youth, L.G. quickly established himself in the import/export trade industry, transporting fish and lumber to the West Indies and returning with that “liquid gold” known as fancy molasses. Today, 137 years later, the Crosby Molasses Company continues to flourish as an independently-owned family business.



# SATAU

## GROCERY





# Cucina Antica



SATAU

GROCERY

## Pasta Sauces

Since 1998, Cucina Antica has been providing families with delicious pasta sauces made with imported Italian San Marzano tomatoes and only the freshest quality ingredients. We are also committed to giving back to those in need by donating a percentage of all our profits to deserving charities and organizations in an effort to end hunger and encourage education.







# Cuisine l'Angélique



SATAU

GROCERY

## Flours & Starches • Baking Mixes

Our team here at Satau is proud to offer you the Cuisine l'Angélique brand, which was formerly distributed by the Coop Alentour. In the health food industry since 1981, we do our best to only list products of the highest quality which, above all, are made in an eco-friendly way. We are therefore very proud to be the new trusted business partner of this great brand!





# Cuisine Soleil

Flours • Starches • Baking Mixes



SATAU

GROCERY

Cuisine Soleil is devoted to offer a wide range of quality gluten-free and allergen-free foods possessing the highest nutrition value. All our products are guaranteed gluten-free with less than 5 ppm, and our organic ingredients regularly undergo testing by an independent laboratory. Moreover, our products need few resources to grow, and are minimally processed.







# Cyrches

## Powder Broths & Sauces

Our team here at Satau is proud to offer you the Cyrches brand, which was formerly distributed by the Coop Alentour. In the health food industry since 1981, we do our best to only list products of the highest quality which, above all, are made in an eco-friendly way. We are therefore very proud to be the new trusted business partner of this great brand!

# SATAU

GROCERY





# DANDIES®

## Dandies

Vegan Marshmallows

SG OGM KS V Satau  
GROCERY

Our team here at Satau is proud to offer you the Dandies brand, which was formerly distributed by the Coop Alentour. In the health food industry since 1981, we do our best to only list products of the highest quality which, above all, are made in an eco-friendly way. We are therefore very proud to be the new trusted business partner of this great brand!





# Dose

## Cold-Pressed Juices

A young and flourishing Montreal-based company, Dose offers cold-pressed and completely organic juices for active people who take their wellbeing to heart and understand the importance of natural produce. Always made with 100% raw and organic fruits and vegetables—nothing else, Dose juices are cold-pressed in order to keep all the nutrients intact, allowing your body to quickly absorb everything it needs.



# SATAU

FRESH



**DUE VITTORIE**

# Due Vittorie

SATAU

GROCERY

**Balsamic Vinegar • Apple Cider Vinegar**

Situated in the heart of the province of Modena, Due Vittorie is a fine example of the genuine quality agricultural industry of the Emilia area. Our production methods emphasize the authenticity and quality of raw materials and gives a naturally dense product. Today, the Due Vittorie Balsamic Vinegar of Modena is recognized as a special dressing, used by top chefs from all over the world.







# Dumet

# SATAU

GROCERY

## Olives (Pouch)

Cultivated in typical regions around the Mediterranean Sea, Dumet olives are carefully selected, hand-picked and packed in pouches that are not only convenient but also environmentally friendly and sustainable. In fact, thanks to the lightweight pouches, Dumet is able to reduce CO<sub>2</sub> emissions by up to 30% during production and transportation while giving consumers the opportunity to enjoy delicious olives on-the-go.



## Citrus Juice • Coconut • Canned Products

Based in Vancouver, British Columbia, Earth's Choice works directly with organic farmers, producers and suppliers to make sure your food is sustainable and meets the highest quality standards with the lowest environmental impact. Our wide range of affordable, natural, organic and sustainable foods includes citrus juice, coconut milk as well as canned beans and seafood.







# Earth's Own

## Plant-Based Beverages

Earth's Own is a pioneering healthy beverage company dedicated to nutritional innovation and sustainability in order to actively improve people's lives and well-being. With a product line-up that includes brands like Almond Fresh, SoFresh and So Nice, Earth's Own is devoted to developing great tasting wholesome products that are good for our consumers, their families, the community, and the planet.



SATAU

GROCERY FRESH







# Eat Up!

## Gluten-Free Oats & Baking Mixes

Our team here at Satau is proud to offer you the Eat Up! brand, which was formerly distributed by the Coop Alentour. In the health food industry since 1981, we do our best to only list products of the highest quality which, above all, are made in an eco-friendly way. We are therefore very proud to be the new trusted business partner of this great brand!



**SATAU**  
GROCERY





# Eco-Max



## SATAU

GROCERY

### Housekeeping • Laundry • Dishwashing

Since 1999, Prism Care Corporation, a Canadian owned and family operated company, has worked hard to develop the best performing natural, non-toxic cleaning products on the market, using plant-based, sustainable materials. Important organizations throughout the country were, and still are, having their buildings cleaned with our products and with the release of Eco-Max consumer products in 2007, you can now also safely clean your home.







# Eden Foods

SATAU  
GROCERY

Seaweed • Butters & Sauces • Soy Beverages • Beans • Pasta • etc.

Our team here at Satau is proud to offer you the Eden Foods brand, which was formerly distributed by the Coop Alentour. In the health food industry since 1981, we do our best to only list products of the highest quality which, above all, are made in an eco-friendly way. We are therefore very proud to be the new trusted business partner of this great brand!







# Edward & Sons

SATAU

GROCERY

Crackers • Canned Fruits • Coconut Milk • Miso • Sauces

Edward & Sons supplies innovative natural and organic vegetarian foods that are free of artificial ingredients. Guided by our motto “Convenience without Compromise”, we travel the world to taste and evaluate regional foods, to source the finest ingredients, and to partner with the most reliable farmers, packers and food artisans to create our unique range of natural and organic specialties.



# EMMA

## Emma

### Coffee Filters

Our team here at Satau is proud to offer you the Emma brand. As a distributor of quality organic and natural foods, we do our best to only list products of the highest quality which, above all, are made in an eco-friendly way. Each brand is carefully selected, so that you can fill your shelves with the best products there is.

# SATAU

GROCERY





# Enjoy Life

Cacao • Sweet & Savoury Snack



SATAU

GROCERY

Our team here at Satau is proud to offer you the Enjoy Life brand, which was formerly distributed by the Coop Alentour. In the health food industry since 1981, we do our best to only list products of the highest quality which, above all, are made in an eco-friendly way. We are therefore very proud to be the new trusted business partner of this great brand!







# Eve's Crackers



SATAU

GROCERY

## Crackers

Our team here at Satau is proud to offer you the Eve's Crackers brand, which was formerly distributed by the Coop Alentour. In the health food industry since 1981, we do our best to only list products of the highest quality which, above all, are made in an eco-friendly way. We are therefore very proud to be the new trusted business partner of this great brand!



The Fabbrica logo is written in a black, elegant script font on a yellow, rounded rectangular background.

# Fabbrica

Mayonnaise • Mustard • BBQ Sauces

For more than 20 years, the team behind the Fabbrica brand has been making their delicious mayonnaise in their restaurants in Saguenay and are very proud to see them on tables in Quebec today. Fresh and creamy, the Fabbrica mayonnaise is like the one you would make yourself at home, but with that little taste that you only find in restaurants. Enjoy!



# SATAU

GROCERY



# Ferme Delapointe



SATAU

GROCERY

## Organic Maple Syrup

Our team here at Satau is proud to offer you the Ferme Delapointe brand, which was formerly distributed by the Coop Alentour. In the health food industry since 1981, we do our best to only list products of the highest quality which, above all, are made in an eco-friendly way. We are therefore very proud to be the new trusted business partner of this great brand!







# Filsinger's



SATAU

GROCERY

## Butters & Sauces • Apple Cider Vinegar

Located in Ayton, Ontario, Filsinger's orchard has been an organic orchard since 1953. Our soils and trees are balanced with seaweed extracts, trace minerals and compost while our apples are grown without the use of chemical herbicides and pesticides. We also take special care to make our cider, vinegar and other apple products the old-fashioned way.



# flirt

## Flirt Drinks



SATAU

FRESH

### Carbonated Beverages • Lemonades

A Quebec company whose primary goal is to fight food waste, Flirt Drinks offers beverages that are low in sugar and made from unsold fresh fruit. Discover their delicious, fermented sodas that are loaded with good bacteria and organic acids, or their refreshing sparkling lemonades made with freshly picked herbs. If you believe in the circular economy, Flirt Drinks is definitely for you!





# Fous de L'île



SATAU

FRESH

## Kombucha

Founded in 2015 in Montreal, Fous de L'île offers a variety of organic fermented beverages, now available in convenient, recyclable aluminum cans. Crafted with care using a meticulous two-stage fermentation method to infuse every bottle with the phenomenal flavour and fantastic fizz that we strive for, Fous de L'île kombucha is made from tea and carefully sourced organic ingredients to achieve the subtle, complex flavours we love.







# FreeYumm

Bars • Cookies • Crackers

Our team here at Satau is proud to offer you the FreeYumm brand, which was formerly distributed by the Coop Alentour. In the health food industry since 1981, we do our best to only list products of the highest quality which, above all, are made in an eco-friendly way. We are therefore very proud to be the new trusted business partner of this great brand!



## SATAU

GROCERY





# Fromagerie La Chaudière



# SATAU

FRESH

## Organic Cheese

Our team here at Satau is proud to offer you the Fromagerie La Chaudière brand, which was formerly distributed by the Coop Alentour. In the health food industry since 1981, we do our best to only list products of the highest quality which, above all, are made in an eco-friendly way. We are therefore very proud to be the new trusted business partner of this great brand!



## Spices • Pepper

Frontier Co-op has been a member-owned cooperative supporting natural living since 1976. We care deeply about our effect on the world, and we are committed to helping the communities where our products are produced. We also feel organic agriculture is crucial to a safe and sustainable international food supply and that the basic values of organic agriculture — concern for people and the environment — are key to the well being of us all.







# G.H. Cretors

**SG KS** **SATAU**  
GROCERY

## Popcorn

Since 1885, G.H. Cretors has been creating handcrafted, gourmet popcorn one mouth-watering batch at a time. We strive to provide the most authentic popped corn we can by using only the highest- quality, real ingredients. Popcorn is naturally gluten-free, and we are committed to keeping it that way. We do not process gluten in our facility, and all of our products are certified gluten-free.



## Chocolate Bars • Sweet Snacks

Our team here at Satau is proud to offer you the Galerie au Chocolat brand, which was formerly distributed by the Coop Alentour. In the health food industry since 1981, we do our best to only list products of the highest quality which, above all, are made in an eco-friendly way. We are therefore very proud to be the new trusted business partner of this great brand!





# GimMe



# SATAU

## GROCERY

### Seaweed Snacks

Offering the broadest range of minerals of any food on the planet, seaweed contains 10-20 times the mineral concentration of land plants in addition to being high in protein and fiber. That being said, organic seaweed can be hard to find. Thanks to the protected nature of the water where we grow our seaweed and the fact that no chemicals or pesticides are used, GimMe roasted seaweed snacks are certified organic.





## Ginger Products

For 30 years, The Ginger People have dedicated themselves to promoting the virtues of ginger. We take great pride in sourcing from the premier growing regions of the world and crafting the most innovative ginger products. Family owned and operated, The Ginger People is the world's most award-winning ginger brand and America's leading supplier of all natural and organic ginger products.





# GluteNull

Bars • Cookies • Snacks • Granola

Our team here at Satau is proud to offer you the GluteNull brand, which was formerly distributed by the Coop Alentour. In the health food industry since 1981, we do our best to only list products of the highest quality which, above all, are made in an eco-friendly way. We are therefore very proud to be the new trusted business partner of this great brand!



## Broth Bases • Soup Bases • Sauce Mixes

Our team here at Satau is proud to offer you the Les Glutineries brand. As a distributor of quality organic and natural foods, we do our best to only list products of the highest quality which, above all, are made in an eco-friendly way. Each brand is carefully selected, so that you can fill your shelves with the best products there is.







# Gobio



## SATAU

### GROCERY

**Candies • Broth • Broth Powder • Cooking Products**

At GoBIO, we take pride in offering you only the highest quality organic and mostly gluten-free products. We are constantly searching for new exciting organic products to add to our already extensive line of products which includes bouillon cubes, gelatine, desserts and much more.





# Gold Mine

SATAU

GROCERY

## Flours • Kelp Noodles

Out of a dream for “right livelihood” and a desire to spread the word about the healing powers of good food, Gold Mine was started in 1985. By distributing traditional macrobiotic foods and hard-to-find organic, heirloom quality grains, beans, and seeds, we developed a network of friends and local businesses that were eager to obtain these high quality products. Today, many and Gold Mine products are available in stores around the country.





# GoMacro



## SATAU

GROCERY

### Protein Bars

At GoMacro, we create high-quality products from simple, sustainably grown ingredients. We believe that natural food that is closer to the earth and less processed is healthier for the body and soul, which is why we only work with suppliers who meet our high standards for taste, certifications, and environmental stewardship. Our nutritious and delicious snacks help you feel your best while fuelling positive change for the planet.







# Goodto Go

Snack Bars • Savoury Snacks

GOODTO GO knows sticking to a Keto diet requires discipline and meal planning. So, when an energy slump strikes in the middle of a hectic day, you want a Keto-friendly snack that takes zero effort. GOODTO GO uses real, organic ingredients like coconut, cinnamon, and raspberries to make the tastiest low net carbs bars. With a whopping 13 g of plant-based fat and just a hint of sugar, they'll bust any size craving.



## SATAU

GROCERY





# Green Table Foods



SATAU

FRESH

## Fermented Condiments & Vegetables • Kimchi • Sauerkraut

Green Table Foods is a family-owned business in Guelph Ontario and Canada's premier formulator and manufacturer of certified organic living foods. Wishing to honour the great fermentation traditions of the world, we have been making, since 2005, nutritious, lacto-fermented vegetable foods with certified organic, farm direct ingredients, one small batch at a time.





# GT's Living Foods



SATAU

FRESH

## Kombucha • Iced Teas

A family owned and operated company, GT's Living Foods provides probiotic nourishment to help improve gut health and to reinvigorate the mind, body, and soul. For over 20 years, GT's has stayed true to the authentic brewing process of the sacred elixir that is kombucha. GT's kombucha is raw, organic, naturally effervescent, and handcrafted in small batches – always cultured, never compromised.







# Gutsy Kombucha

## Adaptogenic Sparkling Beverages • Kombucha

Our team here at Satau is proud to offer you the Gutsy Kombucha brand, which was formerly distributed by the Coop Alentour. In the health food industry since 1981, we do our best to only list products of the highest quality which, above all, are made in an eco-friendly way. We are therefore very proud to be the new trusted business partner of this great brand!



SATAU

FRESH





# Happy Home



SATAU

GROCERY

## Lecithin • Sugar

Our team here at Satau is proud to offer you the Happy Home brand. As a distributor of quality organic and natural foods, we do our best to only list products of the highest quality which, above all, are made in an eco-friendly way. Each brand is carefully selected, so that you can fill your shelves with the best products there is.



# Hardbite

# Hardbite



# SATAU

## GROCERY

### Vegetable Chips • Potato Chips

The quest for the perfect chip started over 14 years ago with just a single fryer and an insatiable desire to make the very best chip out there. We're pretty picky about what goes into our chips and that's why we make our chips with ingredients that are free from GMOs, trans fat, gluten and cholesterol. To this day, we carefully cook our chips in small batches which gives Hardbite an unbeatable crunch.





# Harissa

## Hot Sauces

Our team here at Satau is proud to offer you the Harissa brand. As a distributor of quality organic and natural foods, we do our best to only list products of the highest quality which, above all, are made in an eco-friendly way. Each brand is carefully selected, so that you can fill your shelves with the best products there is.

SATAU

GROCERY





# Healtea



## SATAU

GROCERY

### Iced Teas

Aside from water, finding a beverage that does not contain an excessive amount of sugar or calories can be challenging. Fortunately, Healtea is shaking things up with their delicious organic infusions that will quench your thirst while providing you with natural health benefits from plants which have been carefully selected and combined for their synergy. Depending on the season, enjoy them hot or cold!





# Hippie Snacks



SATAU

GROCERY

## Snacks

At Hippie Snacks, we are all about producing better-for-you snacks using non-GMO ingredients, all sourced from sustainable farmers and processors so you can feel good about what you eat! As a Certified B Corporation, we are constantly looking for new ways to leave the planet better than we found it, because our commitment is not just making great food, but also to doing it in an ethical and environmentally responsible way.







# Hornby

## Energy Bars

Our team here at Satau is proud to offer you the Hornby brand, which was formerly distributed by the Coop Alentour. In the health food industry since 1981, we do our best to only list products of the highest quality which, above all, are made in an eco-friendly way. We are therefore very proud to be the new trusted business partner of this great brand!



SATAU

GROCERY





# HP Juniper

## Non-Alcoholic Cocktails & Spirits

Our team here at Satau is proud to offer you the HP Juniper brand, which was formerly distributed by the Coop Alentour. In the health food industry since 1981, we do our best to only list products of the highest quality which, above all, are made in an eco-friendly way. We are therefore very proud to be the new trusted business partner of this great brand!



SATAU

GROCERY





# Humble Potato Chips



SATAU  
GROCERY

## Potato Chips

At Humble Potato Chips, we have a daring mission: helping snack eaters give back and pay it forward, one delightful chip at a time. Our locally farmed, organic potatoes are cooked traditionally, but unlike any other chips, they are packaged into 100% compostable bags, so that when you are finished snacking, you can toss our bag into your green bin and give back to the earth.





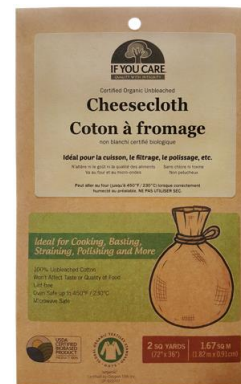


# If You Care

SATAU  
GROCERY

## Accessories • Coffee Filters

If You Care kitchen products are carefully and deliberately crafted to have the least environmental impact and the lightest carbon footprint possible while delivering to the consumer the highest quality and most effective results. Since launching its first product in 1990 and producing the very first aluminum foil made from 100% recycled aluminum in 2004, If You Care is proud to bring you a full-range of environmentally friendly kitchen products.





# Imagine

Broths • Miso • Soups

Imagine soups and broths are all organic, low-fat, and do not contain any preservatives or artificial ingredients. All Imagine creamy soups are made with non-dairy ingredients, like soy or rice, to deliver a smooth creamy taste without the fat of dairy cream. They are also flash cooked and aseptically packed for a fresh, homemade taste.

SATAU  
GROCERY



# IMPRESS

## imPRESS



## SATAU

FRESH

**Cold-Pressed Juices & Beverages • Baby Purees • Soups**

At imPRESS, our story is home-grown. It's a Canadian story of dedication, vision and, above all, a family working together. It all began with the idea of making healthy juices, soups and beverages that also taste good. The Leclerc-Bédard family is proud to offer a new kind of raw organic products. They're cold-pressed, healthy and also pretty darn good.







# Inka

## Coffee Substitute

When a group of Polish scientists developed a recipe for an instant cereal-based coffee replacement in 1971, nobody imagined that it would become so popular. Inka, a delicate coffee substitute made with 100% natural ingredients, has won the hearts of generations of people around the world since then while the ingredients and the manufacturing process has remained exactly the same for nearly 45 years.



# SATAU

GROCERY





# Jyoti

# SATAU

GROCERY

## Beans • Canned Beans • Indian Meals

JYOTI Natural Foods was founded in the USA in 1979 as a pioneering venture to produce high quality, nutritious Indian foods to all who were familiar with Indian cuisine. Today, we make a large variety of Indian foods packaged in shelf-stable cans and pouches. In an effort to preserve the environment, we also make sure not to waste water or energy during our manufacturing process and use cans that are made with more than 60% recycled steel.



# Kashi

# Kashi



# SATAU

GROCERY

Granola Bars • Cereals • Crackers • Granola

Innovative nutrition is Kashi's approach to food. It means we value not just the foods we make, but also how we make them by being progressive and mindful of sustainable and ethical farming practices. It also means we start with simple, natural ingredients and minimally process them to keep their inherent nutrition intact.





# KEFIRKULT

## Kefirkult



# SATAU

FRESH

### Probiotic Beverages • Plant-Based Yogurt

KEFIRKULT, based in Toronto, specializes in crafting premium Water-Kefir and Coconut-Kefir Yogurt using high-quality manufacturing practices inspired by pharmaceutical standards. Our unwavering commitment to quality is at the core of everything we do, guiding our mission from inception to completion.





# Kettle Chips



SATAU

GROCERY

## Potato Chips

Kettle Foods made their first chips in 1982 and since then, we have only been using the freshest, all-natural ingredients to create intensely flavoured potato chips you can feel good about eating. We are also chipping in for the environment through a variety of sustainable business practices like fuelling our company vehicles with biodiesel made with waste vegetable oil as well as using solar and wind power to reduce CO<sub>2</sub> emissions.





# Kiju



## SATAU

### GROCERY

#### Fruit Juices • Lemonade • Iced Teas

In 2005, a few regular guys quit their day jobs to pursue their passion for making healthier beverage options available to consumers everywhere. Nothing has changed since that first day – simply stated, it's always been about simplicity. We use only pure organic ingredients, create great tasting products and keep the price fair so more people can enjoy the benefits.





### Rice Noodles

Our team here at Satau is proud to offer you the Kim brand. As a distributor of quality organic and natural foods, we do our best to only list products of the highest quality which, above all, are made in an eco-friendly way. Each brand is carefully selected, so that you can fill your shelves with the best products there is.





# King Island



SATAU

GROCERY

## Coconut Chips • Coconut Water • Coconut Syrup

King Island started over 50 years ago in humble beginnings when a husband and wife began trading Thai coconuts along the Chao Phraya River in Bangkok. Today, we are one of the only brands that pours water straight out of the coconut and into the tetra pack. And since our coconut water is always sourced from one single origin, Thailand, the result is consistent taste you will love and consistent quality you can trust.





# Knudsen & Sons

SATAU

GROCERY

## Citrus Juice • Fruit & Vegetable Juices • Sodas

In 1961, when Russel W. Knudsen began bottling fruit juices from his organic grape vineyard, he did so on one condition: his fresh pressed and blended juices would never have artificial flavors or preservatives. Little did the R.W. Knudsen Family know, he was starting a tradition of innovation. Today, our diverse offerings include natural, organic fruit and vegetable juices, non-alcoholic, sparkling beverages, and quality-crafted carbonated beverages.







# Koukla

Cookies • Granola • Macaroons



SATAU  
GROCERY

Koukla delights are made with love, using only the best ingredients. They are packed with organic nutrients rich in antioxidants and sweetened only with organic maple syrup. Our products are never heated above 46 °C (115 °F) so all essential vitamins and enzymes are preserved, making them a raw, healthy and delicious snack.





# Krakus

**Pickled Vegetables • Coffee Substitute**

Our team here at Satau is proud to offer you the Krakus brand. As a distributor of quality organic and natural foods, we do our best to only list products of the highest quality which, above all, are made in an eco-friendly way. Each brand is carefully selected, so that you can fill your shelves with the best products there is.

# SATAU

GROCERY





# Krisda



## SATAU

GROCERY

### Carob & Cocoa • Sweeteners

Krisda was created in 2004 by a small group of friends who felt strongly that it was time to make a real difference in the food industry. Simply put, it was time to give the world great tasting, all-natural sugar-free ingredients that can be used to make food taste sweeter and better naturally. Krisda products are non-GMO, minimally processed and contain natural ingredients like stevia, monk fruit, erythritol and xylitol.





# LAIKI

## Laiki

### Craquelins

Every piece of Laiki contains all of the natural goodness and none of the gluten, GMOs, and artificial flavours. Our crackers are made from three simple ingredients: whole grain black and red rice, sustainably sourced palm fruit oil that does not harm orangutans or their habitat, and naturally harvested sea salt. Rich in flavour and perfectly crunchy, Laiki is the new rising star of the snack aisle. Finally, you can satisfy your crunchy cravings guilt-free.



# SATAU

GROCERY





# Laiterie Chagnon



SATAU

FRESH

## Butter • Yogurt

With over 40 years of experience as a dairy producer, the Kaiser family is proud to guarantee the quality and integrity of milk from one of the last existing independent dairies in Quebec. The high-quality, minimally processed dairy products from Laiterie Chagnon are made according to time-honoured traditions with a unique whole milk that undergoes gentle pasteurization in order to preserve all its inherent nutritive properties.





# Le Paludier

SATAU

GROCERY

## Fleur de sel • Sea Salt

For generations, the salt marsh workers of Guérande have been harvesting salt using time-honoured techniques. Hand-harvested from the clay-bottom pans of salt marshes, this sea salt is naturally grey and rich in minerals such as potassium and magnesium. Available as coarse salt, fleur de sel and ground salt, this high-quality sea salt from Guérande will perfectly enhance the taste of all your dishes.







# Lemoncocco

## Coconut Beverages

Lemoncocco is inspired by the distinctive lemon and coconut stands found along the cobblestoned streets of Rome. To create an authentic version of this classic Roman drink, we extracted the flavor of Sicilian lemons and added a splash of coconut cream. Naturally light and refreshing, Lemoncocco is the perfect afternoon or weekend premium, non-carbonated drink.

SATAU

GROCERY





# Let's Do...Organic



SATAU

GROCERY

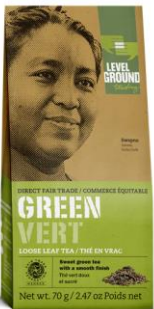
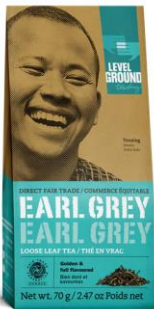
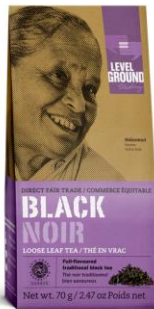
## Coconut • Flours

Home bakers have discovered the goodness and versatility of Let's Do...Organic products to enhance so many favorite foods. From coconut flakes to our new green banana flour, all our items contain no added sugar or preservatives. In addition to being organic, gluten-free and kosher, our products are also suitable for vegans.



## Coffee • Tea • Sugar

Level Ground was founded in 1997 with a focus on Fair Trade and a passion for specialty coffee. We combine a deep knowledge of direct trade relationships with our team's expertise to craft exceptional coffee for you, but we do not stop at brewed beverages. We also offer organic dried fruits, cane sugar and cacao nibs, all carefully sourced from progressive co-ops who are focused on environmental sustainability and fair income for farmers.







# Lightlife

## Simulated Meat Products • Tempeh



# SATAU

FRESH

For more than 35 years, Lightlife has been on a mission to provide quality vegetarian and vegan foods prepared in the most healthy and sustainable manner. We strive to make it deliciously easy for people to eat veggie! Giving back to the community has always been a priority. This is why, since 1979, we have contributed 5% of our profits to organizations that support the earth on which we live and healthy lifestyles for people like you.





# Live Organic Food



SATAU

GROCERY FRESH

Bread • Crackers • Nori Snacks • Nut Bars • Tortillas

At Live Organic Food, we create organic, plant-based products for the health conscious and health curious. This is why, each ingredient is of the highest quality, non-GMO and locally sourced when available. We never use preservatives, refined sugars or animal products, but you don't need to be vegan or raw to enjoy our products – you just need a spirit for adventure and a love of food.







# Lotus Foods



## Rice Noodles • Instant Soups

Over the past 25 years, Lotus Foods has built strong partnerships around the world to bring you the highest quality heirloom, organic rice noodles and rice snacks. All while promoting organic agriculture, rice biodiversity and supporting producers. Thanks to innovative, sustainable practices Lotus Foods has had a significant positive impact enabling the company to help improve their farmers' income and protect the environment.







# Love Child Organics

## Baby Food Products

In a world of confusing ingredient labels, Love Child Organics was created on the promise of delivering truly healthy baby food products. That means you will never find unnecessary ingredients like refined sugars or additives in any of our products, but only organic foods that are packed with nutrients. And because we take to heart our responsibility to give back, one cent from every product sold goes directly to First Book Canada.



SATAU  
GROCERY





# Lundberg Family Farms



SATAU

GROCERY

Crackers • Chips • Sweetener • Rice Cakes • Quinoa • Rice

Since 1937, the Lundberg family has been growing healthy, great tasting rice while respecting and sustaining the earth. Today, the third and fourth generations carry on the family heritage by using eco-positive farming methods that produce wholesome, healthful rice, rice cakes, rice chips, quinoa and risottos while improving and protecting the environment for generations to come.







# Made Good



# SATAU

GROCERY

**Breakfast Cereal • Bars • Cookies • Granola • Sweet Snacks**

At MadeGood, we strive to create products that provide exceptional nutrition and great taste to our customers and their families while respecting the environment. In addition to being gluten-free, vegan, kosher and made with whole grains, our granola products are organic and contain the nutrients found in one serving of vegetables. Free of the 8 common allergens they can safely be placed in your.





# MAHIFA

## Mahifa

### Fresh Dates of Bam

Our team here at Satau is proud to offer you the Mahifa brand, which was formerly distributed by the Coop Alentour. In the health food industry since 1981, we do our best to only list products of the highest quality which, above all, are made in an eco-friendly way. We are therefore very proud to be the new trusted business partner of this great brand!

# SATAU

GROCERY





# Manitoba Harvest



SATAU

GROCERY

## Hemp Products

At Manitoba Harvest, our passion for hemp foods is rooted in our co-founder Mike Fata's personal transformation. Weighing over 300 pounds, he was able to get back in shape by overhauling his diet, focusing on protein, good fats, and fibre – all nutrients found in hemp foods! Today, we are proud to be the world's largest manufacturer to grow, make, and sell our own line of hemp food products.





# Mary's Org. Crackers



SATAU

GROCERY

## Crackers

Mary's Organic Crackers is proud to offer authentic, real food with joy, generosity and love. Our passion for real, gluten free, organic and vegan makes it easy to eat healthy and guilt free. Our delicious crackers and cookies are made using the highest quality, organically grown ingredients.





# mate libre

## Mate Libre

### Iced Teas

Mate Libre is the go-to refreshment for a new generation looking for healthier and environmentally conscious beverages. Brewed with fair trade yerba mate leaves, Mate Libre is not too sweet nor too caffeinated, so you can enjoy a steady buzz throughout the day. Always organic and fair trade. Discover the best-tasting, all-natural beverage on the market.



SATAU  
GROCERY





# Mateina

## Yerba Mate Infusions & Tea

Created by two young local entrepreneurs, Mateina aims not only to make yerba mate – an infusion from South America with an exceptional nutritional profile – known, but also to bring people together in accordance with the traditions associated with this ancestral beverage. Organic, fair trade and sustainably sourced, the delicious Mateina beverages are made for sharing, sparking friendships, and fostering a strong sense of community.



SATAU  
GROCERY



merveilles  
d'abeilles

# Merveilles d'abeilles



SATAU

GROCERY

Apitherapy • Beeswax & Candles • Honey

Our team here at Satau is proud to offer you the Merveilles d'abeilles brand, which was formerly distributed by the Coop Alentour. In the health food industry since 1981, we do our best to only list products of the highest quality which, above all, are made in an eco-friendly way. We are therefore very proud to be the new trusted business partner of this great brand!





# MID-DAY SQUARES™

## Mid-Day Squares

### Sweet Snacks

Perfectly designed to stop your hunger or cravings in between meals, Mid-Day Squares will help you get through the day feeling full and energized. Made with whole superfoods, each square is packed with clean plant protein and raw chocolate. So, go on and indulge yourself without compromising your healthy lifestyle thanks to these delicious guilt-free squares.



SATAU

FRESH





# Mrs. Crimble's

## Macaroons

At Mrs. Crimble's, our mission is to make delicious gluten-free products that taste every bit as good, if not better, than the best mainstream alternatives that are made with gluten. Launched in 1979 in London, the company has more recently become known for its range of sweet rice cakes and macaroons which are deliciously gluten free.



SATAU

GROCERY





# Naked & Saucy



Soy Sauce Substitute • Asian Sauces & Pastes • Salad Dressings

At Naked Natural Foods, we are passionate about creating healthy foods made from ethically-sourced ingredients that are deliciously nutritious and soy free. Our gluten-free coconut aminos sauces let you experiment with a little flavourful fun with no fear of a negative reaction or impact on the environment. In short, we make food that is good for you and good for the planet too.







## Biodegradable Sponges & Towels

Our team here at Satau is proud to offer you the Naturea brand. As a distributor of quality organic and natural foods, we do our best to only list products of the highest quality which, above all, are made in an eco-friendly way. Each brand is carefully selected, so that you can fill your shelves with the best products there is.





# Nature's Bakery



SATAU

GROCERY

## Fig Bars • Brownies

Nature's Bakery is a snacks and food brand that supports health-conscious living and active lifestyles. We take that extra step to create foods that are Non-GMO Project Verified, Vegan and Kosher Certified because we care. Proudly, we offer a delicious family of stone-ground whole-wheat fig bars that you can enjoy and benefit from.







# Nature's Path



SATAU

GROCERY

Bars • Cereals • Flax Seeds • Granola • Oatmeal

At Nature's Path, we live for healthy, great-tasting organic foods. It's why we get up in the morning. But we are also a company that wants to do more than just sell breakfast foods. Arran Stephens, our founder, was taught by his father to "Always leave the soil better than you found it" and this is wisdom that has guided us here ever since we made our first tasty flakes in 1985.



# NATURONEY

# Naturoney

 **SATAU**  
GROCERY

## Apitherapy • Honey

Founded by skilled beekeepers, the Naturoney brand was born of a great passion for honey and its production. With a desire to offer unique and high-quality products, Naturoney travelled across Canada and the world to find the best beekeepers and finest honey. Today, 25 years later, the company's product line reflects the fruit of its research and expertise.







# naturSource



# SATAU

## GROCERY

### Nuts & Nut Mixes • Uncroutons & Salad Toppers

Founded in 1980, naturSource is a family-owned Canadian business on a mission to provide great tasting snacks that are healthy and nutritious. Using simple, clean ingredients produced by high quality growers, we create premium nut mixes, snacks and salad toppers. Because we believe that the best tastes come in the simplest packages, our recipes are never complicated whether they are light and refreshing or rich and decadent.







# Noba

## Pasta

Inspired by Italian craftsmanship, Noba offers a variety of high-quality pasta made locally with healthy ingredients carefully selected for their taste and nutritional value. Always driven by sustainability, the Noba brand is doing things differently with fully recyclable and compostable packaging made from recycled cardboard and wood fibre film in addition to being printed with organic inks.



# SATAU

## GROCERY





# Numi

## Tea & Herbal Tea

Numi inspires well-being of mind, body and spirit through the simple art of tea. Our company is rooted in the principle of creating a healthful product that nurtures people and honors the planet. Since we use real ingredients and high quality teas and herbs, there is no need to apply “natural” flavorings or fragrances to create flavor. This means you can pronounce the ingredients and know exactly what you’re sipping.



# SATAU

## GROCERY





# Nuts for Cheese



SATAU

FRESH

## Cashew Cheese • Plant-Based Butter

Nuts for Cheese was born of a passion for vegan cooking and founded by young Canadian entrepreneur Margaret Coons. Our cheeses are individually hand-crafted, made from fermented cashews to replicate an authentic cheese process to provide cheese lovers with a healthier, vegan alternative. Whether you shred, spread or melt them, Nuts for Cheese products are very versatile and can be used in many delicious recipes, just like real cheese!







**Nuts to You Nut Butter Inc.**

# Nuts to You

## Nut & Seed Butters

Started in 1989, Nuts to You is the original Canadian full-range nut butter manufacturer, making both organic and conventional nut and seed butters. The nuts and seeds used in our butters are dry roasted or raw, and do not contain added salt, sugar or saturated oils. Nuts to You nut butters are kosher, Non-GMO and dairy, soy, wheat and gluten free.



**SATAU**

**GROCERY**





# Océan de saveurs



## Seaweed • Seasonings (Jar)

Our team here at Satau is proud to offer you the Océan de saveurs brand, which was formerly distributed by the Coop Alentour. In the health food industry since 1981, we do our best to only list products of the highest quality which, above all, are made in an eco-friendly way. We are therefore very proud to be the new trusted business partner of this great brand!





# Olé Cocktail Co.



## Non-Alcoholic Cocktails

A young Canadian company, Olé Cocktail Co offers perfectly balanced, premium ready-to-drink craft mocktails made from real ingredients, including authentic organic agave nectar sourced from Mexico. Carefully crafted in Canada, these delicious, thirst-quenching non-alcoholic drinks are gluten-free, vegan, and free from artificial flavours or colours.







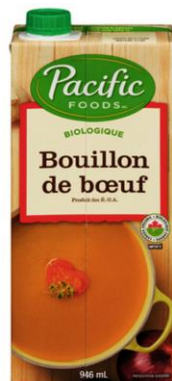
# Pacific

**Plant-Based Beverages • Broths • Soups**

SATAU

GROCERY

When we opened our doors 28 years ago, Pacific set out to make healthier, better tasting foods without losing sight of the people we are making them for, or this planet we all call home. We have made it our mission to treat animals kindly and people respectfully. And we have seen that no one around us goes hungry. All the while lessening the footprint we leave behind.





# Panda

## Licorice

The famous, wonderfully soft Panda licorice is prepared by a conventional cooking method, in which the raw materials are boiled onto dough and then compressed into their form in accordance with the licorice master Väinö Hilden's legacy recipe. We made our licorice sweets in 1927, in Finland, and today have reached the market leader position in licorice products.

SATAU

GROCERY







# Partners



## Crackers

Our team here at Satau is proud to offer you the Partners brand, which was formerly distributed by the Coop Alentour. In the health food industry since 1981, we do our best to only list products of the highest quality which, above all, are made in an eco-friendly way. We are therefore very proud to be the new trusted business partner of this great brand!





## Candies • Dried Fruits • Fruit Juices

Patience Fruit & Co is a family business that offers juices and snacks made from organic berries grown in Quebec with the utmost care. Our berries are gently dried using a unique drying process to retain as much of their flavour and nutrition as possible. Always trying to find new ways to use cranberries, our mission is to offer delicious, innovative products that are part of a healthy diet.





# Peacock

## Rice Noodles

For over 50 years, Peacock has been synonymous with fine quality rice vermicelli and noodles. Thanks to our extensive steaming and cooling process, our products are more porous and absorb flavours better when cooked. Peacock noodles can also withstand frying without clumping or breaking easily, so that you may enjoy their wholesome, natural goodness whatever you are cooking!



# SATAU

GROCERY







# Que Pasa

## Corn Chips • Salsa

When it comes to quality, no kernel is left unturned. From our carefully sourced whole-grain corn to our skillfully smoked jalapenos, at Que Pasa only the best ingredients make the cut. Keeping it real as nature intended, our foods are organic and non-GMO. And just to make sure no one's left out of the fiesta, we've got plenty of gluten free and vegan options to choose from.



SATAU

GROCERY







# Raincoast Trading



SATAU

GROCERY

## Canned Fish

Our team here at Satau is proud to offer you the Raincoast Trading brand, which was formerly distributed by the Coop Alentour. In the health food industry since 1981, we do our best to only list products of the highest quality which, above all, are made in an eco-friendly way. We are therefore very proud to be the new trusted business partner of this great brand!





# Rakki

## Japanica Rice

Koshihikari is the most premium Japanica rice variety. It was brought into the Mekong delta by Japan in the late 90's. The rice is known for its soft and silky-smooth texture after cooking. It is the best companion to all Northern Chinese, Japanese, Korean, Taiwanese cuisines and ideal for sushi.



# SATAU

GROCERY





# Remedy Drinks



SATAU

GROCERY

## Carbonated Beverages • Shelf-Stable Kombucha

At Remedy Drinks, we are proud to offer you delicious beverages that contain no sugar, naturally. Our shelf-stable kombucha is made the old school way, in small batches. During our 30-day long aged brewing process, all of the raw organic sugar used to feed the all-important live cultures is converted into healthy organic acids, leaving no sugar (and we test each batch to make sure of it).







gourmet rice snacks  
collations de riz gourmandes

# Riceworks

## Crackers

Our team here at Satau is proud to offer you the Riceworks brand, which was formerly distributed by the Coop Alentour. In the health food industry since 1981, we do our best to only list products of the highest quality which, above all, are made in an eco-friendly way. We are therefore very proud to be the new trusted business partner of this great brand!



SATAU

GROCERY





# Rizopia

Quinoa Pasta • Rice Pasta

Before Rizopia, tasty gluten-free pasta was simply a myth. Now, al dente rice pasta is a reality. This journey continues; from oven-ready lasagna to the highest quality quinoa rice pasta. We bring you delicious pasta for your whole family regardless of your dietary needs. We also in real food and good practices and this is why our current operation is one of the most environmentally friendly processes in the industry.



SATAU

GROCERY







# ROAR Organic

## Electrolyte Beverages

ROAR Organic feature a new scientifically formulated blend of organic coconut water, reverse-osmosis filtered water and B vitamins along with a unique, low-calorie sweetener blend which is comprised of evaporated pure cane sugar, erythritol and stevia. With delicious, exotic flavours and only 2 g of sugar and 25 calories per bottle, ROAR Organic provides the latest in all-natural, healthy hydration and refreshment.





## Organic Coconut Oil & Sweeteners

Our team here at Satau is proud to offer you the Rockwell's Whole Foods brand, which was formerly distributed by the Coop Alentour. In the health food industry since 1981, we do our best to only list products of the highest quality which, above all, are made in an eco-friendly way. We are therefore very proud to be the new trusted business partner of this great brand!



**RXBAR®****RxBar****Protein Bars**

Made with a few simple ingredients and recommended by registered dietitians, RXBARs are perfect for breakfast on the go, as protein-packed snack bars, or as a pre/post-workout fuel. Each delicious bar is packed with 12 g of protein and 5 g of fibre in just under 220 calories. RXBARs are also paleo-friendly and free of gluten, soy and dairy. Just real food that tastes good and is good for you.

**SATAU****GROCERY**



# Safe Catch

## Canned Fish

At Safe Catch, we only can fish that come from sustainable tuna stocks and meet our strict purity standards which are 3 to 10 times stricter than the FDA mercury action limit. Because we hand pack pure, raw tuna steaks and slow cook them to perfection, all of the vital Omega 3s and flavor are retained in Safe Catch tuna. No need for draining after opening. Open the can into a bowl, chop up the steak with a fork, let it reabsorb its natural oils and voilà!







# Salt Spring Coffee



SATAU  
GROCERY

## Whole Coffee

For two decades, sustainability and social responsibility have been an integral part of the Salt Spring Coffee story. It all started in 1996 when a family of entrepreneurs opened the doors to their first roasting café on Salt Spring Island in British Columbia. Today, the company brings you fair-trade organic beans that are on the leading edge of great taste so you can brew world-changing cups of coffee.





# San-J



## SATAU

GROCERY

### Asian Sauces & Pastes • Soy Sauces & Tamaris • Salad Dressings

San-J is dedicated to the manufacture of premium Tamari soy sauce and quality Asian-inspired products. The San-J brewing process is unique, and only our fermentation and aging process can create the rich and smooth taste of San-J Tamari. We've embraced the power of nature for over 200 years and we continue to do so, never taking shortcuts.



# SAPSUCKER®

# Sapsucker



# SATAU

GROCERY

## Maple Water

Sapsucker is a plant-based sparkling tree water. It's organic, lightly carbonated, naturally hydrating and alkaline, locally harvested, and sustainably tapped from Canadian trees. With only 3 ingredients, the water is packed with 46 naturally occurring minerals, antioxidants, and vitamins. Sapsucker offers a clear and refreshing taste with a natural hint of sweetness. Drink easy, drink Sapsucker.







# Sardo

**Marinated Vegetables • Olives • Pestos**

Our team here at Satau is proud to offer you the Sardo brand, which was formerly distributed by the Coop Alentour. In the health food industry since 1981, we do our best to only list products of the highest quality which, above all, are made in an eco-friendly way. We are therefore very proud to be the new trusted business partner of this great brand!



# SATAU

**GROCERY FRESH**





# Save da Sea

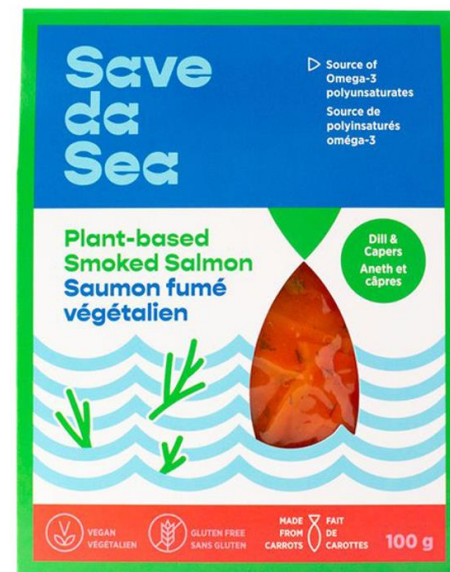


SATAU

FRESH

## Simulated Meat Products

At Save da Sea, we offer plant-based seafood that is better for you and the environment. Made from simple ingredients, our sustainable, vegan smoked salmon convincingly mimics the taste and texture of salmon lox allowing each of us to do our small part to preserve marine life and help reduce our environmental impact.





# Say When

## Chai Tea Concentrates

At Say When, we believe great things can begin with a heartwarming cup of chai, so we work hard to brew one you can feel good about drinking. Each blend is handcrafted in small batches with whole spices, organic teas, natural sweeteners, and purified mountain water. Plus, our higher concentrated products mean less packaging, less post-consumer waste and fewer trucks on the road as we do our best to lessen our impact on the environment.







# Schär

## Gluten-Free Products

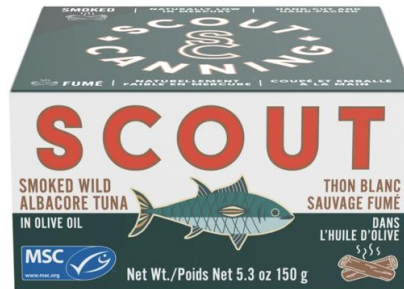
At Schär, we believe in the power of food to bring people together, not set them apart. This is why we have been working to improve the lives of people with celiac disease or gluten intolerance since 1981, that is long before it became a trend. Our team of experts selects the best nutritious ingredients from farmers who grow their quality grains especially for us.

**SG** **SATAU**  
GROCERY



## Canned Fish

Our team here at Satau is proud to offer you the Scout brand. As a distributor of quality organic and natural foods, we do our best to only list products of the highest quality which, above all, are made in an eco-friendly way. Each brand is carefully selected, so that you can fill your shelves with the best products there is.





# Seabiosis



SATAU

GROCERY

## Seaweed • Pestos

Our team here at Satau is proud to offer you the Seabiosis brand, which was formerly distributed by the Coop Alentour. In the health food industry since 1981, we do our best to only list products of the highest quality which, above all, are made in an eco-friendly way. We are therefore very proud to be the new trusted business partner of this great brand!







# Sensible Portions



SATAU

GROCERY

Crackers • Vegetable Chips • Veggie Straws • Cheese Puffs

Sensible Portions brand is the next generation in healthy foods. We promise to deliver the highest quality ingredients without ever sacrificing taste and hunger satisfaction. The key to a healthy diet is moderation and eating healthier is a lifestyle change. Choosing our snacks instead of regular potato chips or other fatty snacks is one easy way to start eating better.





# Sesame Snaps



SATAU

GROCERY

## Sesame Snacks

The perfect pick-me-up, delicious Sesame Snaps have been part of childhoods since the 70s. Extra thin and crunchy, Sesame Snaps are an easy and convenient way to add the power of sesame seeds to your daily intake. A long forgotten super seed loaded with wholesome nutritional value, sesame seeds offer a great source of Omega-6, fibre, calcium and protein.





# Signé Caméline

Camelina Oil • Camelina Seeds • Honey

Signé Caméline offers products made from camelina, an impressive northern plant with exceptional nutritional properties and that is sustainably grown in Quebec and increasingly popular with consumers. Discover camelina in the form of an oil rich in antioxidants and essential fatty acids or in the form of seeds, a superfood that will enhance the flavour, texture and colour of your plate.



SATAU  
GROCERY







# Simply Delish



SATAU

GROCERY

## Jel Desserts • Puddings

At Simply Delish, our mission is to create delicious, healthy, desserts that can be enjoyed every day, everywhere by everyone. Our vegan, non-GMO, sugar-free jel desserts and instant puddings caters to a wide variety of individuals, from consumers on the Keto diet, fitness enthusiasts and diabetics. With no refrigeration necessary for setting, every box is easy to make and even more fun to share.





# Simply Organic

Flavours & Extracts • Spices • Seasonings Mixes



At Simply Organic, we are driven by the goodness of organics. From the field to your kitchen, we are committed to ensuring that our organic spices and seasonings are grown and processed in an ethical and sustainable manner. With Simply Organic you can feel good about the food on your table and its effect on the world we live in.





# SimplyProtein®

# SimplyProtein



# SATAU

GROCERY

Nut Bars • Protein Bars • Savoury Snacks

Wellness Foods is a small Canadian, female owned and managed company that was started in 2002 by Cathy Richards. Cathy created the SimplyProtein because she couldn't find a filling and nutritious snack that didn't upset her stomach. We grew from one bar to offering today a whole range of great tasting, low-sugar snacks that help you stay fuller longer.







# Smartbite



## SATAU

GROCERY

### Corn Cakes • Crispbreads • Rice Cakes

Try a different kind of rice cake and crispbread! Smartbite's products are premium quality, organic and natural. They are made from whole-grain cereals with a light touch of sea salt and manufactured by a special process to produce a thin, crisp, delicious, wholesome snacks naturally low in calories. Enjoy these cereal cakes on their own or topped with some kind of cheese or your favourite spread as a great, light lunch or anytime snack!





# SmartSweets



# SATAU

GROCERY

## Candies

A Canadian company, SmartSweets is tackling one of the largest and most concerning problems hidden in our everyday foods: sugar. So, we choose natural, high-quality ingredients with functional benefits that both your body and taste buds love. Made with stevia and plant-based soluble fibre, our candies are low in sugar (only 2 g per serving) and incredibly high in fibre (an amazing 24 g per serving, the equivalent of 6 servings of vegetables).





# Smooth Meals



SATAU

FRESH

## Nutritious Smoothies

Created for everyday life, the nourishing smoothies from SmoothMeals offer all the nutrients and antioxidants you need to maintain a healthy and balanced diet. Filled with superfoods and non-processed foods, these delicious beverages will satisfy your hunger while improving your overall health thanks to the many nutritional benefits of their plant-based ingredients.







# Snyder's of Hanover



SATAU

GROCERY

## Pretzels

In our commitment to promoting healthier living, Snyder's of Hanover is proud to offer gluten-free snacks to the millions of people living with celiac disease or following a gluten-free lifestyle. Made with the finest premium ingredients, our gluten-free pretzels and pretzel sticks are a delicious alternative to wheat-based pretzels and offer all the satisfying flavour and crunch you would expect from America's pretzel bakery.





# Sobaya

## Japanese-Style Pasta

SOBA YA is a Canadian company founded by Jacques Petit who discovered the joy of eating fresh, hand-made soba noodles while travelling in Japan. In 1985, Jacques learned the art of making soba and udon in the heart of Tokyo and started his own pasta company upon his return. Today, SOBA YA produces some of the finest Japanese-style pasta made anywhere in the world.



# SATAU

GROCERY





# Sonoma Creamery



## Savoury Snacks

Sonoma Creamery was founded in 1931 in Sonoma, California. Since then, we have believed in a simple concept - use the best milk to produce our delicious cheese and snacks. We only use milk that is rBST-free (free of artificial hormones) as well as simple, high-quality ingredients, avoiding anything we can't pronounce. Enjoy our delicious snacks on their own, with spreads and dips, or as a crunchy, savoury topping.





# Soykei

## Soykei

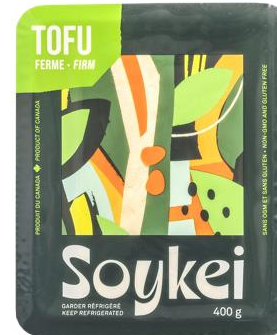
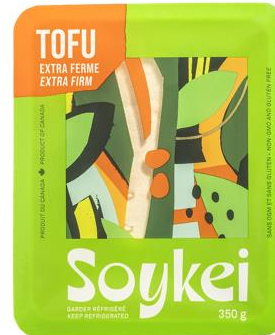
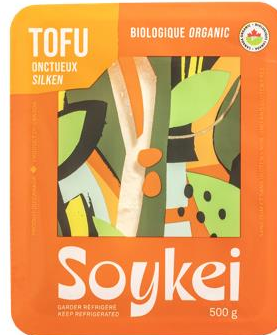
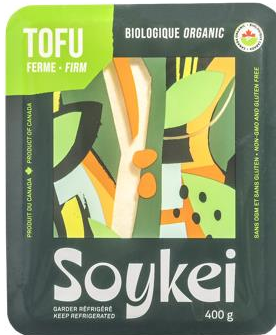
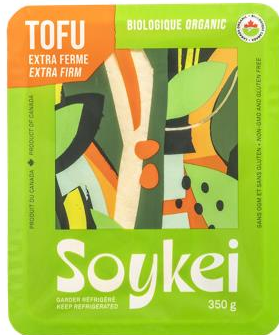
### Tofu

Discover the delicious tofu from Soykei, of unparalleled quality and made locally from the finest organic and conventional ingredients. True to the Japanese tradition, our tofu absorbs flavours more. What's more, our brand is committed to redefining food standards, by meeting the highest standards in terms of social and environmental impact, ethical governance, and transparency.



# SATAU

FRESH





# Spectrum Naturals

Mayonnaise • Oil • Vinegar

Spectrum brand started over twenty years ago with the purpose of making healthy oils available to the Canadian public. That commitment and vision hasn't dimmed one bit. Whether artisan olive oils and trans-fat free spreads, or supplements like Flax Oil and other essential lipids, we're committed to bringing you the best there is.

SATAU

GROCERY



**Plant-Based Cheese & Dips**

Spread'em Kitchen Co., a Vancouver-based company, is on a mission to inspire healthier communities by providing real, nourishing, tasty foods with a commitment to natural, wholefood ingredients. Only the best ingredients – fresh vegetables, nuts and seeds – enter in the preparation of their delicious plant-based spreads which can be used to add protein and flavour to any snack or meal.







# Stash Tea



SATAU

GROCERY

## Sweetener • Tea & Herbal Tea

At Stash Tea, we pride ourselves on continuing the 5000-year-old tea tradition by creating top quality and delicious specialty teas with natural ingredients. We are passionate about tea and strive to continually delight our customers, so that each cup we produce will be your best.





# St-Dalfour

SATAU

GROCERY

## Fruit Spreads

The use of concentrated juice to make jam is a ST. DALFOUR innovation inspired by an ancient preserving method. Sugar was rationed and very costly during the Second World War, leaving our president's grandmother no choice but to replace it by grape juice from the family vineyard. Today, the family tradition continues and ST. DALFOUR products can be found in over 70 countries around the world.





# Stephano's



SATAU

GROCERY

**Breakfast Cereals • Cereals • Granola • Oatmeal • Muesli**

At Stephano's, our mission is clear and our methods are straightforward. All products are hand made with only the best ingredients to create extremely high quality products. Our granola is light, sensationally tasty and can be enjoyed any time. We have been baking for 35 years, and we intend to continue revolutionizing the world of breakfast cereal.







# Stoked Oats

## Oats • Granola

At Stoked Oats, we do our best to power your passion - and our planet - in the healthiest way possible. It is why our gluten-free, non-GMO oats are all-natural, preservative free, and never sprayed with pesticides or chemicals like glyphosate. It is also why we work with Canadian family farms that use sustainable, rain-only farming practices to cultivate their crops. Because this Earth is worth protecting, along with all the crazy fun things we do on it.



SATAU

GROCERY





# Sunhed

## Himalayan Salt

Our team here at Satau is proud to offer you the Sunhed brand, which was formerly distributed by the Coop Alentour. In the health food industry since 1981, we do our best to only list products of the highest quality which, above all, are made in an eco-friendly way. We are therefore very proud to be the new trusted business partner of this great brand!

# SATAU

GROCERY





# Suzie's

## Organic Condiments

Suzie's condiments are essential for your family's table. Made from recipes passed down through several generations, these back-to-basic delights are organic, gluten-free, and sourced completely in North America. Handcrafted in Oregon, Suzie's are not just other co-packed products hiding behind a brand. What's more, our plant uses renewable energy, wind power, for manufacturing!



# SATAU

## GROCERY







# Sweet Loren's

## Gluten-Free Plant-Based Cookie Dough

Our team here at Satau is proud to offer you the Sweet Loren's brand, which was formerly distributed by the Coop Alentour. In the health food industry since 1981, we do our best to only list products of the highest quality which, above all, are made in an eco-friendly way. We are therefore very proud to be the new trusted business partner of this great brand!



# SATAU

FRESH





# Taste of Nature



## Snack Bars • Nut Bars • Granolas

Since 1994, Taste of Nature has provided a nutritious and tasty way to snack. Our bars are non-GMO project verified, organic, certified gluten free, and made only with real ingredients, like real nuts, organic fruit, and sweet agave syrup. That means when you choose a Taste of Nature snack bar, you are making a smart choice for your body and for your taste buds, too.



# TERRA

chips

## Terra Chips

SG KS SATAU  
GROCERY

### Vegetable Chips

Over twenty years ago, the TERRA brand revolutionized the natural snacks market with deliciously different exotic vegetable chips. Every bag of our real vegetable chips is a feast for your eyes and a delight for your taste buds, offering a sophisticated snacking experience unlike any other. You want a chip that tastes as good as it looks. So sit back, relax and get ready to embark on a culinary journey with TERRA Chips.







# Terre Di Sangiorgio



## Tomato Products & Pasta Sauces

Our team here at Satau is proud to offer you the Terre Di Sangiorgio brand, which was formerly distributed by the Coop Alentour. In the health food industry since 1981, we do our best to only list products of the highest quality which, above all, are made in an eco-friendly way. We are therefore very proud to be the new trusted business partner of this great brand!





# Thai Kitchen

SATAU

GROCERY

Coconut Milk • Rice Noodles • Rice • Asian Sauces & Pastes • Instant Soups

We could not seriously call ourselves Thai Kitchen if we were not committed to making nothing but the most authentic Thai food. In fact, we are about providing the best Thai food experience available to anyone, anytime, without compromising quality for convenience. That is why we use only fresh, natural ingredients selected at harvest for their quality and flavor.





# The Bridge

## Plant-Based Cream

Founded in 1994, The Bridge is a small family business that produces organic cooking creams made with carefully chosen and certified ingredients as well as spring water coming directly from the mountains that surrounds their tiny little village in the north of Italy. All their products are vegan, lactose- and cholesterol-free, while most of them are gluten-free.



SATAU

GROCERY





## Bamboo Toothbrushed & Accessories

Our team here at Satau is proud to offer you the The future is bamboo brand, which was formerly distributed by the Coop Alentour. In the health food industry since 1981, we do our best to only list products of the highest quality which, above all, are made in an eco-friendly way. We are therefore very proud to be the new trusted business partner of this great brand!



The Smile Organic Co.

The Smile Organic Co.      SATAU

GROCERY

### Nutritional Supplement For Baby & Kids

Our team here at Satau is proud to offer you the The Smile Organic Co. brand, which was formerly distributed by the Coop Alentour. In the health food industry since 1981, we do our best to only list products of the highest quality which, above all, are made in an eco-friendly way. We are therefore very proud to be the new trusted business partner of this great brand!





# Traditional Medicinals



SATAU

GROCERY

## Green Tea • Herbal Tea • Wellness Herbal Tea

For nearly forty years, Traditional Medicinals has been passionate about connecting people with the power of plants. We do not just make formulas because they sound good. We are passionate about passing along the centuries-old wisdom of how to use plants for wellness. Every tea and herbal product that we make must have sufficient evidence of safety, quality and efficacy in support of our claim statements and formulation rationale.







# Two Bears

Cold Brew Coffee • Iced Teas • Oat Beverages

Two Bears offers a sustainable coffee option that elevates your morning, meeting or hike. By making quality, direct trade coffee more accessible, we seek to brew nature back into the lives of coffee lovers. Two Bears beans are roasted in small batches creating a precision that brings out only the best flavor profiles and our method of flash cold brewing produces a naturally sweet, smooth tasting and less acidic coffee.



SATAU  
GROCERY





# VegNature

## Plant-Based Specialty Cheese

Our team here at Satau is proud to offer you the VegNature brand, which was formerly distributed by the Coop Alentour. In the health food industry since 1981, we do our best to only list products of the highest quality which, above all, are made in an eco-friendly way. We are therefore very proud to be the new trusted business partner of this great brand!



# SATAU

FRESH



Vigean has produced three generations of French master oil makers since 1930, but more than ever the family business strives to give you complete satisfaction with its range of high-quality traditional oils. Dedicated to craftsmanship and terroir, Vigean uses only the most sophisticated selection and manufacturing processes to guarantee the quality and traceability of its oils.





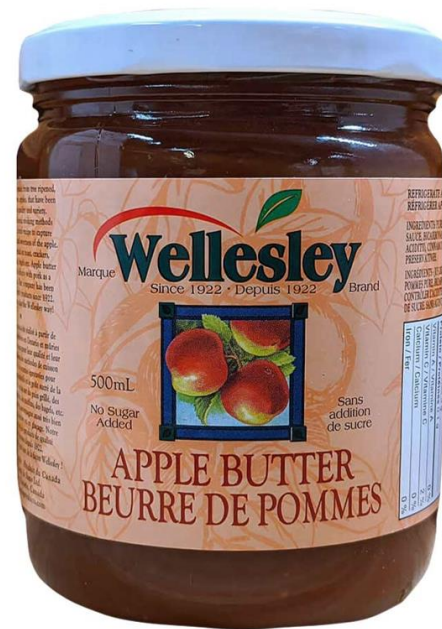
**Organic Vegetable Juices**

Our team here at Satau is proud to offer you the Voelkel brand, which was formerly distributed by the Coop Alentour. In the health food industry since 1981, we do our best to only list products of the highest quality which, above all, are made in an eco-friendly way. We are therefore very proud to be the new trusted business partner of this great brand!



### Apple Butters

Our team here at Satau is proud to offer you the Wellesley brand, which was formerly distributed by the Coop Alentour. In the health food industry since 1981, we do our best to only list products of the highest quality which, above all, are made in an eco-friendly way. We are therefore very proud to be the new trusted business partner of this great brand!





# Whisps

## Cheese Crisps

Our team here at Satau is proud to offer you the Whisps brand. As a distributor of quality organic and natural foods, we do our best to only list products of the highest quality which, above all, are made in an eco-friendly way. Each brand is carefully selected, so that you can fill your shelves with the best products there is.



SATAU  
GROCERY







# Wholesome



## SATAU

GROCERY

Sweetener • Molasses • Coconut • Stevia • Sugar

At Wholesome, we are committed to organic farming and stay on the cutting edge of eco-friendly agriculture to ensure the smallest footprint possible. We are also dedicated to Fair Trade and partner with caring farming families across the globe. So when you choose Wholesome, rest assure that you have a delicious, high-quality product and that through your purchase you will help us to sweeten other people's lives around the world.





# Yogotherm

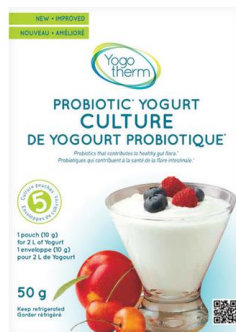
## Yogurt Cultures • Yogurt Maker

Our team here at Satau is proud to offer you the Yogotherm brand, which was formerly distributed by the Coop Alentour. In the health food industry since 1981, we do our best to only list products of the highest quality which, above all, are made in an eco-friendly way. We are therefore very proud to be the new trusted business partner of this great brand!



SATAU

GROCERY FRESH





# Yogourmet



## SATAU

GROCERY

### Yogurt Cultures

Yogourmet offers you a complete solution for homemade yogurts and fermented milks, such as kefir, that will meet all your needs and healthy food choices. Our products are quick and easy to use, so you can discover step-by-step how to make your own yogurt and kefir with your choice of milk.







# Yoso

## Plant-Based Smoothies & Yogurt

A Canadian company founded by two brothers, YOSO offers a wide range of plant-based yogurts to support your gut health and provide probiotic benefits. Carefully created and packed with flavour, YOSO products are made with high-quality ingredients and after more than 20 years, YOSO has become a unique and dependable brand of dairy-free products in Canada.



# SATAU

FRESH





# Yumi Organics



## SATAU

GROCERY

Chia Seeds • Flax Seeds • Oatmeal • Nut Mixes

Our team here at Satau is proud to offer you the Yumi Organics brand. As a distributor of quality organic and natural foods, we do our best to only list products of the highest quality which, above all, are made in an eco-friendly way. Each brand is carefully selected, so that you can fill your shelves with the best products there is.





# Yves Veggie Cuisine



SATAU

GROCERY

## Canned Vegetables • Canned Beans

For over 20 years, Yves Veggie Cuisine has always been committed to creating delicious products that meet the needs of the health-conscious consumer. We have always strived to achieve ultimate customer satisfaction, producing high-quality products in an environmentally responsible manner.

